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1 **A THESIS**

2 **FOR THE DEGREE OF DOCTOR OF PHILOSOPHY**

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5  
6 **Biological effects of *Pyropia yezoensis* and**  
7 **identification of their chemical structures**



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18 **GRADUATE SCHOOL**

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21 **Biological effects of *Pyropia yezoensis* and identification of their**  
22 **chemical structures**

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26 **A thesis submitted in partial fulfillment of the requirement for the degree of**  
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국문초록

김은예로부터식품및의약재료로사용되어지고있으며, 항산화, 항염, 항고혈압등과같은생리활성이알려져왔다. 하지만이들에대한명확한생리활성에관한연구가진행되어진바가없어, 이연구에서는김의항염및항당뇨효능을평가하고유용성분을규명하였다. 항염의경우에는세균외독소인 lipopolysaccharide (LPS)에의해 RAW 264.7 세포내에유발되어진염증성매개체인, nitric oxide (NO) 및 PGE2, TNF- $\alpha$ , IL-1 $\beta$ , IL-6와염증성단백질인 iNOS와 COX-2에대한김의효능평가를수행하였으며, 또한 NF- $\kappa$ B와 MAPKs pathway 검증을통해이들의항염증메커니즘을규명하였다. 그리고김의간염및간섬유화에대한효능은자극물질인 ethanol과 CCl<sub>4</sub>, 그리고 TAA를통해제작된 zebrafish 간염및간섬유화모델을적용하여평가하였다. 또한김의항당뇨평가를위하여,  $\alpha$ -glucosidase저해효능과 zebrafish 혈액내 glucose 함량변화등을평가하였으며, 특히마우스유래근육세포인 C2C12내 glucose transfer인 Glut 4 transformation 유도단백질인 AMPK와

112 AKT의활성화측정을통하여김의항당뇨효능을평가하였다.

113 1. 방사무늬김유래추출물에서나온각 n-Hexane, CHCl<sub>3</sub>, EtOAc, Water 분획물중  
114 n-Hexane 분획물이가장높은항염증효능을보였으며,  
115 이분획물로부터활성성분을분리하기위하여고속원심분배크로마토그래피를이  
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118 1,3-dienyl)heptadeca-11,13,15-trien-2-one와1-ethyl-3-(3-(3-methylbutan-2-yl)-14-  
119 phenyltetradecyl)benzene으로규명되어졌다.

120 2. PYH5은염증성매개체인 PGE<sub>2</sub>, IL-1 $\beta$ , TNF- $\alpha$ 를농도의존적으로감소시켰으며,  
121 특히 NO와 PGE<sub>2</sub>를방출시키는염증성단백질인 iNOS와 COX-  
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127 COX-2를농도의존적으로감소시켰다. 하지만, MAPK와 NF- $\kappa$ B

128 pathway를 경로하지 않는 것으로 보아, 그외 AKT

129 pathway 등의 다른 경로를 통할 것으로 사료되어진다.

130 3. 김의 n-Hexane 분획물에서 분리된 화합물들 중 PYH4가 가장 우수한  $\alpha$ -glucosidase

131 저해 효능을 보였을 뿐만 아니라, 마우스 근육 세포인 C2C12 세포내 glucose

132 uptake 효능이 가장 우수하였다. PYH4는 <sup>1</sup>H과 <sup>13</sup>C NMR 분석 결과 (E)-5-(8-

133 hydroxynon-6-enyl)cyclohexa-2,4-dienol로 규명되어졌다.

134 4. PYH4에 대한 *in vitro*와 *in vivo* 항당뇨 평가 결과,  $\alpha$ -

135 glucosidase의 저해 효능은 대조군인 Acarbose보다 우수한 74  $\mu$ g/ml (IC<sub>50</sub>

136 value)의 높은 활성을 보였으며, molecular Docker를 통한  $\alpha$ -glucosidase active

137 site에 대한 결합력을 조사한 결과, 강력한 결합 에너지를 보였다. 특히, zebrafish

138 혈액내 glucose 함량을 크게 줄이는 효능을 보였으며, GLUT4

139 transformation의 매개체인 AMPK와 AKT의 활성을 크게 증가시켰다.

140 결과적으로 세포막내 GLUT<sub>4</sub>를 활성화시켜 세포내로 glucose

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143 ethanol과 CCl<sub>4</sub>에 의한 zebrafish 간염 및 간섬유 모델 개발과 PYH5와



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 146 PYH5와 PYH6 처리군은농도구배적으로간손상을낮추었다. 또한 1%  
 147 ethanol을매일처리한군은염증성매개체인 IL-1 $\beta$ 와 IL-6, TNF- $\alpha$ ,  
 148 iNOS를대폭증가시켰으며, 반면PYH5와 PYH6는염증성매개체들을 ethanol  
 149 처리군대비유의적으로낮춰주었다. 하지만, 1% ethanol의  
 150 4주간처리에의해간섬유화유도염증성매개체인 TGF- $\beta$ 1의경우유도되지않았다.  
 151 기존에잘알려진간염및간경화유도물질인 CCl<sub>4</sub>는  
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 155 결론적으로, 방사무늬김에는염증성질병에관한강력한성분인(11Z,13E,15E)-17-(5-  
 156 hydroxycyclohexa-1,3-dienyl)heptadeca-11,13,15-trien-2-one와 1-ethyl-3-(3-(3-  
 157 methylbutan-2-yl)-14-phenyltetradecyl)benzene 이존재하였으며, 특히, zebrafish는  
 158 ethanol 및 CCl<sub>4</sub>에의해유도된간염및간섬유화모델로서매우적합하였다. 그리고,  
 159 우리는방사무늬김유래컴파운드인(E)-5-(8-hydroxynon-6-enyl)cyclohexa-2,4-

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**Introduction**

*Pyropia* species, the important edible red algae, are well known as food and medicine in East and Southeast Asia including Korea, Japan, Taiwan and China. Various continents have been conformed in *Porphyra* species, including sulfated polysaccharide, mycosporine like amino acids, sterols, carotenoids, protein, essential fatty acids, vitamins, and minerals (Kazłowska et al., 2013; Senevirathne et al., 2010).

Among various functional continents, porphyran, sulphated polysaccharide related to agarose which composed of alternating units of 1,4-linked 3,6-anhydro-L-galactose and 1,3-linked-D-galacose residues, is constituted D-galactose, 3,6-anhydro-L-galactose, 6-O-methyl-D-galactose as the main cell wall component of red algae (Hatada et al., 2006; Jiang et al., 2012), and has been known to have a variety of physiological effects such as anti-oxidant, -cancer, -hyperlipidemic, -fatigue, improvement of immunology and hypercholesterolemic activities (She et al., 2005; Ren et al., 1994; Guo et al., 2005; Inoue et al., 2009). As another one, mycosporine-like amino acids (MAAs) are small, colorless and water-soluble compounds composed of a cyclohexenone or cyclohexenimine chromophore conjugated with the nitrogen subsituent of an amino acids or its imino alcohol (Nakamura et at., 1982; Carreto et al., 1990; Shailendra et al., 2008), and have been identified in a wide variety of marine organisoms including, fungi, heterotrophic bacteria, cyanobacteria, eykaryotic algae and fish (Sinha et al., 1999). And among various functional minor compounds such as  $\beta$ -carotene,

270 chlorophyll a, phenolic compounds, sterols, several amino acids and fatty acids are also  
271 existed in *Pyropia* sp., and especially,  $\beta$ -carotene from *Pyropia* sp. exhibited protective effect  
272 against mutagenesis probably associated with carcinogenesis and reactive oxygen species  
273 (ROSs) (Okai et al., 1996; Nakayama et al., 1999). Sterols, including cholesterol,  $\beta$ -sitosterol  
274 and campesterol showed potential for protecting an organism from 4T1 cell-based tumor  
275 genesis (Kazłowska et al., 2013). And Kazłowska et al. (2012) reported phenolic compounds  
276 from *Porphyra dentate* suppressed NO production in lipopolysaccharide (LPS)-stimulated  
277 macrophages via NF- $\kappa$ B-dependent iNOS gene transcription. Therefore, existences of these  
278 functional components in *Pyropia* sp. are very important factors for revelation of various  
279 biological effects. However, the amounts of these biological active components are easily  
280 changed by environment factors such as UV and temperature (Priya et al., 2008; Shailendra et  
281 al., 2008), and, especially, systematic experiments on *Pyropia* sp. produced in different  
282 environments haven't been performed. Therefore, in this study, we demonstrated various  
283 approximate, functional components and biological effects of *Pyropia* sp. collected from  
284 different three areas with Gusan, Janheung and Kwangcheon in S. Korea.

285 Inflammation represents a highly coordinated set of events that allow the tissues to  
286 respond against an injury or infection. It involves the participation of various cell-types  
287 expressing and reacting to the diverse mediators along a very precise sequence of events  
288 (Babu *et al.*, 2009). Usually, inflammation is initiated through the production of specific  
289 cytokines or chemokines characterized by the recruitment of leukocytes to the damage sites.  
290 However, the sustained or excessive inflammation can lead to various diseases including  
291 rheumatoid arthritis, psoriasis and inflammatory bowel disease (Simon and Green, 2005).  
292 Macrophages play a key role in the inflammatory and immune reactions by releasing a

293 variety of inflammatory mediators such as nitric oxide (NO), tumor necrosis factor- $\alpha$  (TNF-  
294  $\alpha$ ), interleukin-1  $\beta$  (IL-1 $\beta$ ), inducible nitric oxide synthase (iNOS) and cyclooxygenase-2  
295 (COX-2) (Yoon et al., 2003; Ramana and Srivastava.,2006; Nunez Miguel et al., 2007).  
296 Lipopolysaccharide (LPS), a component of the gram negative cell wall, was used to stimulate  
297 peritoneal macrophages and induce the production of anti-inflammatory cytokines in the  
298 infection response (Pan et al., 2008). Initial features are of nonspecific flu-like symptoms,  
299 common to almost all acute viral infections and may include malaise, muscle and joint aches,  
300 fever, nausea or vomiting, diarrhea, and headache. More specific symptoms, which can be  
301 present in acute hepatitis from any cause, are: profound loss of appetite, aversion to smoking  
302 among smokers, dark urine, yellowing of the eyes and skin, and abdominal discomfort.  
303 Physical findings are usually minimal, apart from yellowing of the skin and conjunctivae,  
304 tender enlargement of the liver, enlarged lymph nodes in 5%, and enlargement of the spleen.  
305 Chronic hepatitis may cause nonspecific symptoms such as malaise, tiredness and weakness,  
306 and often leads to no symptoms at all. It is commonly identified on blood tests performed  
307 either for screening or to evaluate nonspecific symptoms. The presence of jaundice indicates  
308 advanced liver damage.

309 Liver inflammation is a reaction that occurs when liver cells are attacked by a disease-  
310 causing microbe or substance. The liver is an organ in the digestive system that assists the  
311 digestive process and carries out many other essential functions. These functions include  
312 producing bile to help break down food into energy; creating essential substances, such as  
313 hormones; cleaning toxins from the blood, including those from medication, alcohol and  
314 drugs; and controlling fat storage and cholesterol production and release.

315 Alcoholic liver disease is a term that encompasses the hepatic manifestations of alcohol



316 overconsumption, including fatty liver, alcoholic hepatitis, and chronic hepatitis with hepatic  
317 fibrosis or cirrhosis (O'Shea et al., 2010). It is the major cause of liver disease in Western  
318 countries. Although steatosis (fatty liver) will develop in any individual who consumes a  
319 large quantity of alcoholic beverages over a long period of time, this process is transient and  
320 reversible (O'Shea et al., 2010). Of all chronic heavy drinkers, only 15–20% develop hepatitis  
321 or cirrhosis, which can occur concomitantly or in succession (Menon et al., 2001). How  
322 alcohol damages the liver is not completely understood. 80% of alcohol passes through the  
323 liver to be detoxified. Chronic consumption of alcohol results in the secretion of pro-  
324 inflammatory cytokines (TNF-alpha, Interleukin 6 [IL-6] and Interleukin 8 [IL-8]), oxidative  
325 stress, lipid peroxidation, and acetaldehyde toxicity. These factors cause inflammation,  
326 apoptosis and eventually fibrosis of liver cells. Why this occurs in only a few individuals is  
327 still unclear. Additionally, the liver has tremendous capacity to regenerate and even when  
328 75% of hepatocytes are dead, it continues to function as normal (Longstreth & Zieve, 2009).

329 Fibrosis is the formation of excess fibrous connective tissue in an organ or tissue in a  
330 reparative or reactive process (Birbrair et. al., 2013). This can be a reactive, benign, or  
331 pathological state. In response to injury this is called scarring and if fibrosis arises from a  
332 single cell line this is called a fibroma. Physiologically this acts to deposit connective tissue,  
333 which can obliterate the architecture and function of the underlying organ or tissue. Fibrosis  
334 can be used to describe the pathological state of excess deposition of fibrous tissue, as well as  
335 the process of connective tissue deposition in healing (DermNet NZ). Fibrosis is similar to  
336 the process of scarring, in that both involve stimulated cells laying down connective tissue,  
337 including collagen and glycosaminoglycans. Immune cells called Macrophages, and damaged  
338 tissue between surfaces called interstitium release TGF beta. This can be because of

339 numerous reasons, including inflammation of the nearby tissue, or a generalised  
340 inflammatory state, with increased circulating mediators. TGF beta stimulates the  
341 proliferation and activation of fibroblasts, which deposit connective tissue (Trojanowska,  
342 2012).

343 Cirrhosis is a late stage of serious liver disease marked by inflammation (swelling), fibrosis  
344 (cellular hardening) and damaged membranes preventing detoxification of chemicals in the  
345 body, ending in scarring and necrosis (cell death). Between 10% to 20% of heavy drinkers  
346 will develop cirrhosis of the liver (NIAAA, 1993). Acetaldehyde may be responsible for  
347 alcohol-induced fibrosis by stimulating collagen deposition by hepatic stellate cells (Menon  
348 et al., 2001). The production of oxidants derived from NADPH oxi- dase and/or cytochrome  
349 P-450 2E1 and the formation of acetaldehyde-protein adducts damage the cell membrane  
350 (Menon et al., 2001). Symptoms include jaundice (yellowing), liver enlargement, and pain  
351 and tenderness from the structural changes in damaged liver architecture. Without total  
352 abstinence from alcohol use, will eventually lead to liver failure. Late complications of  
353 cirrhosis or liver failure include portal hypertension (high blood pressure in the portal vein  
354 due to the increased flow resistance through the damaged liver), coagulation disorders (due to  
355 impaired production of coagulation factors), ascites (heavy abdominal swelling due to  
356 buildup of fluids in the tissues) and other complications, including hepatic encephalopathy  
357 and the hepatorenal syndrome. Cirrhosis can also result from other causes than alcohol abuse,  
358 such as viral hepatitis and heavy exposure to toxins other than alcohol. The late stages of  
359 cirrhosis may look similar medically, regardless of cause. This phenomenon is termed the  
360 "final common pathway" for the disease. Fatty change and alcoholic hepatitis with abstinence  
361 can be reversible. The later stages of fibrosis and cirrhosis tend to be irreversible, but can

362 usually be contained with abstinence for long periods of time.

363 The zebrafish (*Danio rerio*) is a tropical freshwater fish belonging to the minnow family  
364 (Cyprinidae) of the order Cypriniformes (Froese et al., 2007). Native to the Himalayan region,  
365 it is a popular aquarium fish, frequently sold under the trade name zebra danio. The zebrafish  
366 is also an important vertebrate model organism in scientific research. It is particularly notable  
367 for its regenerative abilities (Goldshmit et al., 2012) and has been modified by researchers to  
368 produce several transgenic strains (White et al., 2008). Especially, zebrafish has severally  
369 been introduced as cirrhosis model, but most of studies focus on the embryos and transgenic  
370 strains. Recently, zebrafish has been used for various biological evaluations such as  
371 antioxidant and anti-inflammation as alterative mouse and monkey models. But cirrhosis  
372 model of zebrafish has been restrictively development, therefore we focused on development  
373 of the liver inflammation and fibermodels of ethanol and CCl<sub>4</sub> stimulated adult zebrafish.  
374 And anti-inflammatory active compounds from *P. yezoensis* was evaluated against liver  
375 inflammation and fiber generated in ethanol-stimulated zebrafish.

376 Diabetes mellitus (DM), commonly referred to as diabetes, is a group of metabolic diseases  
377 in which there are high blood sugar levels over a prolonged period. Symptoms of high blood  
378 sugar include frequent urination, increased thirst, and increased hunger. If left untreated,  
379 diabetes can cause many complications. Acute complications include diabetic ketoacidosis  
380 and nonketotic hyperosmolar coma (Kitabchi et al., 2009) Serious long-term complications  
381 include cardiovascular disease, stroke, kidney failure, foot ulcers and damage to the eyes.  
382 Diabetes mellitus is classified into four broad categories: type 1, type 2, gestational diabetes,  
383 and "other specific types" (David G. Gardner, 2011). Type 1 diabetes mellitus is  
384 characterized by loss of the insulin-producing beta cells of the islets of Langerhans in the

385 pancreas, leading to insulin deficiency. Type 2 diabetes mellitus is characterized by insulin  
386 resistance, which may be combined with relatively reduced insulin secretion (David G.  
387 Gardner, 2011). Previous study, sulfated polysaccharide from *Pyropia* sp. has been reported  
388 an anti-diabetes effect, but there are various components such as sterol, pigments, and polar  
389 compounds in red algae. Therefore we focused on identification of anti-diabetes compounds  
390 from *P. yezoensis* and performed the evaluation of *in vivo*, zebrafish model for diabetes.

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## Part-I

413 **Identification of active compounds of *Pyropia yezoensis* on**

414 **anti-inflammation**

415

416 **Abstract**

417 This study focuses on a simply preparation of functional polysaccharides from *Pyropia*  
418 *yezoensis*, a marine red alga in a microwave assistant rapid enzyme digest system  
419 (MAREDS) with the carbohydrases, including Viscozyme, Celluclast, amyloglucosidase  
420 (AMG), Temamyl and Ultraflo, as well as evaluation of their antioxidative effect.  
421 Polysaccharide hydrolysates were manufactured in MAREDS under conditions with 40 W  
422 and different hydrolyzing times, and each hydrolytic condition (pH and temperature) of the  
423 carbohydrases. And then, polysaccharides of below and above 10 kDa were efficiently  
424 prepared using an ultrafiltration membrane of 10 kDa molecular weight cut-off. In the result,  
425 we confirmed that MAREDS helps to increase activation of AMG through the increased  
426 degree of hydrolysis, thus the best AMG assistant hydrolysate was manufactured with 10:1  
427 (ratio of substrate to enzyme) for 2 h, occupied the highest degree of hydrolysis (25.02 %).  
428 And AMG hydrolysate showed to time-dependently increase the antioxidative effect.  
429 Especially, the low molecular weight polysaccharides (LMWP, < 10 kDa) from AMG

430 hydrolysate possessed higher antioxidant effect compared with the unfractionated  
431 polysaccharides and the high molecular weight polysaccharides (HMWPs, > 10 kDa), and  
432 was consisted of monosaccharides with galactose (27.25%), glucose (64.50%), and manose  
433 (8.23%), etc. which are different with the unfractionated polysaccharide and HMWP.  
434 Consequently, we could efficiently, simply and rapidly prepare the functional LMWP using  
435 both the MAREDS with the carbohydrase and ultrafiltration, and suggest that LMWP from  
436 *P. yezoensis* might be a valuable algal polysaccharide antioxidative agent.

437

438 Keywords: *Pyropia yezoensis*; microwave assistant rapid enzyme digest system; low  
439 molecular weight polysaccharides; antioxidative effect

440

## 441 1. Introduction

442 *Pyropiayezoensis*, is well known important edible red alga as food and medicine in Southeast  
443 Asia including Korea, Japan, Taiwan and China. There are various components, containing  
444 sulfated polysaccharides, mycosporine like amino acids, sterols, carotenoids, proteins,  
445 essential fatty acids, vitamins, and minerals in *P. yezoensis*.<sup>1,2</sup>

446 Among various functional components from *P. yezoensis*, polysaccharides have been used  
447 in food industry for a long time, because they have a variety of physiological effects such as  
448 anti-oxidant, -cancer, -hyperlipidemic and -fatigue as well as immunomodulatory and  
449 hypercholesterolemic activities.<sup>3-6</sup> Thus, many properties of polysaccharides depend on their  
450 molecular weights.<sup>7</sup> A molecular weight of polysaccharide is an important factor which is  
451 having relationship with biological effects. Especially, relatively lower molecular  
452 polysaccharides have been reported to have higher antioxidant and hepatoprotective effects

453 than higher molecular polysaccharides.<sup>8,9</sup>

454 Microwaves are composed of electric and magnetic fields, electromagnetic energy, and its  
455 spectral frequency range occupied from 300 to 300,000 MHz.<sup>10,11</sup> Microwave energy acts as a  
456 nonionizing radiation that causes rotation of the dipoles, and especially induces fragmentation  
457 of polymer structure and molecular weight of polysaccharides during microwave heating  
458 process.<sup>11</sup> Thus microwave irradiation has been applied to accelerate chemical or enzymatic  
459 reactions for proteomics applications.<sup>12</sup> Consequently, the microwave process is considered  
460 as useful for enzymatic hydrolysis of polysaccharide.

461 In this study, we demonstrate the preparation of the functional polysaccharides from *P.*  
462 *yezoensis* by microwave assistant rapid enzyme digest system (MAREDS) which offers  
463 solution for easy, fast and safe enzyme reactions with microwave (**Fig. 1(A)**) and and their  
464 antioxidant effect.



## 466 **2. Materials and methods**

### 467 **2. 1. Materials**

468 *Pyropiayezoensis* which was cultivated at the coast of Wando Island in South Korea, was  
469 washed twice with freshwater, and then immediately frozen and stored at  $-20^{\circ}\text{C}$  until use.  
470 The frozen samples were lyophilized and ground with a grinder. The dried sample powder  
471 was stored in refrigerator until use.

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### 473 **2. 2. Chemicals and reagents**

474 2,2-azobis-(2-amidinopropane) dihydrochloride (AAPH) were purchased from Sigma  
475 Chemical Co. (USA). Carbohydrate hydrolytic enzymes such as Viscozyme, Ultraflo,

476 amyloglucosidase (AMG), Termarmyl and Celluclast were purchased from Novozyme Co.  
477 (Denmark). All the other chemicals used were of analytical grade.

478

### 479 **2. 3. Approximate composition**

480 The approximate composition of dried sample powders was determined according to the  
481 AOAC methods.<sup>13</sup> Moisture content was determined in a dry oven at 105°C for 24 h, crude  
482 ash content by calcinations in furnace at 550°C, crude protein content by Kjeldahl method  
483 (Kjeltec<sup>TM</sup>2300, Foss Co. Ltd., Denmark), and crude lipid content by Soxhlet method  
484 (Soxhlet system 1046, TacatorAB, Sweden).

485

### 486 **2. 4. Preparation of polysaccharide fraction from dried *P. yezoensis***

487 For preparation of the polysaccharides fraction with high purity, we used to combine and  
488 modify the protocols reported by Cian et al. (2012) and Takahashi et al. (2000) (**Fig. 1(B)**).  
489 First, we could remove the water soluble proteins by distilled water (DW) at 20°C from dried  
490 sample of 50 g, and then tried to remove a lipid fraction by 90% EtOH in 100°C for 2 h.  
491 Finally, a 2 g of polysaccharides fraction was obtained 3 times from the residue by DW in  
492 120°C for 15 min after the step which removed the lipid.

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### 494 **2. 5. Hydrolysis of the crude polysaccharide fraction**

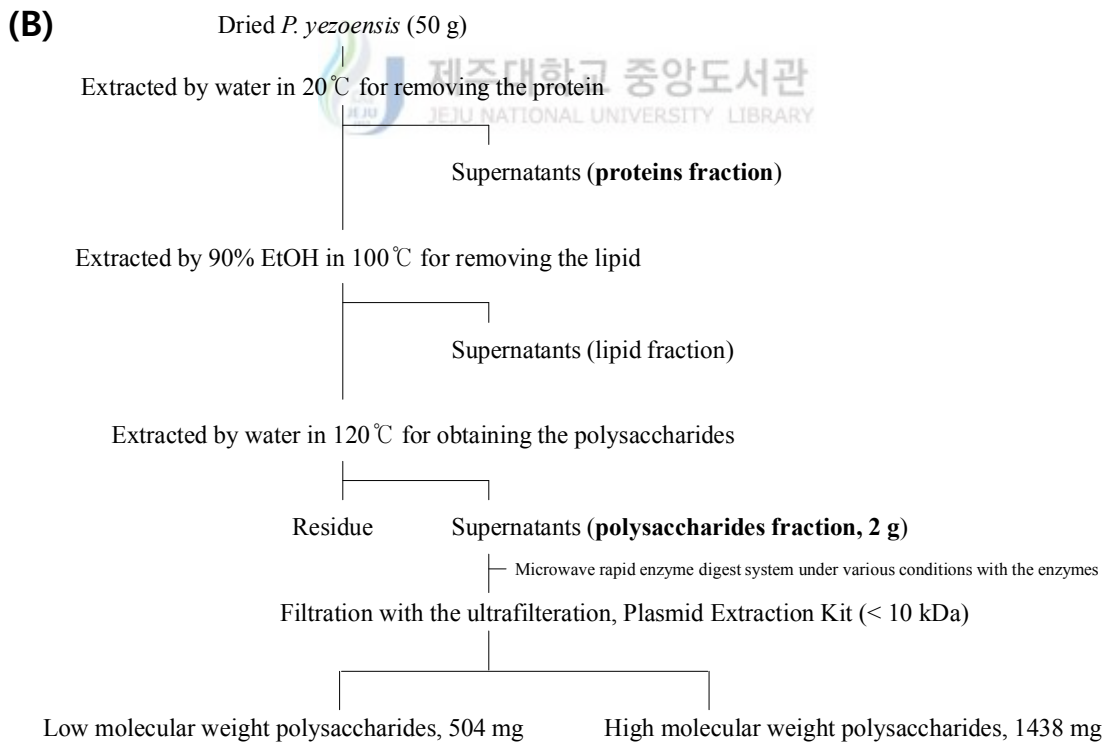
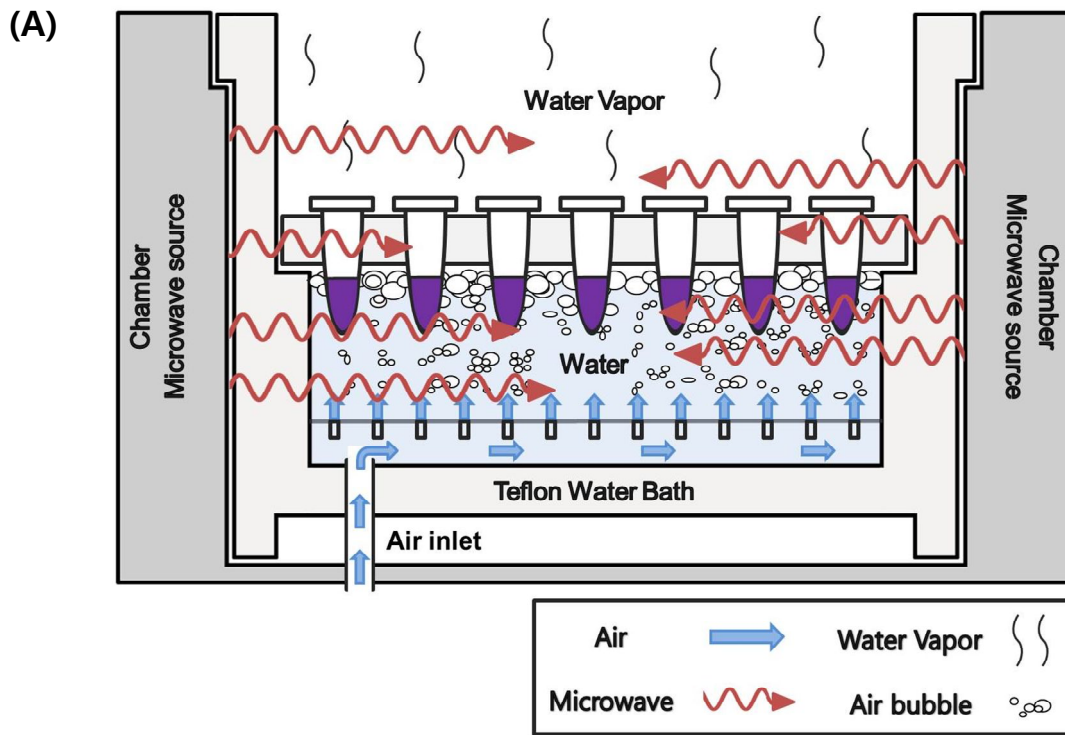
495 Polysaccharides were hydrolyzed by MAREDS (REDS<sup>TM</sup>, ASTA INC., USA) (**Fig. 1 (A)**)  
496 under the various conditions with the five enzymes including Viscozyme, Celluclast,  
497 Termamyl, AMG and Ultraflo, and their ratios of substrate to enzyme (10:1 and 100:1,  
498 respectively). The low molecular weight polysaccharides (LMWP) of below 10 kDa and the



499 high molecular weight polysaccharides (HMWP) of above 10 kDa were obtained through  
500 AccuPrep® plasmid extraction kit equipped with 10 kDa molecular weight cut-off (MWCO)  
501 ultrafiltration membrane (BIONEER, USA).

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504 **Fig. 1.** Microwave assistant rapid enzyme digest system (A) and process schematic diagram

505 (B) for obtain of the polysaccharides fraction, high and low molecular weight

506 polysaccharides from dried *P. yezoensis*.

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528 **2. 6. Degree of hydrolysis (DH)**

529 The sugar content was determined using phenol-sulfuric acid colorimetric method.<sup>16</sup> The DHs  
530 (%) of the polysaccharides from the enzymatic hydrolysates were calculated under the base  
531 on the total sugar contents in the LMWP after filtration of hydrolyzed polysaccharides  
532 fraction to the total sugar weight of crude polysaccharides fraction from *P. yezoensis* and its  
533 formulation indicated in below:

534

$$535 \quad \text{DH (\%)} = \frac{\text{Total sugar contents (mg) of below 10 kDa}}{\text{Total sugar contents (mg) in the crude polysaccharides}} \times 100$$

536

## 537 **2. 7. Antioxidative evaluation of polysaccharides**

538 Alkyl radical scavenging activity was measured using the method described by Hiramoto  
539 et al. (1993). The experimental conditions of ESR (electron spin resonance) spectrometer  
540 (JES-FA machine, JEOL, Tokyo, Japan) were as followed; for alkyl, magnetic field 336.5±5  
541 mT, power 1 mW, modulation frequency 100 kHz, amplitude 1×1000, modulation width 0.2  
542 mT, sweep width 10 mT, sweep time 30 sec, time constant 0.03 sec. Hydrogen peroxide  
543 scavenging activity was determined according to the method of Heo et al. (2005). A hundred  
544 µl of 0.1 M phosphate buffer (pH 5.0) and the sample solution were mixed in a 96 microwell  
545 plate. A 20 µl of hydrogen peroxide was added to the mixture, and then incubated at 37°C for  
546 5 min. After the incubation, 30 µl of 1.25 mM ABTS and 30 µl of peroxidase (1 unit/ml) were  
547 added to the mixture, and then incubated at 37°C for 10 min. The absorbance was read with  
548 an ELISA reader at 405 nm.

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## 550 **2. 8. Statistical analysis**

551 All the measurements were made in triplicate and all values were represented as means ±

552 standard error. The results were subjected to an analysis of the variance (ANOVA) using the  
553 Turkey test to analyze the difference. A value of  $p < 0.05$  was considered to indicate  
554 statistical significance.

555

### 556 **3. Results & discussion**

#### 557 **3. 1. Proximate composition**

558 **Table 1** showed proximate composition of the dried *P. yezeonsis*. Polysaccharides were the  
559 most abundant content in dried sample ( $44.6 \pm 2.3\%$ ), and proteins occupied the second  
560 highest amount. The value of utilization of the proteins and carbohydrates is considered to be  
561 very high, because red seaweeds such as *Pyropia* sp. have high levels of proteins and  
562 fibers.<sup>19,20</sup> And the component analysis of crude proteins and polysaccharides obtained from  
563 *P. yezoensis* using the step which described in **Fig 1 (B)** was shown in **Table 2**. The  
564 polysaccharide fraction contained high sugar content with  $91.71 \pm 5.07\%$ , whereas low sulfate  
565 content of 5.41%. Porphyrin, sulfated polysaccharide, is a main component in *Pyropia* sp.,  
566 and was reported to contain the sulfate content of about 8% in *P. yezoensis* similar with our  
567 crude polysaccharides fraction.<sup>15,21</sup>

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**Table 1. Proximate composition of dried *P. yezoensis***

	<b>Protein (%)</b>	<b>Carbohydrates (%)</b>	<b>Lipid (%)</b>	<b>Moisture (%)</b>	<b>Ash (%)</b>	<b>Calories (kcal/100g)</b>
<i>P. yezoensis</i>	41.7±1.7	44.6±2.3	1.8±0.12	7.4±1.7	5.3±0.1	351.4±12.7



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**Table 2. Crude polysaccharides, crude protein and sulfate content in the proteins and the polysaccharides fraction from *P. yezoensis***

	Sugar (%)	Protein (%)	Sulfate (%)
<b>Proteins fraction</b>	11.2±0.43	89.03±7.35	-
<b>Polysaccharides fraction</b>	91.71±5.07	8.7±3.3	5.41±0.02

**3. 2. Degree of hydrolysis (DH) and antioxidant effects of polysaccharides hydrolysates in MAREDS**

615 **Table 3** showed the DH of the polysaccharides hydrolysates prepared under various  
616 hydrolytic conditions, including the different ratios of substrate to enzymes (10:1 and 100:1)  
617 and the hydrolysis times (10 min, 30 min, 1 h, 2 h, 3 h and 4 h, respectively) in MAREDS  
618 with 40 W. The DH of AMG hydrolysis was increased with the time of hydrolysis (10 min ~  
619 4 h), whereas other enzymes didn't affect to the hydrolysis of the polysaccharides. And AMG  
620 hydrolysis in MAREDS showed higher DH than AMG hydrolysis only and microwave  
621 assistant only (**Fig. 2**). Thus, AMG hydrolysates in MAREDS approached the optimal  
622 hydrolysis at 2 h, since then, no significant increase in DH. This result suggests that AMG  
623 accelerated the hydrolyses of the polysaccharides in MAREDS within a short time of 2 h. In  
624 previous reports, microwave assistant system has been utilized for not only improving  
625 activities of proteases, but also applying to degradation and extraction of polysaccharides.<sup>22-25</sup>  
626 Tsubaki et al. (2013) demonstrated that microwave energy with polyoxometalate clusters  
627 promoted the hydrolyses of corn starch and crystalline cellulose. And, we understand with  
628 these results that the microwave assistant system is a useful tool to accelerate the activation  
629 of the carbohydrase. Besides AMG hydrolysate exhibited strong antioxidative effects against  
630 alkyl radical and H<sub>2</sub>O<sub>2</sub> in a dose dependent manner (**Table 4**). And, antioxidant effect was  
631 increased with the time of digestion of AMG. Nomura et al. (1998) previously reported that  
632 polysaccharides from *P. yezoensis* hydrolyzed by β-agarase stimulated macrophage  
633 proliferation. Therefore, preparation of polysaccharides from *P. yezoensis* by enzymatic  
634 hydrolyses enhances their functionalities. Finally, we selected AMG hydrolysate in  
635 MAREDS at 2 h for the further experiments.

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**Table 3. Degree of hydrolysis (DH) of the polysaccharides hydrolysates from *P. yezoensis* in MAREDS**

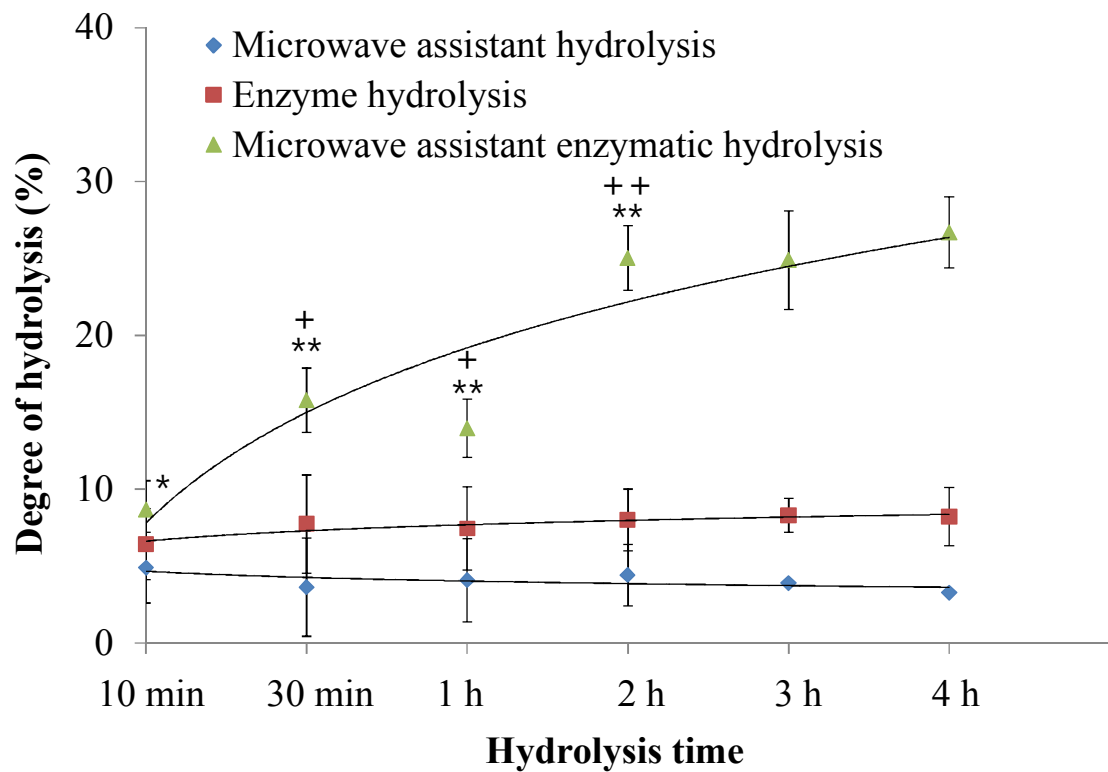
	Degree of hydrolysis (%)									
	Viscozyme		Celluclast		AMG		Termamyl		Ultraflo	
	10:1	100:1	10:1	100:1	10:1	100:1	10:1	100:1	10:1	100:1
<b>10 min</b>	12.11	0.65	4.51	1.51	8.65	6.42	4.90	5.37	2.84	2.90
<b>30 min</b>	14.78	2.98	3.55	1.01	15.78	7.73	3.54	5.86	3.83	3.59
<b>1 h</b>	13.57	2.70	6.56	1.16	13.96	7.66	2.32	5.07	2.97	2.17
<b>2 h</b>	13.05	1.59	5.73	1.16	25.02	9.00	5.30	4.80	3.19	0.98

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**Table 4. IC<sub>50</sub> values on antioxidant effect of AMG hydrolysates in MAREDS**

	IC <sub>50</sub> values (mg/ml)	
	Alkyl radical	H <sub>2</sub> O <sub>2</sub>
<b>AMG 10 min (10 : 1)</b>	0.542 ± 0.002	> 0.180
<b>AMG 30 min (10 : 1)</b>	0.482 ± 0.018	0.175 ± 0.000
<b>AMG 1 h (10 : 1)</b>	0.341 ± 0.008	0.125 ± 0.002
<b>AMG 2 h (10 : 1)</b>	0.196 ± 0.001	0.096 ± 0.002





673

674 **Fig. 2.** Degree of hydrolyses (DH) of the microwave assistant hydrolysis, the enzymatic  
 675 hydrolysis (2 h) and the microwave assistant enzymatic hydrolysis from *P. yezoensis*. The  
 676 microwave assistant extract was prepared using only MAREDS (40 W and 2 h); the enzymatic  
 677 hydrolysate was prepared with only AMG (ratio of substrate to enzyme = 10:1); the  
 678 microwave assistant enzymatic hydrolysate was prepared with AMG in MAREDS (40 W and  
 679 2 h). Graph values were described with log. \*Significantly different from microwave assistant  
 680 ( $P < 0.05$ ); \*\*Significantly different from microwave assistant ( $P < 0.01$ ). +Significantly  
 681 different from the microwave assistant enzymatic hydrolysate at 10 min ( $P < 0.05$ );  
 682 ++Significantly different from the microwave assistant enzymatic hydrolysate at 10 min ( $P <$   
 683 0.01).

684

685 **3. 3. Comparison of antioxidant effects between low and high molecular weight**

686 **polysaccharides from AMG hydrolysate**

687 The low and high molecular weight polysaccharides separated from AMG hydrolysate  
688 (AMG-LMWP and AMG-HMWP, respectively) were prepared through the ultrafiltration of  
689 10 kDa MWCO. AMG-LMWP exhibited stronger antioxidative effects against alkyl radical  
690 and H<sub>2</sub>O<sub>2</sub> than AMG-HMWP as well as the unfractionated AMG hydrolysate (**Table 4 and 5**).  
691 This result suggests that molecular weights of the polysaccharides are quietly related to  
692 antioxidant effect. Although biological effects with lower molecular weight polysaccharides  
693 from *P. yezoensis* haven't been evaluated so far, some reports demonstrated that low  
694 molecular weight polysaccharides and degraded polysaccharide from marine algal  
695 polysaccharide showed higher antioxidant effects than high molecular weight  
696 polysaccharides.<sup>8,9</sup>

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698 **3. 4. Monosaccharide analysis of the polysaccharides from *P. yezoensis***

699 The monosaccharide compositions of AMG hydrolysate in MAREDS, AMG-HMWP and  
700 AMG-LMWP were shown in **Fig. 3**. AMG-LMWP was consisted as monosaccharides with  
701 galactose (27.25%), glucose (64.50%), and manose (8.25%) etc. Thus, the unfractionated  
702 polysaccharides and AMG-HMWP showed higher galactose contents than AMG-LMWP  
703 (93.60 and 92.28, respectively), whereas AMG-LMWP higher glucose content of 64.50%.  
704 Also, AMG-LMWP contained lower sulfate content below 1%, compared to the  
705 polysaccharide fraction (5.41%). Microwave generates the desulfation of sulfated  
706 polysaccharides, without compromising seriously the molecular weight.<sup>28</sup>

707 Porphyran, sulphated polysaccharide related to agarose which composed of alternating units  
708 of 1,4-linked 3,6-anhydro-L-galactose and 1,3-linked-D-galactose residues, is constituted D-

709 galactose, 3,6-anhydro-L-galactose, 6-O-methyl-D-galactose as the main cell wall component  
710 of red algae,<sup>29,30</sup> and has been known to have a variety of physiological effects such as anti-  
711 oxidant, -cancer, -hyperlipidemic, -fatigue, improvement of immunology and  
712 hypercholesterolemic activities due to presence of sulfate.<sup>4-6</sup> However, in this study, the  
713 desulfated polysaccharide showed a remarkable enhanced antioxidant effect. This was  
714 considered that the biological effect was affected by the degradation and monosaccharides  
715 composition of polysaccharide during the microwave assistant enzymatic hydrolyzes. AMG  
716 hydrolyses 1,4- and 1,6-alpha linkages in liquefied starch. During the hydrolysis, glucose  
717 units are removed in a stepwise manner from the non-reducing end of the substrate molecule.  
718 The rate of hydrolysis depends upon the type of linkage as well as the chain length, i.e., 1,4-  
719 alpha linkages are hydrolysed more readily than 1,6-alpha linkages, and maltotriose and  
720 maltose are broken down at a lesser rate than longer chain oligosaccharides.<sup>31</sup> Therefore we  
721 suggest that AMG would hydrolyze the polysaccharide to break the 1,4-linked 3,6-anhydro-L-  
722 galactose of the polysaccharide in *P. yezoensis*.



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#### 724 **4. Conclusion**

725 We could efficiently, simply and rapidly prepare AMG-LMWP by using both MAREDS and  
726 ultrafiltration, and AMG-LMWP might be a suitable candidate for an algal polysaccharide  
727 antioxidative agent.

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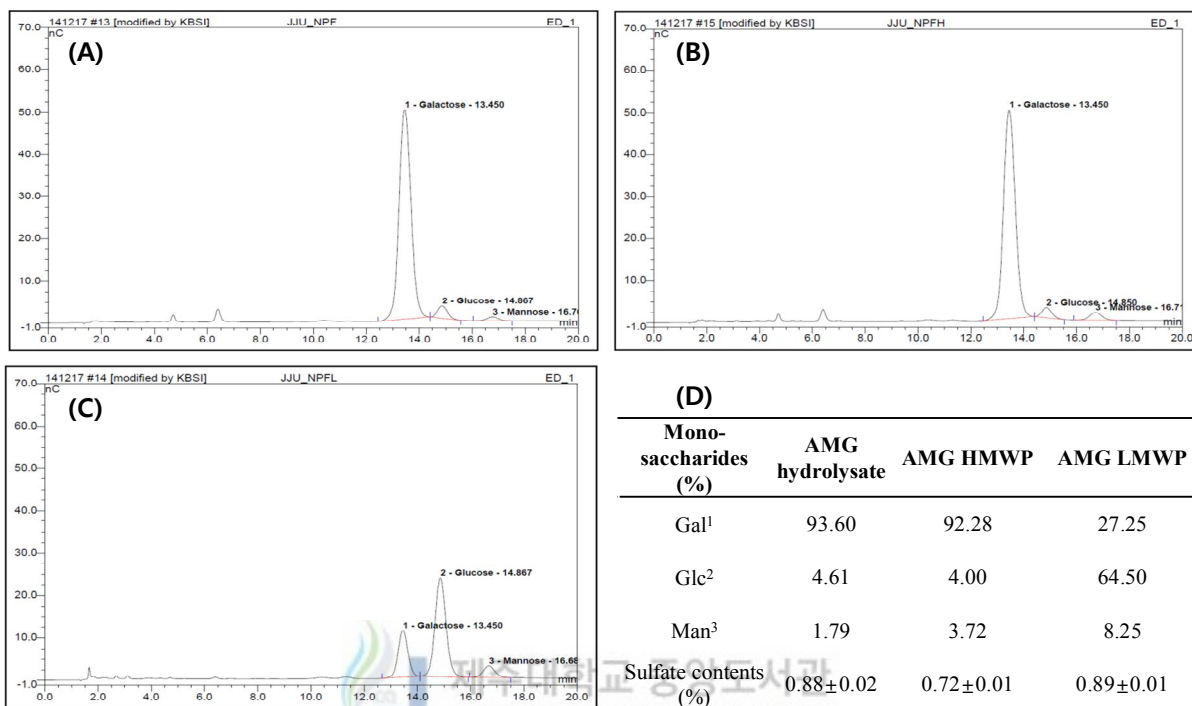
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736 **Fig. 3.**Chromatograms of monosaccharides in the unfractionated polysaccharides (A), AMG-

737 HMWP (B) and AMG-LMWP(C) from *P. yezoensis* and their contents (D).\* 1: Galactose, 2:

738 Glucose, 3: Manose

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753 **Table 5. IC<sub>50</sub> values on antioxidant effect of AMG-HMWP and LMWP in MAREDS**

	IC <sub>50</sub> values (µg/ml)	
	Alkyl radical	H <sub>2</sub> O <sub>2</sub>
AMG-HMWP (2 h, 10 : 1)	181.38 ± 0.328	81 ± 0.150
AMG-LMWPs (2 h ; 10 : 1)	114.36 ± 3.476	13 ± 0.000

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## Part-II

761 **Anti-inflammatory compounds from *Pyropia yezoensis*, a**  
762 **marine red alga regulates the MAPK and NF- $\kappa$ B**  
763 **pathways**

764

765 **Abstract**

766 This study was focus on isolation of anti-inflammatory compounds from *Pyropia yezoensis*,  
767 a marine red alga and identification of their anti-inflammatory effect via NF- $\kappa$ B and MAPK  
768 pathways. The 4 fractions with n-hexane (PYH), chloroform (CHCl<sub>3</sub>, PYC), ethyl acetate  
769 (EtOAc, PYE) and water fractions (PYW) were prepared from 70 EtOH extract of *P.*  
770 *yezoensis*. Among them, PYH showed the strongest inhibitory activity against nitric oxide  
771 (NO) generated from lipopolysaccharide (LPS) stimulated RAW 264.7 macrophages without  
772 the cytotoxicity. The eight fractions (PYH1, PYH2-1~3, PYH3~6) were prepared from PYH  
773 by preparative centrifugal partition chromatography (CPC) with solvent condition consisted  
774 with n-hexane:EtOAc:methanol(MeOH):water (9:1:9:1). PYH5 and 6 exhibited higher anti-  
775 inflammatory effects on LPS-induced RAW 264.7 cells than others. Therefore, we identified  
776 chemical structures of PYH5 and PYH6 using NMR and LC-ESI/MS and they were  
777 confirmed as (11Z,13E,15E)-17-(5-hydroxycyclohexa-1,3-dienyl)heptadeca-11,13,15-trien-2-  
778 one (HTO) and 1-ethyl-3-(3-(3-methylbutan-2-yl)-14-phenyltetradecyl)benzene (EB),  
779 respectively. HTO and EB decreased the pro-inflammatory cytokines including TNF- $\alpha$ , IL-1 $\beta$ ,  
780 and reduced production of PGE<sub>2</sub> released from COX-2. Thus, the protein expressions of  
781 COX-2 and iNOS which released nitric oxide (NO) and PGE<sub>2</sub>, respectively, were  
782 significantly increased by HTO and EB. Especially HTO exhibited anti-inflammatory effect



783 through decrease of NF- $\kappa$ B and MAPK protein, ERK<sub>1/2</sub> whereas EB only decreased the  
784 expression of MAPK proteins including p38, ERK<sub>1/2</sub>. Consequently, we suggested that HTO  
785 regulates the MAPK and NF- $\kappa$ B pathways and EB relates with the MAPK pathway.

786

## 787 **1. Materials and methods**

### 788 **2. 1. Materials**

789 *P. yezoensis* was purchased at Wondo, South Korea in February 2013, was ground and  
790 shifted through a 50 mesh standard testing sieve after dried by freeze dryer, and then the dried  
791 *P. yezoensis* was stored in refrigerator until use. All solvents used for preparation of crude  
792 sample and centrifugal partition chromatography (CPC) separation were of analytical grade  
793 (Daejung Chemicals & Metals Co., Seoul, Korea). High performance liquid chromatography  
794 (HPLC) grade solvents were purchased from Burdick & Jackson (MI, USA).  
795 Lipopolysaccharide (LPS) was purchased from sigma chemical Co., Ltd (ST. Louis, MO).  
796 Dulbecco's modified Eagle's medium (DMEM), fetal bovine serum (FBS) penicillin-  
797 streptomycin and trypsin-EDTA were obtained from Gibco/BRL (Grand Island, NY, USA). 3-  
798 (4,5-Dimethylthiazol-2-yl)-2,5-diphenyltetrazolium, dimethyl sulfoxide (DMSO) were  
799 purchased from Sigma (St. Louis, MO, USA). Other all reagents and solvents were purchased  
800 from Sigma (St. Louis, MO, USA).

801

### 802 **2. 2. Apparatus**

803 LLB-M high performance CPC (Sanki Engineering, Kyoto, Japan) was used as  
804 preparative CPC. The total cell volume is 240 mL. A four-way switching valve incorporated  
805 in the CPC apparatus allows operating in either the descending or the ascending mode. This

806 CPC system was equipped with a Hitachi 6000 pump (Hitachi, Japan), an L-4000 UV  
807 detector (Hitachi), and a Gilson FC 203B fraction collector (Gilson, France). The samples  
808 were manually injected through a Rheodyne valve (Rheodyne, CA, USA) with a 2 mL  
809 sample loop.

810 <sup>1</sup>H-NMR spectra were measured with a JEOL JNM-LA 300 spectrometer and <sup>13</sup>C-NMR  
811 spectra with a Bruker AVANCE 400 spectrometer. Mass spectra (FAB-MS and EIMS) were  
812 recorded on a JEOL JMS 700 spectrometer.

813

### 814 **2. 3. Preparation of crude extracts from *S. siliquastrum***

815 Dried *P. yezoensis*(60 g) was extracted three times for 24h with 70% EtOH at room  
816 temperature. The extract, concentrated in a rotary vacuum evaporator, partitioned with *n*-  
817 hexane, chloroform (CHCl<sub>3</sub>), ethyl acetate (EtOAc) and water, respectively, and then the  
818 concentrated the fractions was stored in a refrigerator for CPC separation.

819

### 820 **2. 4. CPC separation procedure**

821 The CPC experiments were performed using a two-phase solvent system composed of *n*-  
822 hexane:ethyl acetate (EtOAc):methanol (MeOH):water (9:1:9:1, v/v). The two phases were  
823 separated after thoroughly equilibrating the mixture in a separating funnel at room  
824 temperature. The upper organic phase was used as the stationary phase, whereas the lower  
825 aqueous phase was employed as the mobile phase. The CPC column was initially filled with  
826 the organic stationary phase and then rotated at 1000 rpm while the mobile phase was  
827 pumped into the column in the descending mode at the flow rate used for the separation (2  
828 mL/min). When the mobile phase emerged from the column, indicating that hydrostatic

829 equilibrium had been reached (back pressure : 3.7MPa), the concentrated n-hexane fraction  
830 (500mg) from 70% EtOH extract of *P. yezoensis*, which was dissolved in 6 mL of a 1:1 (v/v)  
831 mixture of the two CPC solvent system phases, was injected through the Rheodyne injection  
832 valve. The fractions were collected with 6 ml in 10 ml tube by a Gilson FC 203 B fraction  
833 collector. And the fractions from the CPC were confirmed by TLC analysis with mobile  
834 phase composed with n-hexane:EtOAc=3:1.

835

## 836 **2. 5. HPLC–DAD–ESI/MS analysis of purified compounds**

837 HPLC–DAD–ESI/MS analyses were carried out using a Hewlett-Packard 1100 series  
838 HPLC system equipped with an autosampler, a column oven, a binary pump, a DAD detector,  
839 and a degasser (Hewlett–Packard, Waldbronn, Germany) coupled to a Finnigan MAT LCQ  
840 ion-trap mass spectrometer (Finnigan MAT, San Jose, CA, USA) equipped with a Finnigan  
841 electrospray source and capable of analyzing ions up to  $m/z$  2000. Xcalibur software  
842 (Finnigan MAT) was used for the operation. The chromatographic conditions are identical to  
843 those described in Section 2.4 and the outlet of the flow cell was connected to a splitting  
844 valve, from which a flow of 0.2 mL/min was diverted to the electrospray ion source via a  
845 short length of fused silica tubing. Negative ion mass spectra of the column eluate were  
846 recorded in the range  $m/z$  100–2000. The source voltage was set to 4.5 kV and the capillary  
847 temperature to 250°C. The other conditions were as follows: capillary voltage, –36.5 V; inter-  
848 octapole lens voltage, 10 V; sheath gas, 80 psi (551.6 kPa); auxiliary gas, 20 psi (137.9 kPa).

849

## 850 **2. 6. Cell culture and cytotoxicity assay**

851 The murine macrophage cell line RAW 264.7 cells was grown in DMEM supplemented

852 with 10% (v/v) heat-inactivated FBS, penicillin (100 U/ml), and streptomycin (100 lg/ml).  
853 Cultures were maintained at 37°C in a 5% CO<sub>2</sub> incubator. RAW 264.7 cells (1.5 x 10<sup>5</sup>  
854 cells/ml) plated in 96-well plates were pre-incubated and then treated with LPS (1 µg/ml)  
855 plus aliquots of sample at 37°C for 24h. The medium was carefully removed from each well,  
856 and the LDH activity in the medium was determined using an LDH cytotoxicity detection kit.  
857 Briefly, 100 µl of reaction mixture were added to each well, and the reaction was incubated  
858 for 30 min at room temperature in the dark. The absorbance of each well was measured at  
859 490 nm using a UV spectrophotometer.

860

## 861 **2. 7. Determination of NO production**

862 After a 24 h pre-incubation of RAW 264.7 cells (1.5×10<sup>5</sup> cells/ml) with LPS (1 µg/ml),  
863 the quantity of nitrite accumulated in the culture medium was measured as an indicator of NO  
864 production (%). In brief, 100 µl of cell culture medium was mixed with 100 µl of Griess  
865 reagent (1% sulfanilamide and 0.1% naphthylethylenediamine dihydrochloride in 2.5%  
866 phosphoric acid), the mixture was incubated at room temperature for 10 min, and the  
867 absorbance at 540 nm was measured in a microplate reader. Fresh culture medium was  
868 employed as a blank in every experiment. The quantity of nitrite was determined from a  
869 sodium nitrite standard curve.

870

## 871 **2. 8. Measurement of pro-inflammatory cytokines (TNF-α, IL-1β) and PGE<sub>2</sub>** 872 **production**

873 All samples were solubilized with DMSO and diluted with PBS before treatment. The  
874 inhibitory effect of samples on the pro-inflammatory cytokines (IL-1β, TNF-α) and PGE<sub>2</sub>

875 production from LPS induced RAW 264.7 cells was determined using a competitive enzyme  
876 immunoassay (ELISA) kit according to the manufacturer's instructions.

877

## 878 **2. 9. Western blot analysis**

879 RAW 264.7 cells plated at  $2 \times 10^5$  cells/ml were treated with PYH5 and PYH6 purified  
880 from *P. yezoensis* and harvested. The cell lysates were prepared with lysis buffer (50 mmol/l  
881 Tris-HCl (pH 7.4), 150 mmol/l NaCl, 1% Triton X-100, 0.1% SDS and 1 mmol/l EDTA).  
882 The cell lysates were washed via centrifugation, and the protein concentrations in the lysates  
883 were determined using a BCA™ protein assay kit. The lysates containing 30 µg of protein  
884 were subjected to electrophoresis on 10% or 15% sodium dodecyl sulfate-polyacrylamide  
885 gels, and the gels were transferred onto nitrocellulose membranes (Bio-Rad, Hercules, CA,  
886 USA). The membranes were incubated with primary antibody against COX-2, iNOS, p38,  
887 phosphorylated p38 (pp38), extracellular signal-regulated kinase (ERK), phosphorylated  
888 ERK (pERK), nuclear factor-kappa B (NF-κB) p50 and p65 and β-actin in TTBS (25 mmol/l  
889 Tris-HCl, 137 mmol/l NaCl, 0.1% Tween 20, pH 7.4) containing 0.5% non-fat dry milk for 1  
890 hr. The membranes were then washed with TTBS and incubated with secondary antibodies.  
891 Signals were developed using an ECL Western blotting detection kit and exposed on X-ray  
892 films.

893

## 894 **2. 8. Statistical analysis**

895 All the measurements were made in triplicate and all values were represented as means ±  
896 standard error. The results were subjected to an analysis of the variance (ANOVA) using the  
897 Turkey test to analyze the difference. A value of  $p < 0.05$  was considered to indicate

898 statistical significance

899

## 900 **2. Results and discussion**

### 901 **3. 1. NO inhibitory effects of the fractions from 70% EtOH extract of *P. yezoensis***

902 To evaluate the anti-inflammatory activity of the fractions (*n*-hexane (PYH), CHCl<sub>3</sub>  
903 (PYC), EtOAc (PYE) and water (PYW)) from the 70% EtOH extract of *P. yezoensis*, their  
904 inhibitory activities against NO production (%) were measured in the LPS-stimulated RAW  
905 264.7 cells (**Fig. 1**) and the cytotoxicity were shown in **Fig. 2**. NO production in RAW 264.7  
906 cells stimulated with 1 µg/mL LPS was suppressed by the *P. yezoensis* fractions. Especially,  
907 PYH showed the strongest inhibitory activity against NO production (%) comparing with the  
908 other fractions and no cytotoxicity at all the concentrations.

909

### 910 **3. 2. Optimization of the two-phase solvent system**

911 Partition coefficient (*K*) for the selection of a suitable two-phase solvent system was the  
912 most important for the successful separation of the target samples by the preparative CPC. In  
913 order to choose the most efficient separation, several two-phase solvent ratios were applied  
914 with the different compositions and volume ratios of the two immiscible solvents such as *n*-  
915 hexane:EtOAc:MeOH:water (v/v). The most efficient isolation condition was then selected as  
916 9:1:9:1 (*n*-hexane:EtOAc:MeOH:water, v/v) through compare of target band size produced  
917 after reaction with H<sub>2</sub>SO<sub>4</sub> (**Fig. 3**). There is a great the band size gap between both top phase  
918 and bottom phase of most target compounds.

919

### 920 **3. 3. Separation of compounds by CPC**

921 The preparative CPC was operated in the Ascending mode (lower phase: stationary phase  
922 and upper phase: mobile phase, respectively) for efficiently isolation of the non-polar target  
923 compounds. The retention of the stationary phase in the coil retained 65%, and the pressure  
924 exhibited 3.7 MPa during the operation. The TLC data of vials collected through preparative  
925 CPC system was described in **Fig. 4**. We confirmed that there were six fraction (PYH1~6)  
926 including with the each same compounds and three compounds of PYH 2 were purified by  
927 preparative TLC. The HPLC-DAD-ESI/MS and NMR data of the compound in fraction B  
928 were identical to those of fucoxantin reported by Heo et al. (2009). The yields of fraction 1 ~  
929 6 isolated from 500 mg of the CHCl<sub>3</sub> fraction by the one-step of CPC system were 15.3 mg,  
930 5.7 mg (PYH2-1~3: 1.2, 2.3 and 2.4 mg), 23.8 mg, 4.5 mg, 3.8 mg and 3 mg, respectively.

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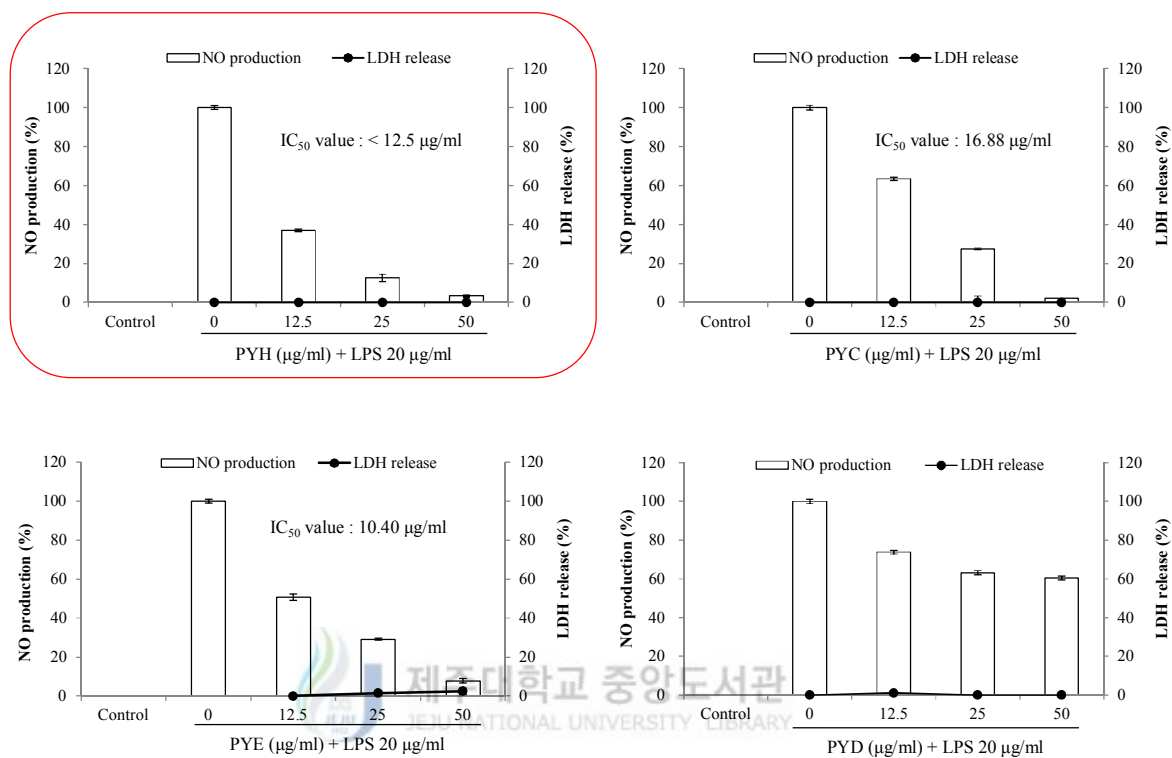
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948 **Fig. 4.** NO inhibitory effects of the fractions from 70% EtOH of *P. yezoensis* in LPS-

949 induced RAW 264.7 cells

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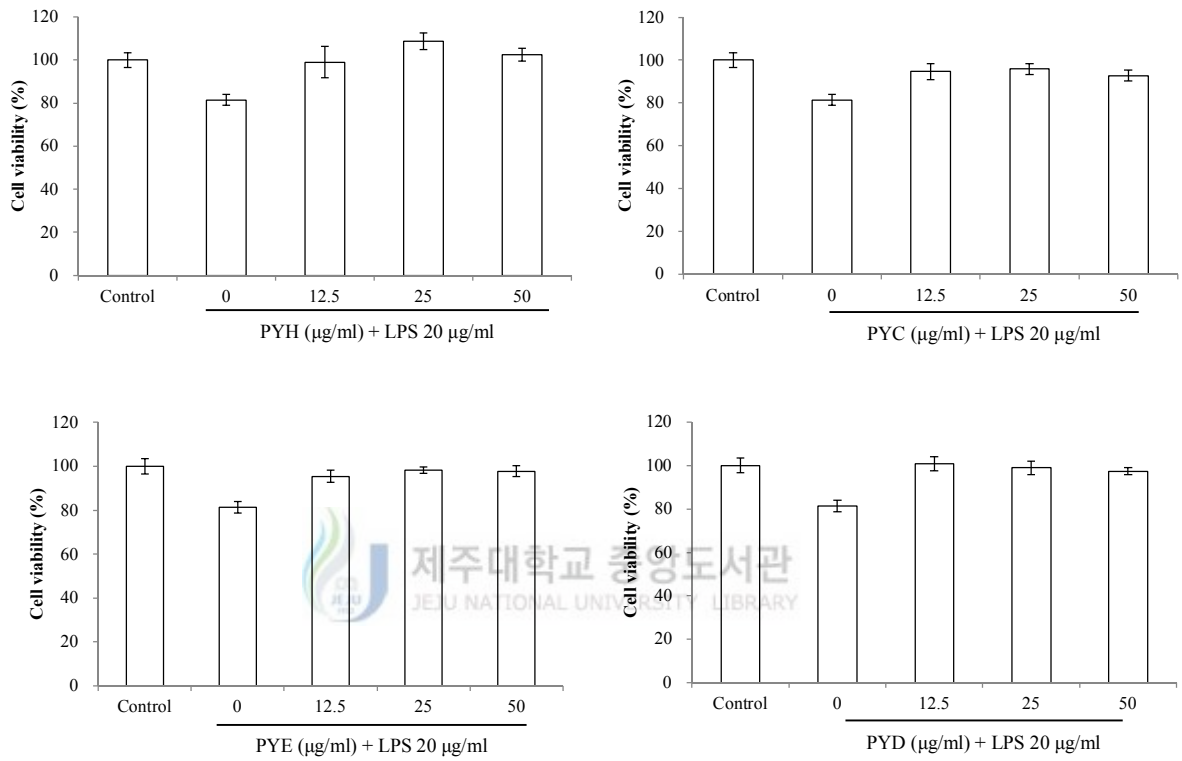
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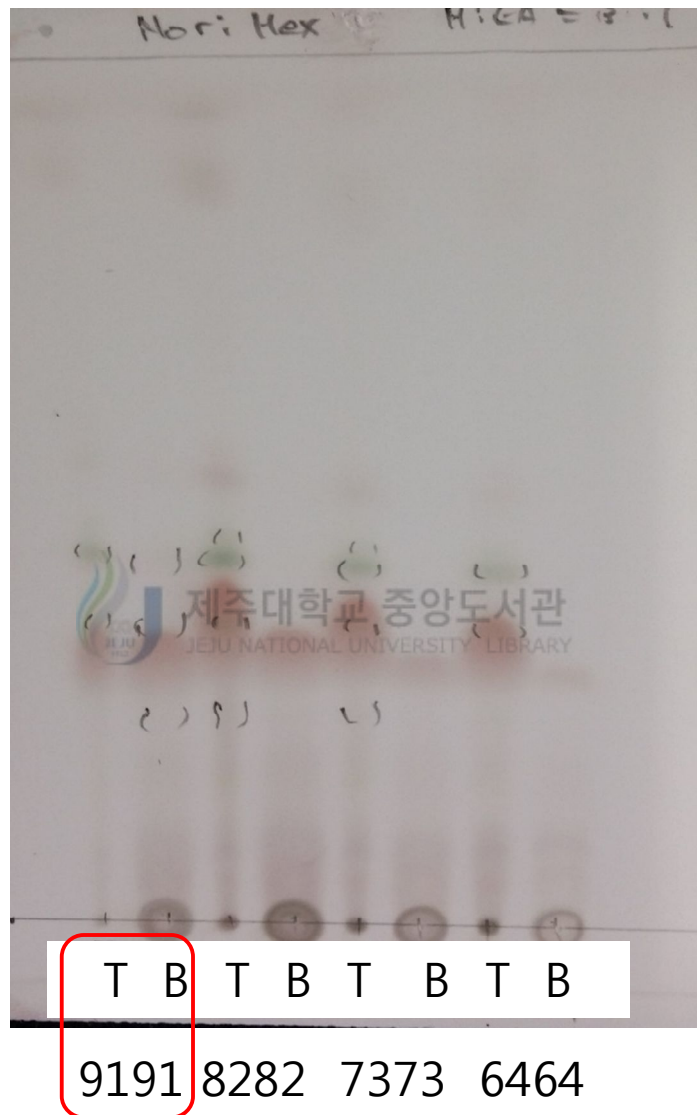
**Fig. 5.** Cytotoxicity of the fractions from 70% EtOH of *P. yezoensis* in LPS-induced RAW 264.7 cells

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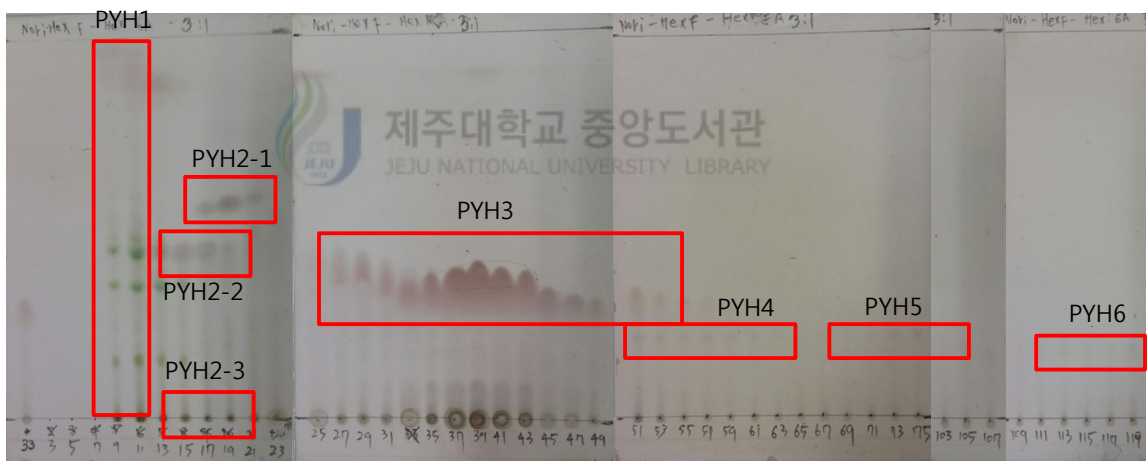
976 **Fig. 6.**TLC analysis data of n-hexane fraction from 70% EtOH extract to efficiently

977 operate the preparative CPC

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**Fig. 7.** TLC analysis data of the CPC fractions from n-hexane fraction

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### 1000 **3. 4. NO inhibitory effects of the compounds from n-hexane fraction of *P. yezoensis***

1001 To evaluate the anti-inflammatory activity of the compounds isolated from the n-hexane  
1002 fraction of *P. yezoensis*, the inhibitory activity against the NO production (%) were measured  
1003 in the LPS induced 267.4 RAW cells (**Fig. 5**). RAW 264.7 cells treated with the compounds  
1004 for 2h were then stimulated with 1 µg/ml LPS for the 24 h incubation. The culture  
1005 supernatants were used for the evaluation of NO production by Griess reaction. PYH 5and 6  
1006 showed the excellent inhibitory activity against NO production (%) and their cytotoxicity did  
1007 not show at below 25 µg/ml, therefore all following experiments were progressed at  
1008 concentrations below 25 µg/ml.

1009



### 1010 **3. 5. Structural identification of anti-inflammatory compounds**

1011 The identification of PYH5 and 6 among the CPC fractions was carried out by <sup>1</sup>H NMR, <sup>13</sup>C  
1012 NMR and HPLC–DAD–ESI/MS (positive ion mode). PYH5 and 6were confirmed as  
1013 (11Z,13E,15E)-17-(5-hydroxycyclohexa-1,3-dienyl)heptadeca-11,13,15-trien-2-oneand 1-  
1014 ethyl-3-(3-(3-methylbutan-2-yl)-14-phenyltetra -decyl)benzene, respectively (**Fig. 6**).

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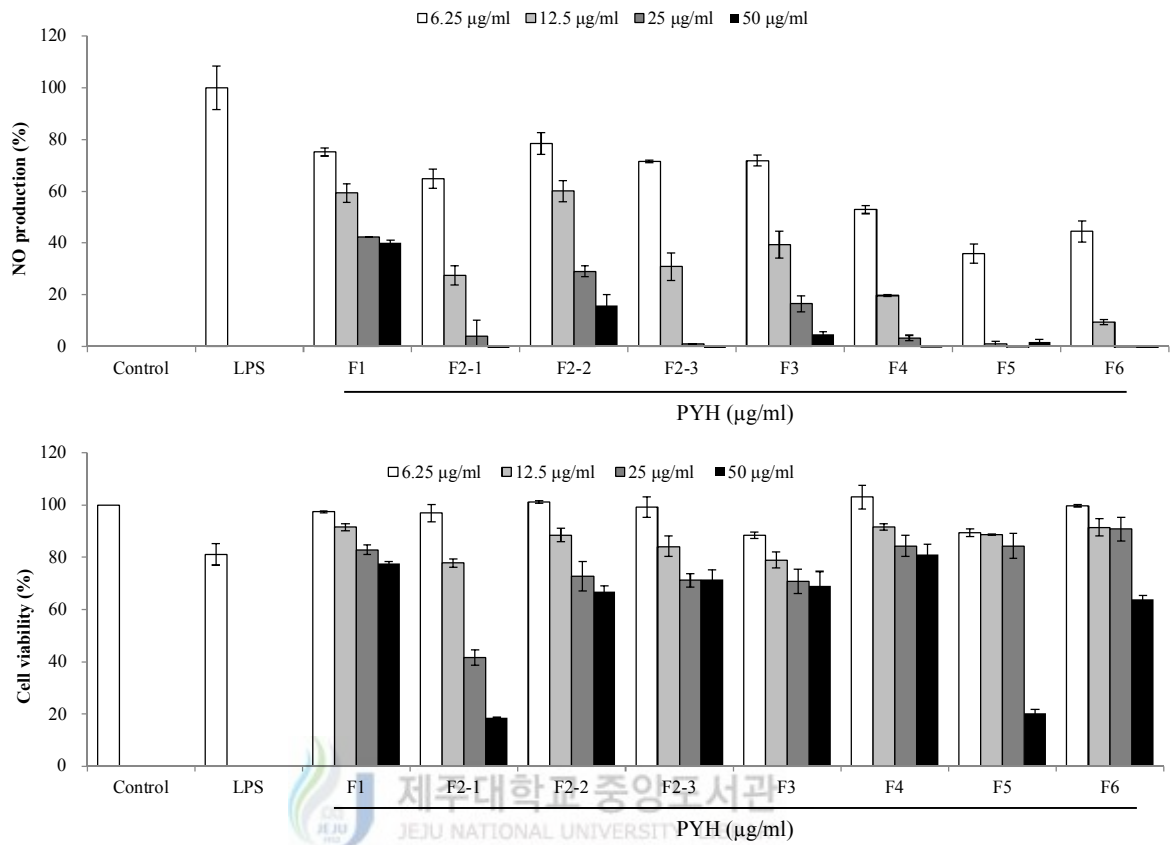
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1022 **Fig. 8.** NO inhibitory effects and cytotoxicity of the CPC fractions in LPS-induced RAW

1023 264.7 cells

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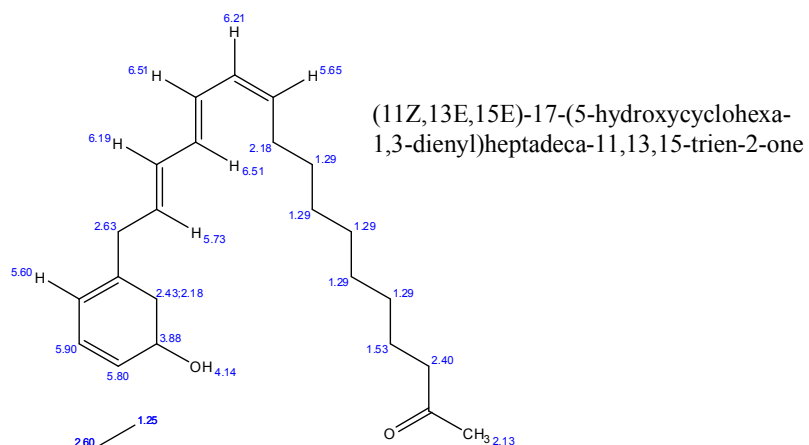
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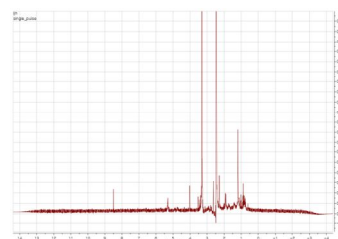
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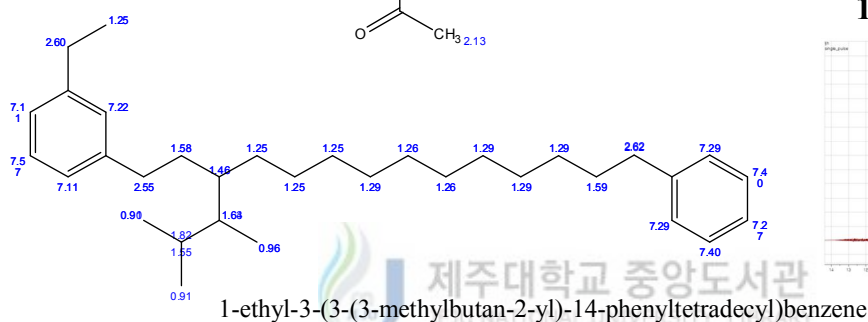
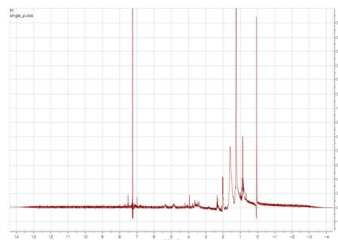
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**<sup>1</sup>H NMR for PYH5**



**<sup>1</sup>H NMR for PYH6**



1035

**Fig. 9.**Chemical structures and proton NMR data of PYH5 and 6

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1045 **3. 6. PYH5 inhibited release of PGE<sub>2</sub> and protein expression of COX-2 and iNOS in**

1046 **LPS-induced RAW 264.7 macrophages**

1047 The production of PGE<sub>2</sub> was significantly increased upon the LPS treatment when  
1048 compared with the untreated control group. However, PYH5 dose-dependently decreased the  
1049 LPS-stimulated PGE<sub>2</sub> production (**Fig. 7(A)**). The protein expression of COX-2 and iNOS  
1050 were significantly increased upon the LPS treatment when compared with the untreated  
1051 control group. However, PYH5 prominently suppressed the LPS-stimulated COX-2 and  
1052 iNOS protein expression in a dose dependent manner (**Fig. 8**).

1053

1054 **3. 7. PYH5 decreased pro-inflammatory cytokines released by LPS-stimulation in**  
1055 **RAW 264.7 macrophages**

1056 The pro-inflammatory cytokines produced from macrophages, are the key components of  
1057 inflammation. Therefore, the effect of PYH5 on the production levels of the inflammatory  
1058 cytokines TNF- $\alpha$  and IL-1 $\beta$  were investigated by ELISA kit using the conditioned media of  
1059 LPS-stimulated RAW 264.7 macrophages. The LPS stimulation significantly increased the  
1060 production of pro-inflammatory cytokines TNF- $\alpha$  and IL-1 $\beta$  compared to the non-stimulated  
1061 blank groups. The LPS induced production of TNF- $\alpha$  and IL-1 $\beta$  showed a significant  
1062 concentration dependent decrease following the treatment of PYH5 (**Fig. 7(B) and (C)**).

1063

1064 **3. 8. PYH5 affected phosphorylation of NF- $\kappa$ B and MAPK in LPS-induced RAW**  
1065 **264.7 macrophage**

1066 Phosphorylation of NF- $\kappa$ B, ERK<sub>1/2</sub>, and p38 MAPK were caused by LPS-stimulation  
1067 within 15 min in macrophage RAW 264.7 cells. However, PYH5 significantly suppressed the  
1068 phosphorylation of ERK<sub>1/2</sub> whereas didn't affect to p38 MAPK. PYH5 strongly reduced the

1069 phosphorylation of NF- $\kappa$ B in the cytosol of the LPS-stimulated macrophages (**Fig. 9 and 10**).  
1070 These results exhibited that PYH5 might effectively block NF- $\kappa$ B and MAPK signal  
1071 transduction in the activated macrophage RAW 264.7 cells.

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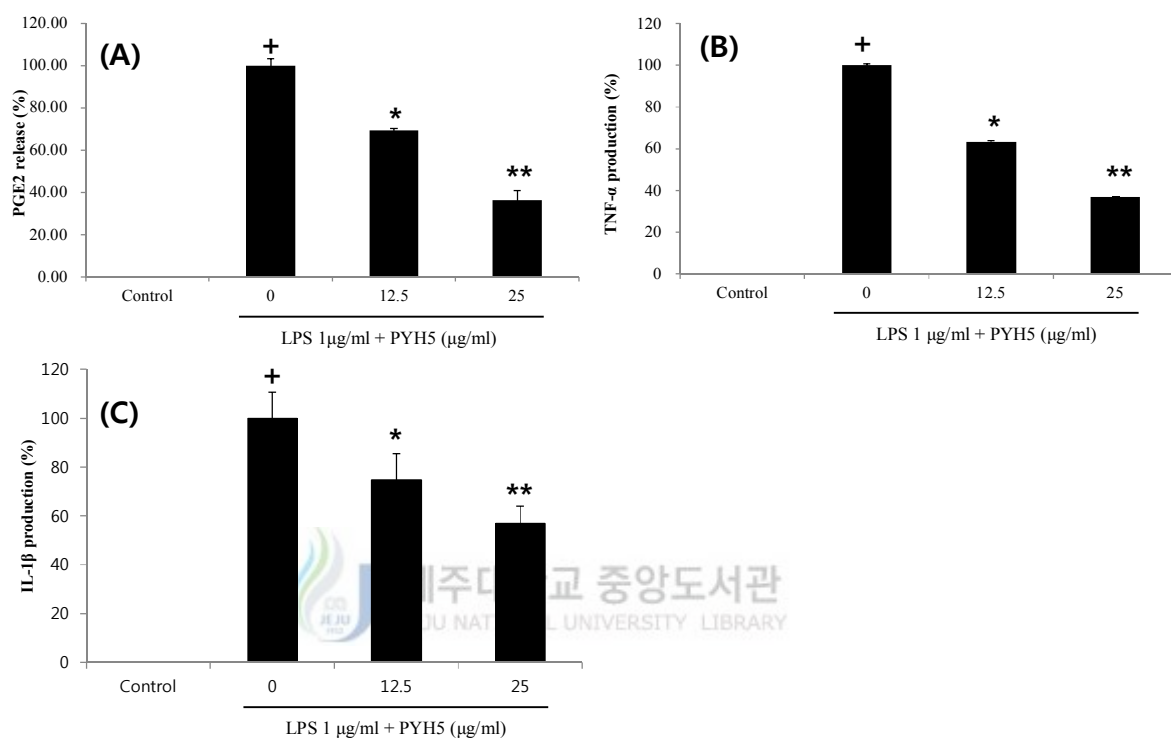
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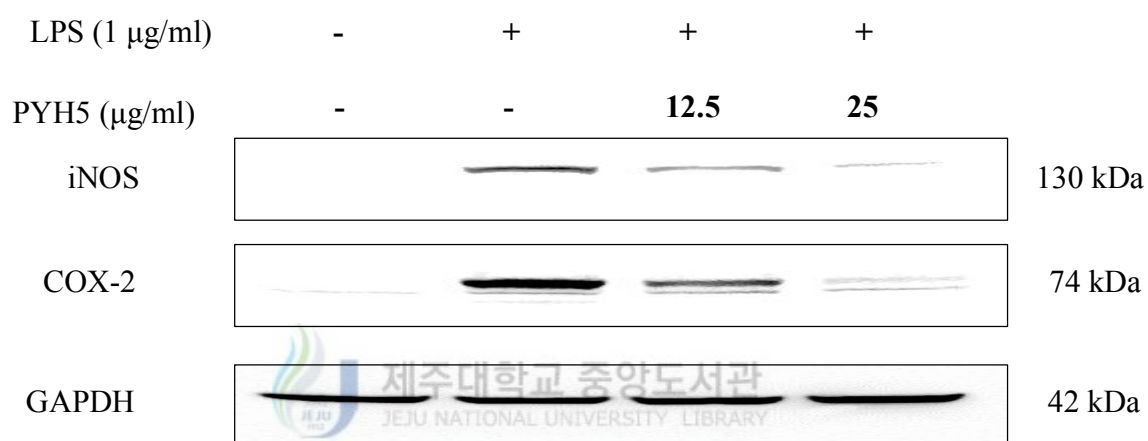
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**Fig. 10.** Pro-inflammatory cytokines inhibitory effect of PYH5 from the n-hexane fraction in LPS-induced RAW 264.7 cells. (A) PGE2, (B) TNF- $\alpha$ , and (C) IL-1 $\beta$ .

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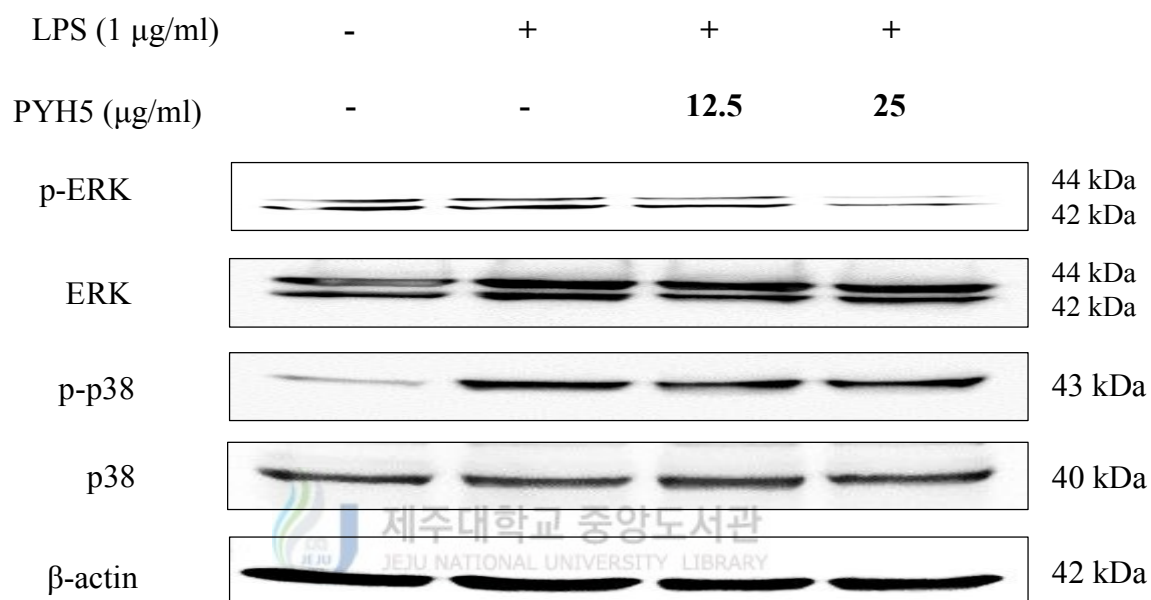


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1114 **Fig. 11.** Pro-inflammatory protein inhibitory effect of PYH5 from the n-hexnae fractions  
1115 in LPS-induced RAW 264.7 cells

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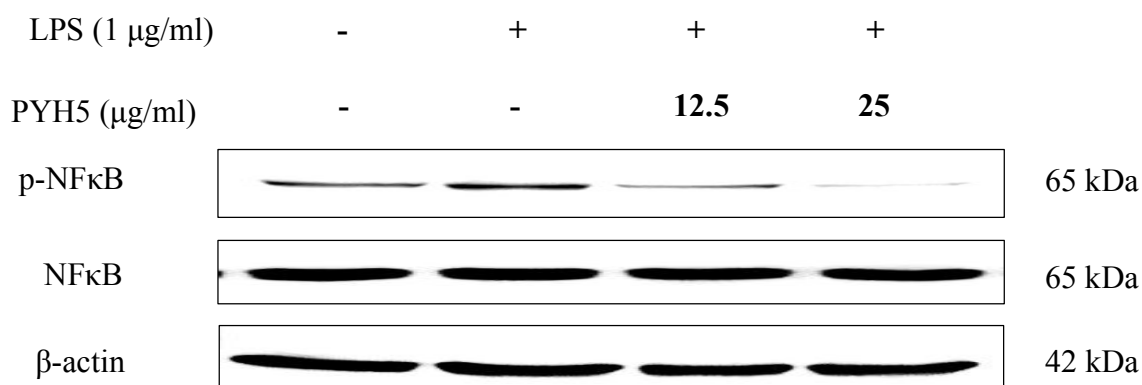
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**Fig. 12.** MAPKs proteins inhibitory effect of PYH5 from the n-hexnae fractions in LPS-induced RAW 264.7 cells

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1146 **Fig. 13.** NF- $\kappa$ B proteins inhibitory effect of PYH5 from the n-hexnae fractions in LPS-  
1147 induced RAW 264.7 cells



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1156 **3. 9. PYH6 inhibited release of PGE<sub>2</sub>, and protein expression of COX-2 and iNOS in**  
1157 **LPS-induced RAW 264.7 macrophages**

1158 The production of PGE<sub>2</sub> was significantly increased upon the LPS treatment when  
1159 compared with the untreated control group. However, PYH6 dose-dependently decreased the  
1160 LPS-stimulated PGE<sub>2</sub> production (**Fig. 11(A)**). The protein expressions of COX-2 and iNOS  
1161 were significantly increased upon the LPS treatment when compared with the untreated  
1162 control group. However, PYH6 prominently suppressed the LPS-stimulated COX-2 and  
1163 iNOS proteins expression in a dose dependent manner (**Fig. 12**).

1164

### 1165 **3. 5. PYH6 decreased pro-inflammatory cytokines released by LPS-stimulation in** 1166 **RAW 264.7 macrophages**

1167 The pro-inflammatory cytokines produced from macrophages, are the key components of  
1168 inflammation. Therefore, the effect of PYH6 on the production levels of the inflammatory  
1169 cytokines TNF- $\alpha$  and IL-1 $\beta$  were investigated by ELISA kit using the conditioned media of  
1170 LPS-stimulated RAW 264.7 macrophages. The LPS stimulation significantly increased the  
1171 production of pro-inflammatory cytokines TNF- $\alpha$  and IL-1 $\beta$  compared to the non-stimulated  
1172 blank groups. The LPS induced production of TNF- $\alpha$  and IL-1 $\beta$  showed a significant  
1173 concentration dependent decrease following the treatment of PYH6 (**Fig. 11(B) and (C)**).

1174

### 1175 **3. 6. PYH6 affected phosphorylation of NF- $\kappa$ B and MAPK in LPS-induced RAW** 1176 **264.7 macrophage**

1177 Phosphorylation of NF- $\kappa$ B, ERK<sub>1/2</sub>, and p38 MAPK were caused by LPS-stimulation  
1178 within 15 min in macrophage RAW 264.7 cells. However, PYH6 significantly suppressed the  
1179 phosphorylation of ERK<sub>1/2</sub> and p38 MAPK whereas didn't affect to the phosphorylation of  
1180 NF- $\kappa$ B in the cytosol of the LPS-stimulated macrophages (**Fig. 13 and 14**). These results

1181 exhibited that PYH6 might effectively block MAPK signal transduction in the activated  
1182 macrophage RAW 264.7 cells.

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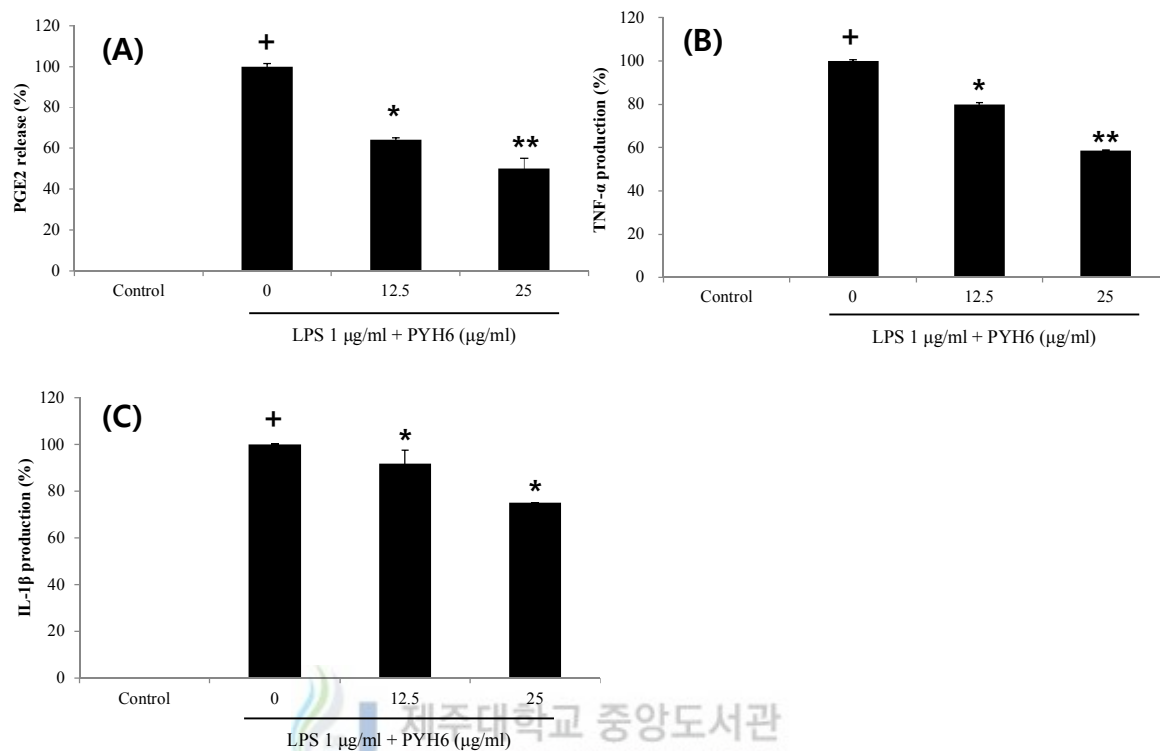
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1207 **Fig. 14.** Pro-inflammatory cytokines inhibitory effect of PYH6 from the n-hexane fraction  
1208 in LPS-induced RAW 264.7 cells. (A) PGE2, (B) TNF- $\alpha$ , and (C) IL-1 $\beta$ .

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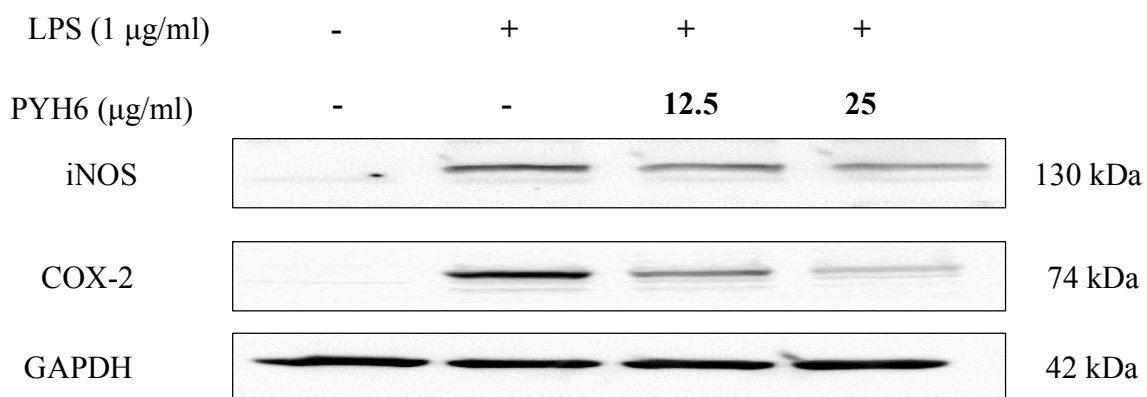
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1222 **Fig. 15.** Pro-inflammatory protein inhibitory effect of PYH6 from the n-hexnae fractions

1223 in LPS-induced RAW 264.7 cells

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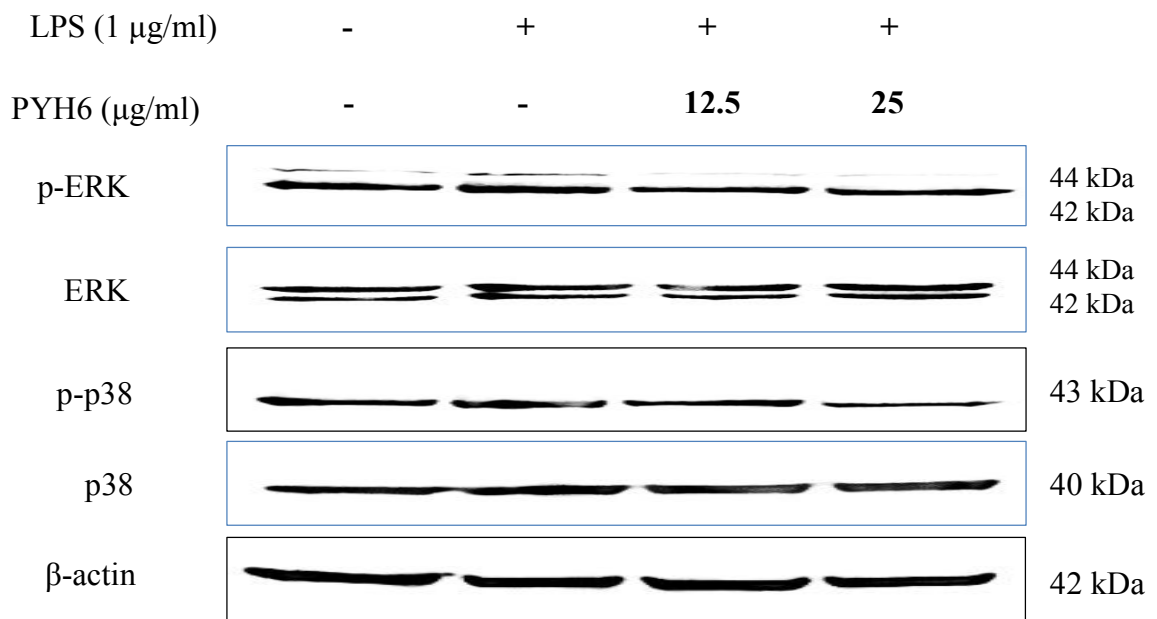
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1239 **Fig. 16.** MAPKs proteins inhibitory effect of PYH6 from the n-hexnae fractions in LPS-  
1240 induced RAW 264.7 cells

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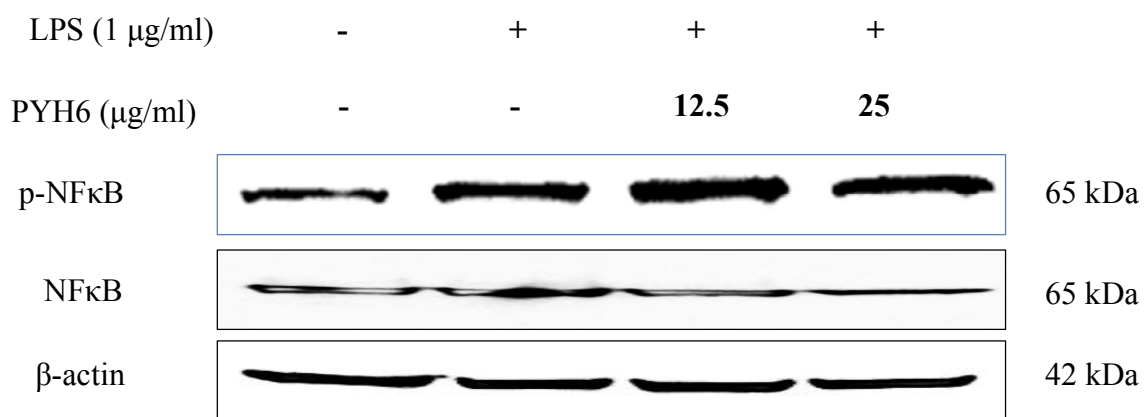
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1256 **Fig. 17.** NF- $\kappa$ B proteins inhibitory effect of PYH6 from the n-hexnae fractions in LPS-  
1257 induced RAW 264.7 cells



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### Part-III

1270 **Potential anti-diabetes compound from *Pyropia yezoensis*,**

1271 **a marine red alga regulates glucose transporter, GLUT-4**

1272 **translocation through AKT and AMPK pathways**

1273

#### 1274 **Abstract**

1275 This study demonstrated on anti-diabetes mechanism of compounds from *Pyropia*

1276 *yezoensis*, a marine red alga. Among the fractions (*n*-hexane (PYH), CHCl<sub>3</sub> (PYC), EtOAc

1277 (PYE) and water (PYW)) from the 70% EtOH extract of *P. yezoensis*, PYH showed the

1278 strongest inhibitory activity on  $\alpha$ -glucosidase (%) comparing with the other fractions. And

1279 (E)-5-(8-hydroxynon-6-enyl)cyclohexa-2,4-dienol (C24D) among seven compounds from

1280 PYH showed the strongest inhibitory activity on  $\alpha$ -glucosidase as well as increased glucose

1281 uptake level without cytotoxicity on C2C12 mouse muscle cells, whereas other six

1282 compounds didn't affect to glucose uptake at all concentrations. Glucose transporter, GLUT4

1283 was controlled by AKT and AMPK pathways, so we evaluated role of C24D for AKT and

1284 AMPK pathways. Insulin only upregulated the phosphor-AKT protein, whereas

1285 C24D increased the activation of phosphor-AKT and -AMPK proteins, also PI3K and AMPK

1286 inhibitors restricted the GLUT-4 expression in cytosol of C2C12 under the treatment of C24D.

1287 *In vivo* results, the blood glucose level in zebrafish which damaged by alloxan slightly was

1288 decreased whereas, C24D strongly decrease the level of blood glucose level. Thus, blood

1289 glucose level increased in alloxan damaged zebrafish by administration of starch was  
1290 regulated by C24D. Consequently, (E)-5-(8-hydroxynon-6-enyl)cyclohexa-2,4-dienol was  
1291 main agent of anti-diabetes in *P. yezoensis*. And we suggest that C24D inhibits the activation  
1292 of glucosidase *in vitro* and *in vivo* and regulates the GLUT-4 via AKT and AMPK pathways.

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## 1295 **1. Materials and methods**

### 1296 **2. 1. Inhibition assay for $\alpha$ -glucosidase activity**

1297 The  $\alpha$ -glucosidase inhibitory assay was done by the chromogenic method described by  
1298 Watanabe et al., (1997) using a readily available yeast enzyme. Briefly, yeast  $\alpha$ -glucosidase  
1299 (0.7 U, Sigma) was dissolved in 100 mM phosphate buffer (pH 7.0) containing 2 g/l bovine  
1300 serum albumin and 0.2 g/l  $\text{NaN}_3$  and used as an enzyme solution. 5 mM p-Nitrophenyl- $\alpha$ -D-  
1301 glucopyranoside in the same buffer (pH 7.0) was used as a substrate solution. The 50  $\mu\text{l}$  of  
1302 enzyme solution and 10  $\mu\text{l}$  of sample dissolved in dimethylsulfoxide were mixed in a  
1303 microtiter plate and measured absorbance at 405 nm at zero time. After incubation for 5 min,  
1304 substract solution (50  $\mu\text{l}$ ) was added and incuvated for another 5 min at room temperature.  
1305 The increase in the absorbance from zero time was measured. Percent inhibitory activity was  
1306 expressed as 100 minus relative absorbanve difference (%) of test compounds to absorbance  
1307 change of the control where test solution was replaced by carrier solvent.

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### 1309 **2. 2. Cell culture**

1310 Mouse myoblast C2C12 cells were maintained in high glucose-DMEM supplemented  
1311 with 10% heat-inactivated FBS, penicillin (100 U/ml) and streptomycin (100  $\mu\text{g}/\text{ml}$ ).

1312 Cultures were maintained at 37°C in 5% CO<sub>2</sub> incubator. For differentiation the cells were  
1313 seeded in appropriate culture plates, and after sub-confluence (about 80%), the medium was  
1314 changed to DMEM containing 2% horse serum for 7 days, with medium changes every day.  
1315 All experiments were performed in differentiated C2C12 myotubes after 7 days.

1316

### 1317 **2. 3. Glucose uptake assay**

1318 C2C12 cells were seeded in a 24-wells plate. After differentiation, the cells were starved  
1319 in serum-free low glucose DMEM for 12 h, and then washed with PBS and incubated with  
1320 fresh serum-free low glucose DMEM. After that, the cells were treated without or with 100  
1321 µg/ml of samples for 3 h. Glucose uptake was measured by glucose concentration in the  
1322 media solution using glucose oxidase assay kit (Asan Pharmaceutical corp., Korea).

1323

### 1324 **2. 4. Experimental animals**



1325 Adult zebrafish were obtained from a commercial dealer (Seoul Aquarium, Seoul, Korea)  
1326 and 15 fishes were kept in a 3.5 L acrylic tank under the following conditions; 28.5 ± 1 °C,  
1327 and fed twice a day (Tetra GmgH D-49304 Melle Made in Germany) with a 14/10 h  
1328 light/dark cycle. The zebrafish were exposed of 2 mg/mL alloxan for 1 h and transferred to  
1329 1% glucose during 1 h. And then, the solution was changed to water for 1 h. The zebrafish  
1330 were anesthetized using 2-phenoxy ethanol (1:1000 dilution). The zebrafish were divided to 4  
1331 groups, the normal (alloxan-untreated) as well as alloxan-induced diabetic zebrafish without  
1332 (control) and with PYH4 or Metformin(Met) (1 µg/g body weight).

1333

### 1334 **2. 5. Measurement of blood glucose level**

1335 The Zebrafish was anesthetized by 2-phenoxy ethanol and removed from the water by  
1336 Kimwipe. After, blood sample was taken from the heart at 0, 60, 90, 120 min. Approximately  
1337 1  $\mu$ L of blood rapidly transferred to a glucometer strip (Roche Diagnostics GmbH, Germany).

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## 1340 **2. Results and discussion**

### 1341 **3. 1. $\alpha$ -glucosidase inhibitory effect of the fractions from 70% EtOH extract of *P.*** 1342 ***yezoensis***

1343 The  $\alpha$ -glucosidase inhibitory activities of the fractions (*n*-hexane (PYH), CHCl<sub>3</sub> (PYC),  
1344 EtOAc (PYE) and water (PYW)) from the 70% EtOH extract of *P. yezoensis* were showed in  
1345 **Fig. 15**. PYH showed the strongest inhibitory activity against  $\alpha$ -glucosidase (%) comparing  
1346 with the other fractions and its IC<sub>50</sub> value was 0.512 mg/ml.

1347

### 1348 **3. 2. $\alpha$ -glucosidase inhibitory effects of the compounds from n-hexane fraction of *P.*** 1349 ***yezoensis***

1350 To evaluate the  $\alpha$ -glucosidase inhibitory activity of the compounds isolated from the n-  
1351 hexane fraction of *P. yezoensis*, the inhibitory activity against the  $\alpha$ -glucosidase (%) were  
1352 measured by diminishing the absorption of glucose decomposed from starch by these ezymes  
1353 (Hara and Honda, 1990) (**Fig. 16**). PYH4 among seven compounds (PYH2-1~6) from PYH  
1354 showed the strongest inhibitory activity against  $\alpha$ -glucosidase (%) whereas other six  
1355 compounds showed very low inhibitory activities of below 50% at all concentrations. Also,  
1356 PYH4 extremely inhibited  $\alpha$ -glucosidase comparing with positive control, acarbose.

1357

1358 **3. 3. Glucose uptake effects of the compounds from n-hexane fraction of *P. yezoensis***

1359 To evaluate the glucose uptake activity of the compounds isolated from the n-hexane  
1360 fraction of *P. yezoensis*, the inhibitory activity against the  $\alpha$ -glucosidase (%) were measured  
1361 by glucose concentration in the media solution using glucose oxidase assay kit (Asan  
1362 Pharmaceutical corp., Korea) (Fig. 17). PYH4 among seven compounds (PYH2-1~6) from  
1363 PYH showed the strongest activity of glucose uptake without cytotoxicity on C2C12 cells,  
1364 whereas other six compounds didn't affect to glucose uptake at all concentrations.

1365

1366 **3. 4. Structural identification of  $\alpha$ -glucosidase inhibitory compounds**

1367 The identification of PYH4 among the CPC fractions was carried out by  $^1\text{H}$  NMR,  $^{13}\text{C}$   
1368 NMR and HPLC–DAD–ESI/MS (positive ion mode). PYH4 was confirmed as (E)-5-(8-  
1369 hydroxynon-6-enyl)cyclohexa-2,4-dienol (Fig. 18).

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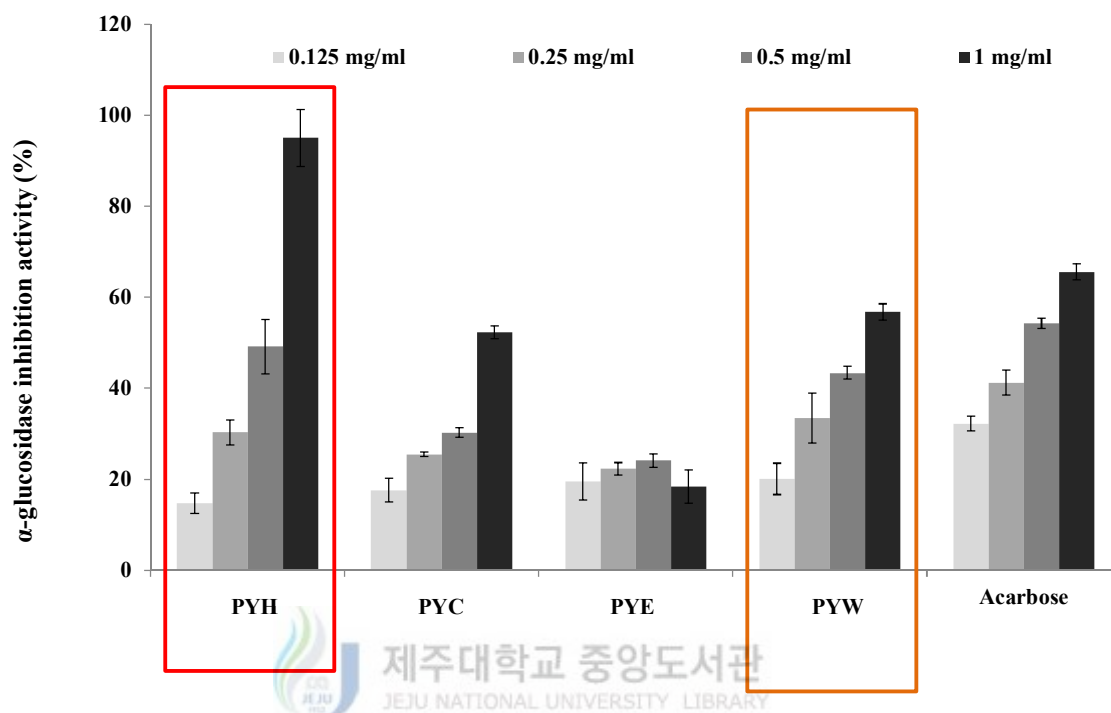
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1385 **Fig. 18.** α-glucosidase inhibitory effects of the fractions from 70% EtOH extract of *P.*

1386 *yezoensis*

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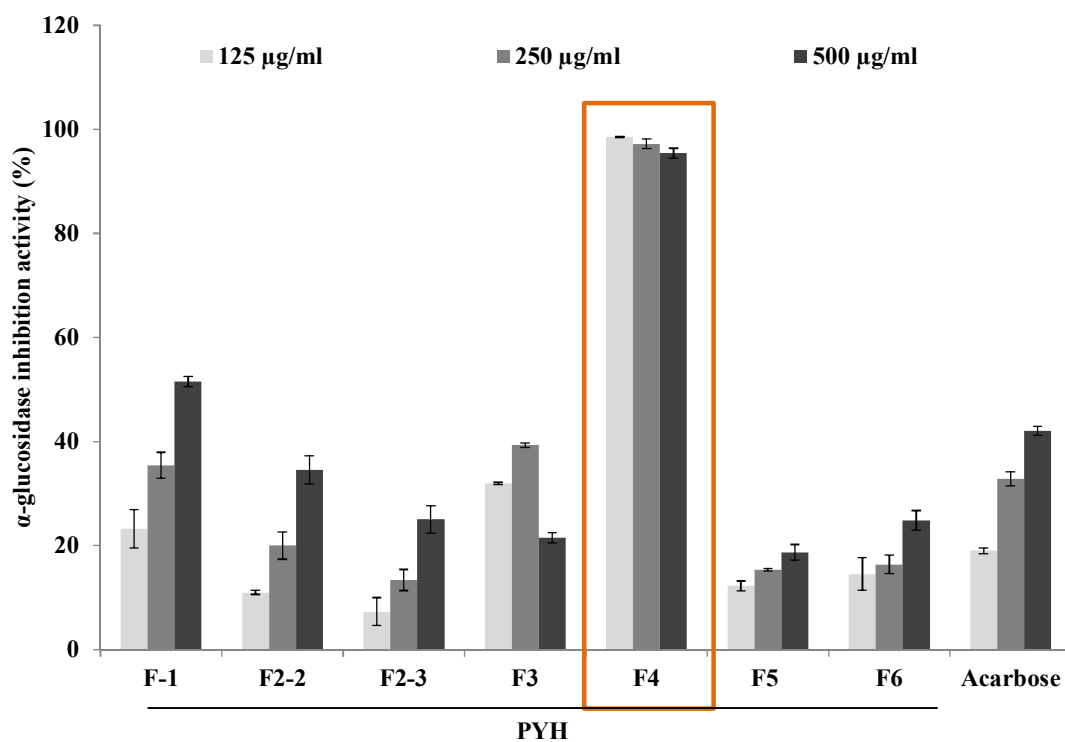
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IC <sub>50</sub> (mg/ml)	0.47	>0.5	>0.5	>0.5	<0.13	>0.5	>0.5	>0.5
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1397 **Fig. 19.**  $\alpha$ -glucosidase inhibitory effects of the CPC fractions from n-hexane of *P.*

1398 *yezoensis* and their IC<sub>50</sub> values

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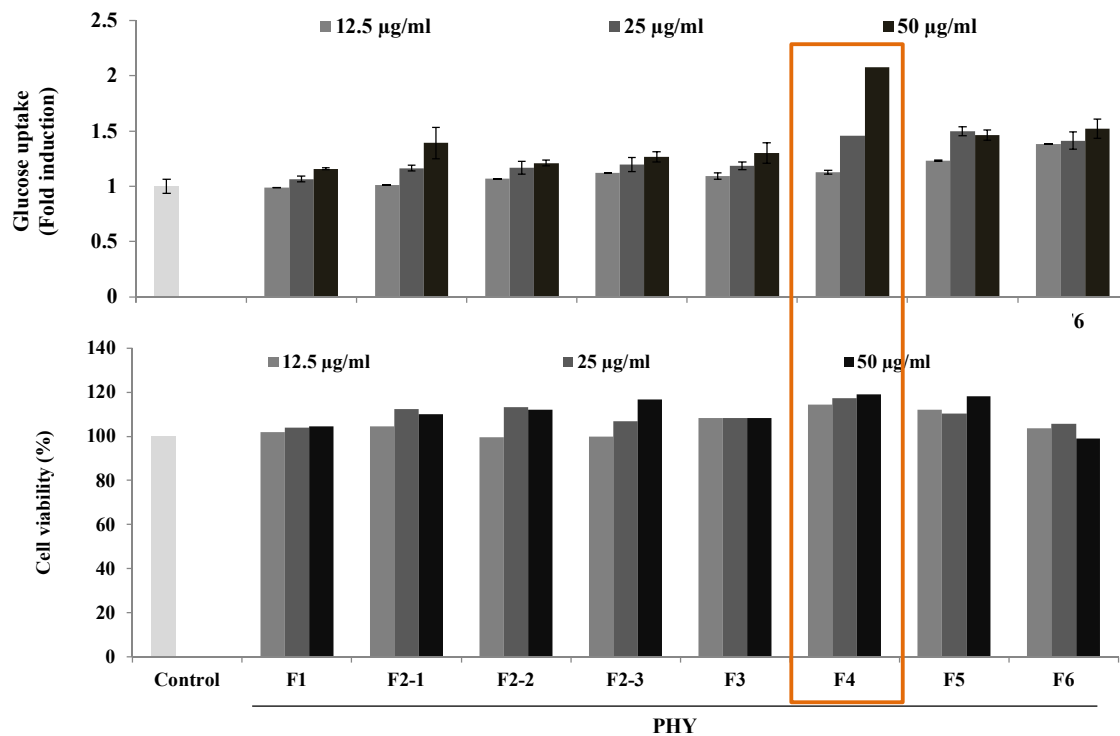
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1411 **Fig. 20.**Glucose uptake effects of the CPC fractions from n-hexane of *P. yezoensis* in

1412 C2C12 mouse muscle cells.

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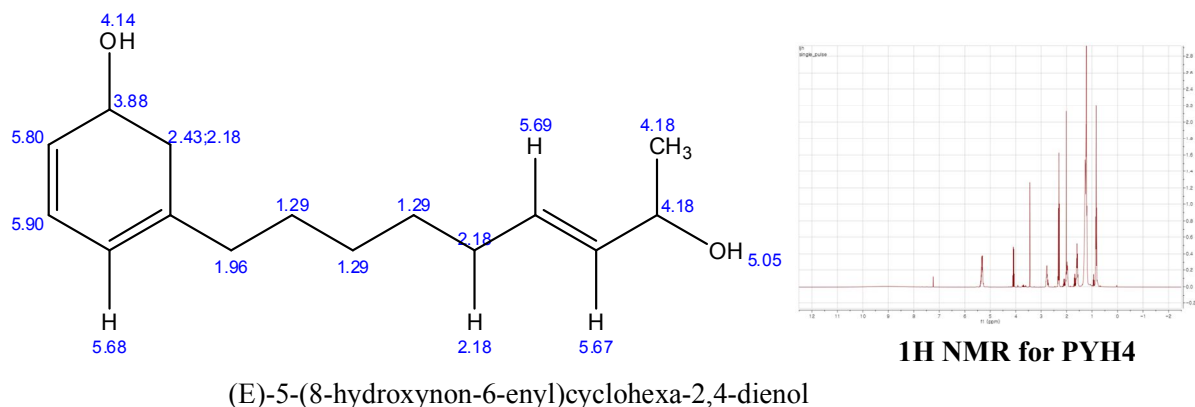
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1426 **Fig. 21.**Chemical structure and proton NMR data of PYH4 from *P. yezoensis*.

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### 1435 **3. 5. $\alpha$ -glucosidase inhibitory effect of PYH4 from *P. yezoensis***

1436 The  $\alpha$ -glucosidase inhibitory activities of PYH4 as increase of the concentration were

1437 showed in **Fig. 19**. The positive control, acarbose showed  $\alpha$ -glucosidase inhibitory activities

1438 of below 50% in all concentrations whereas PYH showed very strong inhibitory activity

1439 against  $\alpha$ -glucosidase (%)and its IC<sub>50</sub> value was 74 $\mu$ g/ml.

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### 3. 6. Change of blood glucose level by PYH4 in alloxan stimulated diabetic zebrafish

The change of level of glucose in the blood by PYH4 isolated from the n-hexane fraction of *P. yezoensis* Alloxane stimulated diabetic zebrafish model, exhibited in **Fig. 20**. The blood glucose level of control group was slightly decreased as increase of time whereas PYH4 similarly decreased the glucose level of blood with positive control, metformin.

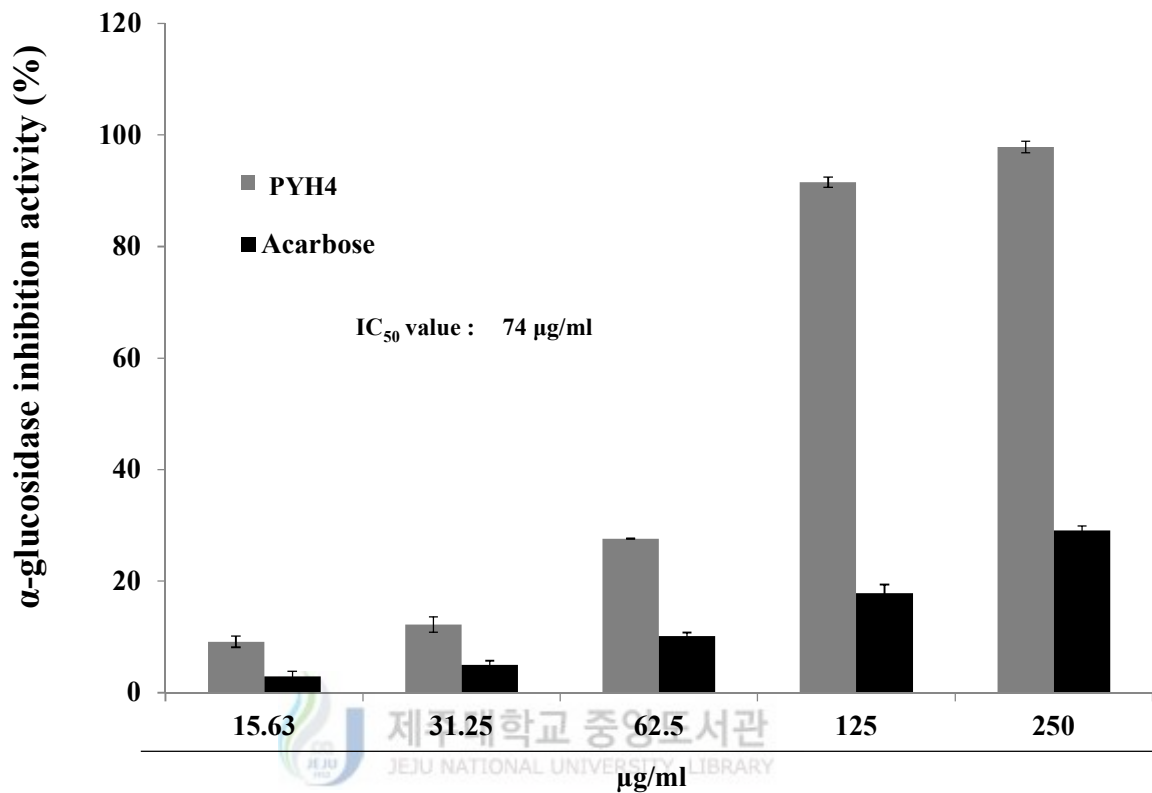
### 3. 7. Glucose uptake effect of PYH4 via AKT and AMPK pathways

The glucose uptake is generated by activation of glucose transporter, GLUT4 via AKT and AMPK pathways. Insulin (INS) induced the strong expression of phosphor-AKT protein whereas didn't affect to expression of phosphor-AMPK protein. PYH4 increased the expression of phosphor-AMPK and AKT proteins in dose dependent manners (**Fig. 21**).



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1466 **Fig. 22.**  $\alpha$ -glucosidase inhibitory effects of PYH4 from n-hexane of *P. yezoensis*.

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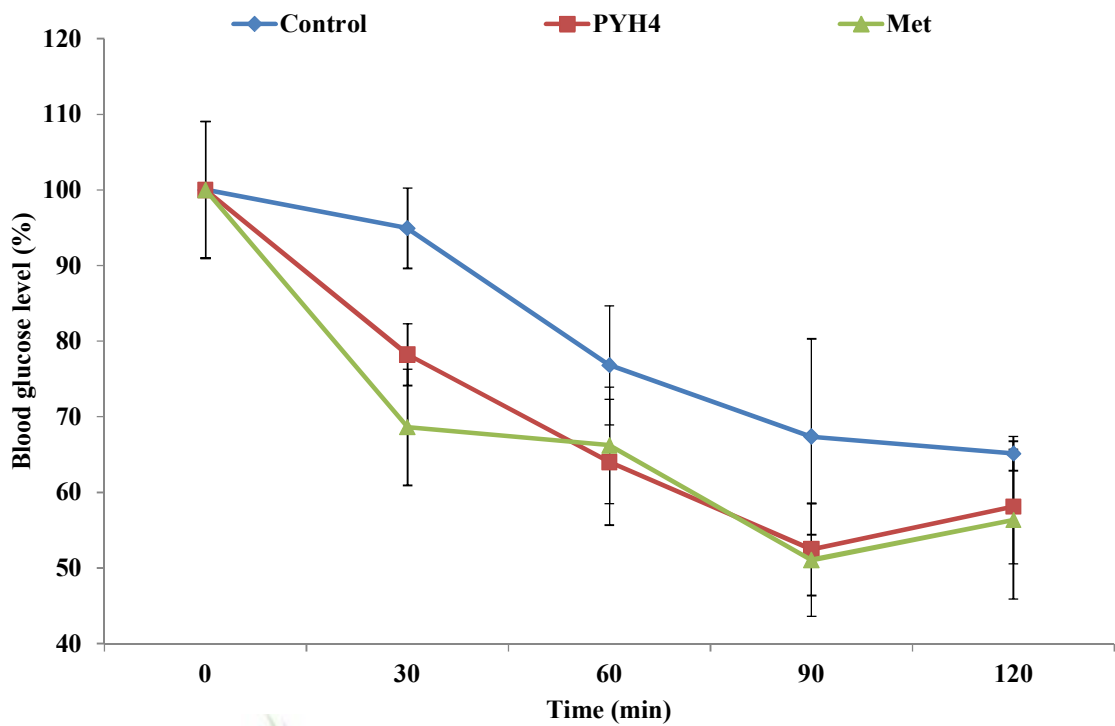
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1478 **Fig. 23.** Blood glucose level inhibitory effect of PYH4 from n-hexane of *P. yezoensis*

1479 alloxan stimulated zebrafish

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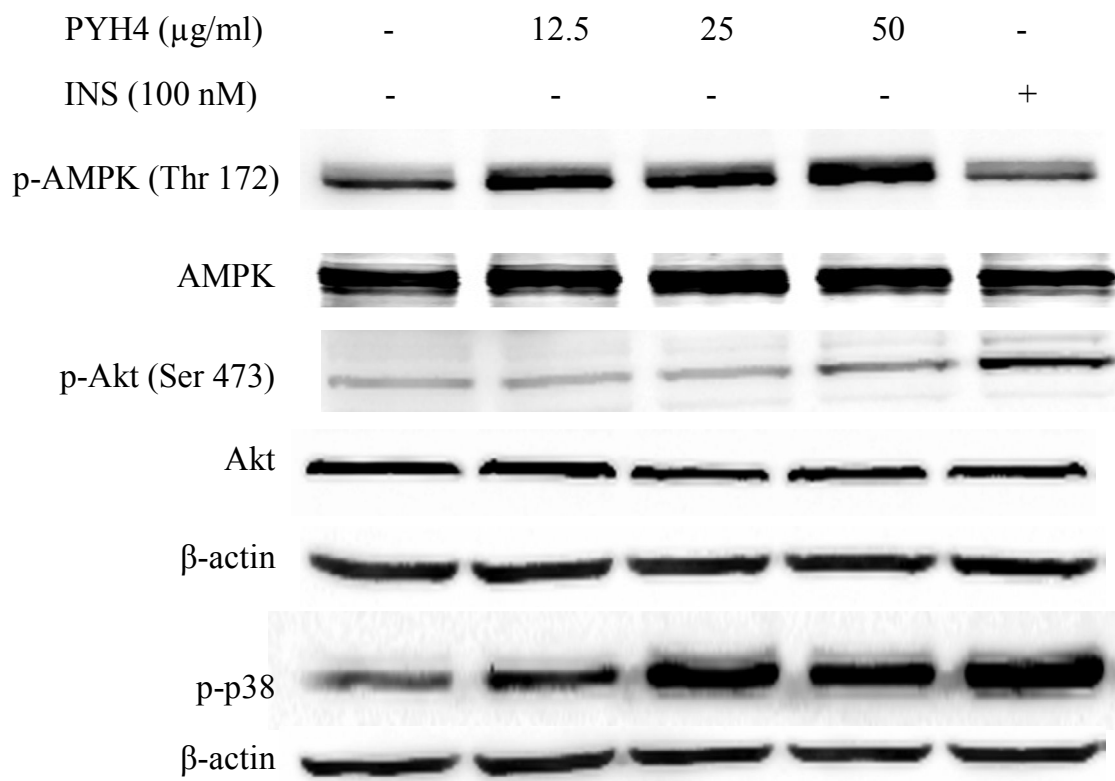
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 1489 **Fig. 24.** Expression effects of PYH4 from n-hexane of *P. yezoensis* on AMPK and AKT  
 1490 proteins



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 1497 **Part-V**

1498 **Development of liver inflammatory and cirrhosis**  
 1499 **models of adult zebrafish induced by ethanol and CCl<sub>4</sub>**

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## 1501 **1. Abstract**

1502 This study focus on development of liver cirrhosis model of zebrafish by ethanol (EtOH) and  
1503 CCl<sub>4</sub>. 1% EtOH strongly affected the liver damage however didn't generated the liver  
1504 cirrhosis mediator during 3 weeks. CCl<sub>4</sub> induced the liver damage and inflammation, and  
1505 especially expressed TGF-β1. PYH5 and 6 extremely decreased the ethanolic live damage  
1506 and inflammation of zebrafish. Especially, PYH5 showed very strong anti-inflammatory  
1507 effect. Consequently, 1% EtOH didn't enough to induced the liver cirrhosis on zebrafish for 3  
1508 weeks, whereas CCl<sub>4</sub> induced strongly potentially liver cirrhosis. Also, PYH5 and 6 are  
1509 useful good agents for anti-inflammatory and anti-liver cirrhosis.

1510

## 1511 **2. Materials and methods**



### 1512 **2. 1. Experimental animals**

1513 Adult zebrafish were obtained from a commercial dealer (Seoul Aquarium, Seoul, Korea)  
1514 and 15 fishes were kept in a 3.5 L acrylic tank under the following conditions;  $28.5 \pm 1$  oC,  
1515 and fed twice a day (Tetra GmgH D-49304 Melle Made in Germany) with a 14/10 h  
1516 light/dark cycle.

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### 1518 **2. 2. Development of potentially ethanolic cirrhosis model of zebrafish**

1519 1% ethanol (EtOH) administratedto zebrafish once a day and, before administration of  
1520 1% EtOH, water was changed day by day. The zebrafishes were divided to 6 groups with  
1521 normal, EtOH administrated, EtOH and PYH5 low dose, EtOH and PYH5 high dose, EtOH



1522 and PYH6 low dose, and EtOH and PYH6 high dose groups. After that zebrafishes were  
1523 anesthetized using 2-phenoxy ethanol (1:1000 dilution), the samples were injected to high  
1524 dose (12.5 µg/g of zebrafish) and low dose (6.25 µg/g of zebrafish) and all process was  
1525 shown in **Fig. 22 (A)**.

1526

### 1527 **2. 3. Development of potentiallychemical cirrhosis model of zebrafish**

1528 10% CCl<sub>4</sub> administrated to zebrafish twice a week and, before administration of 10%  
1529 CCl<sub>4</sub>, water was changed day by day. The zebrafishes were divided to 6 groups with normal,  
1530 CCl<sub>4</sub> administrated, CCl<sub>4</sub> and PYH5 low dose, CCl<sub>4</sub> and PYH5 high dose, CCl<sub>4</sub> and PYH6  
1531 low dose, and CCl<sub>4</sub> and PYH6 high dose groups. After that zebrafishes were anesthetized  
1532 using 2-phenoxy ethanol (1:1000 dilution), the samples were injected to high dose (12.5 µg/g  
1533 of zebrafish) and low dose (6.25 µg/g of zebrafish) all process was shown in **Fig. 22 (B)**..

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### 1535 **2. 3. Collection of liver of zebrafish**

1536 After that zebrafishes were anesthetized using 2-phenoxy ethanol (1:1000 dilution),  
1537 performed a laparotomy of zebrafish. And then did a resection of liver in zebrafish. The  
1538 resected liver was immediately kept in -70°C refrigerator.

1539

### 1540 **2. 3. RNA Preparation.**

1541 The tissue were obtained and lysed in the Trizol reagent (Molecular Research Center,  
1542 Cincinnati, OH). The addition of chloroform (Sigma-Aldrich) and incubation for 5 min at  
1543 4°C followed. Supernatants obtained after centrifugation were mixed with isopropanol  
1544 (Sigma), and the resulting RNA pellets were washed with EtOH and stored at -20°C until

1545 use.

1546

#### 1547 **2. 4. Reverse Transcriptase-Polymerase Chain Reaction (RT-PCR).**

1548 The cDNA was synthesized with RNA purified from zebrafish liver via an Advantage RT-  
1549 for-PCR kit, according to manufacturer's instructions (Clontech Laboratories, Inc. A Takara  
1550 Bio company, Japan). PCR of this cDNA and the primer (Cosmo genetech, South Korea),  
1551 shown in **Table 1**, was performed for 50 cycles with a 5-min denaturing step at 94°C, a 1-min  
1552 annealing step at 55 to 62°C, and a 20-min extension phase at 72°C using the Roche Light  
1553 cyclor 480 PCR machine (Roche, Germany).

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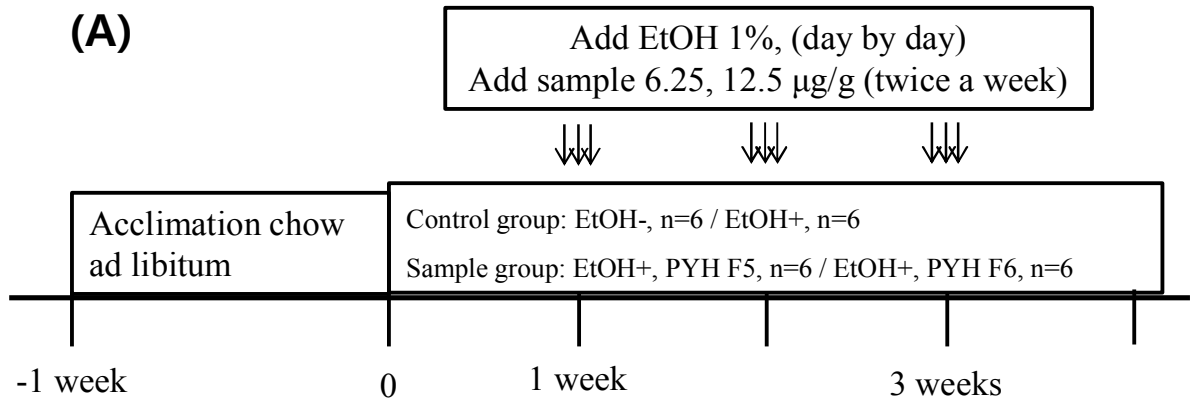
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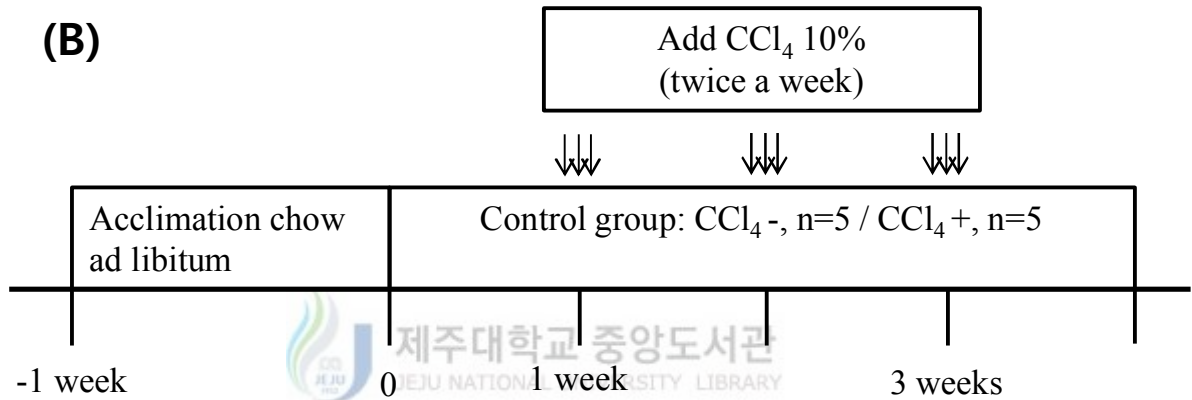
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**Fig. 25.** Diagram for potentially ethanolic cirrhosis model development of zebrafish

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1583 **Table 6.**Sequences and expected sizes of cytokine primers for RT-PCR used in this study

Oligonucleotide	Sequence	Expected size (bp)
<b>β-Actin</b>	5'-Primer GCTGACAGGATGCAGAAGAA	200
	3'-Primer TAGAAGCATTTGCGGTGGAC	
<b>IL-1β</b>	5'-Primer TTGTGGGAGACAGACAGTGC	191
	3'-Primer GATTGGGGTTTGATGTGCTT	
<b>TNF-α</b>	5'-Primer ACAAGGCAATTTCACTTCCA	194
	3'-Primer AGCTGATGTGCAAAGACACC	
<b>iNOS</b>	5'-Primer GAGCAGGCCCAATGCATTT	186
	3'-Primer TGCGCTGCTGCCAGAAAC	
<b>IL-6</b>	5'-Primer TCAACTTCTCCAGCGTGATG	21
	3'-Primer TCTTCCCTCTTTTCCTCCTG	
<b>TGF β1</b>	5'-Primer CGACTGTAAAGCAAACCAGCAGAGCACG	31
	3'-Primer GTGTCCTCCCATTGAGATGTTATGTATGTCC	

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### 1588 **3. Results**

#### 1589 **3. 1. Hepatoprotective effect of PYH5 and 6 in ethanol damaged liver of adult** 1590 **zebrafish**

1591 EtOH treated group increased the death of zebrafish whereas treatments of PYH5 and 6  
1592 decreased the death rate of 10~30%. Also, PYH5 and 6 kept the weight of zebrafish during  
1593 the experiment (**Fig. 23 and 24**). The standards of liver damage with GOT and GPT were  
1594 extremely increased by 1% EtOH treatment, whereas, PYH5 and 6 reduced the levels of GOT  
1595 by 181.53 and 172.20 Karmen/ml, respectively in high dose group, and GPT was decreased  
1596 to 140.87 and 277.0 Karmen/ml, respectively (**Table 2**).

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### 1598 **3. 2. Liver inflammation inhibitory effect of PYH5 and 6 in ethanol damaged liver of** 1599 **adult zebrafish**

1600 The pro-inflammatory cytokines such as IL-1 $\beta$ , IL-6 and TNF- $\alpha$  were induced by  
1601 treatment of 1% EtOH in zebrafish whereas high dose treatment of PYH5 and 6 reduced the  
1602 pro-inflammatory cytokines (**Fig. 25**). Especially, PYH5 showed higher anti-inflammatory  
1603 effects than PYE6 in EtOH damaged liver of adult zebrafish. However TGF- $\beta$ 1, mediator  
1604 induced liver fibrosis, didn't get the affect from 1% EtOH for 3 weeks (**Fig. 26**).

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### 1606 **3. 3. Liver cirrhosis model of adult zebrafish by CCl<sub>4</sub>**

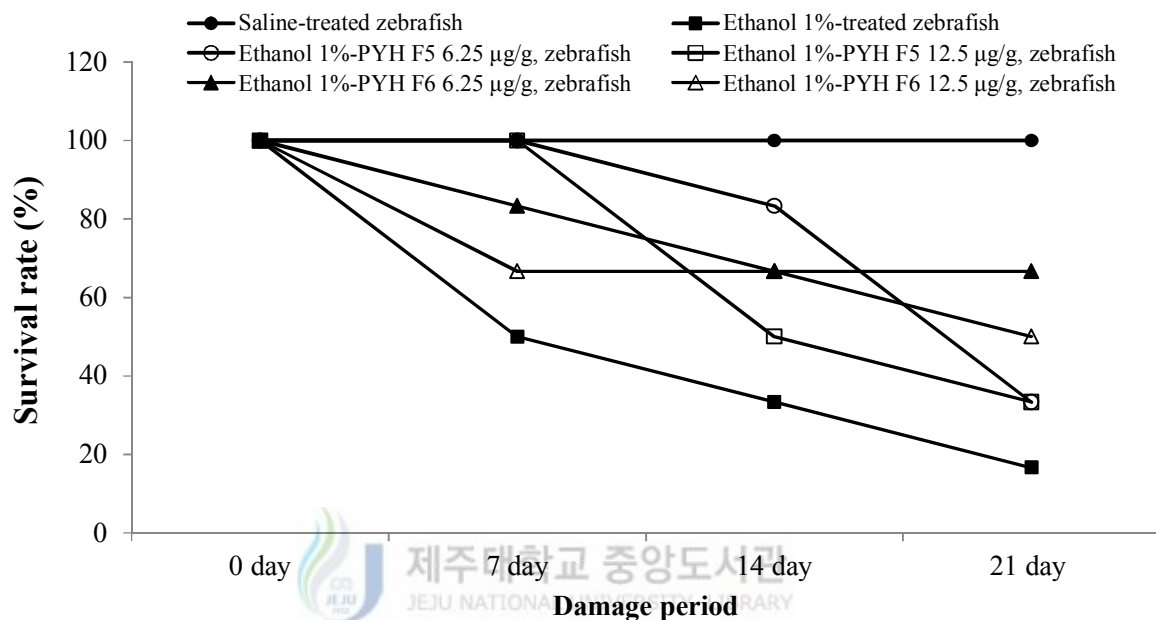
1607 CCl<sub>4</sub> treated group increased the death and weight loss of zebrafish (**not shown data**) and  
1608 the standards of liver damage with GOT and GPT were extremely increased by 10% CCl<sub>4</sub>  
1609 treatment (244.53 and 172.20 Karmen/ml, respectively) (**Table 3**). And the pro-inflammatory  
1610 cytokines such as IL-1 $\beta$ , IL-6 and TNF- $\alpha$  were induced by treatment of 10% CCl<sub>4</sub> in  
1611 zebrafish (**Fig. 27**). Especially, TGF- $\beta$ 1, mediator induced liver fibrosis, strongly got the  
1612 affect from 1% EtOH for 3 weeks (**Fig. 28**).

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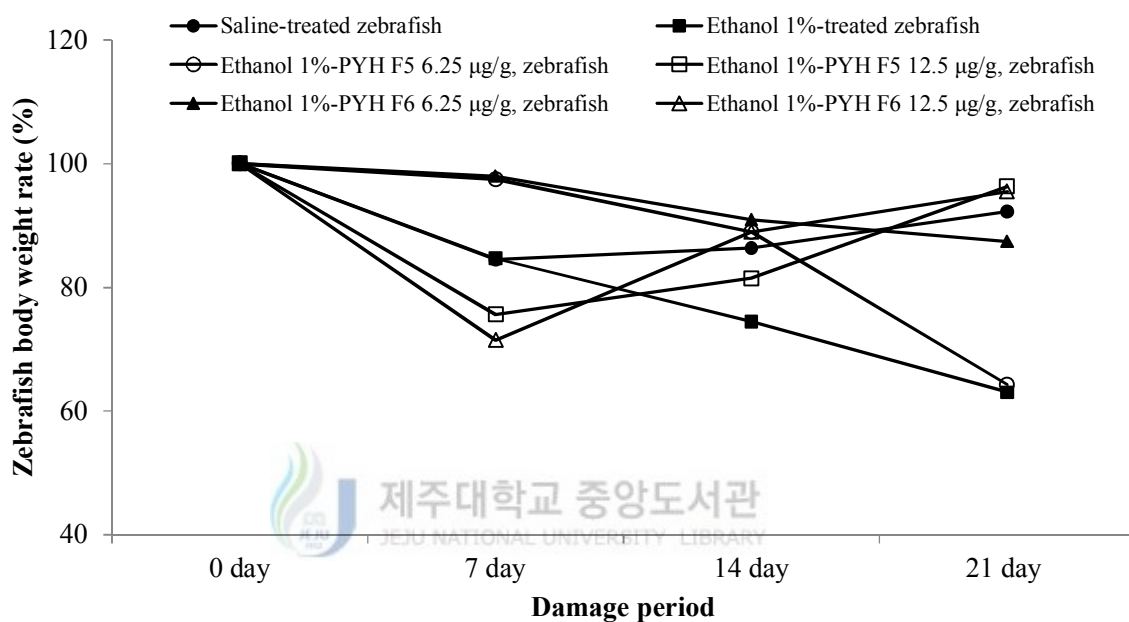
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**Fig. 26.**Survival rate (%) of zebrafish damaged by 1% EtOH

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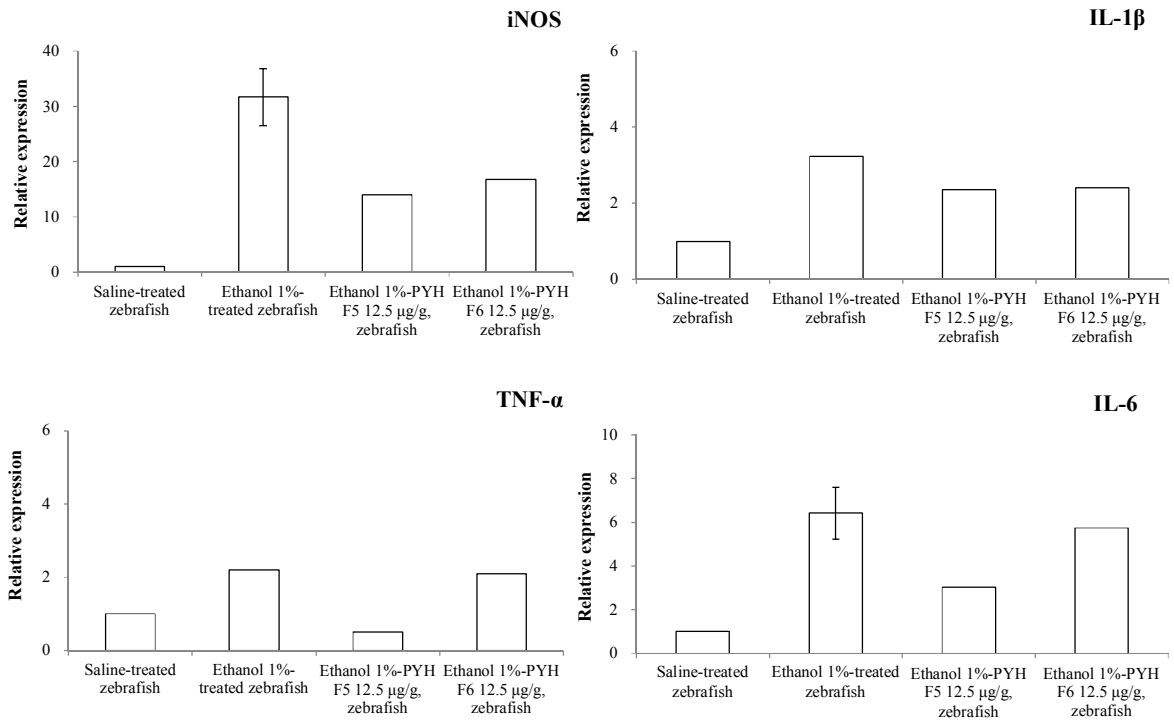
**Fig. 27.** Weight rate (%) of zebrafish damaged by 1% EtOH



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**Table.7.** Liver damage of zebrafish by 1% EtOH

Groups	GOT (Karmen/ml)	GPT (Karmen/ml)
Saline-treated zebrafish	160.87±6.11	127.53±4.16
Ethanol 1%-treated zebrafish	240.87±7.57	297.40±7.01
Ethanol 1%-PYH 5 6.25 µg/g, Zebrafish	194.87±3.06	262.70±6.56
Ethanol 1%-PYH 5 12.5 µg/g, zebrafish	181.53±5.77	140.87±2.31
Ethanol 1%-PYH 6 6.25 µg/g, zebrafish	210.87±4.16	274.20±5.66
Ethanol 1%-PYH 6 12.5 µg/g, zebrafish	176.20±4.00	277.00±7.29



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**Fig. 28.** Inhibitory effects of PYH5 and PYH6 against liver inflammation of zebrafish damaged by 1% EtOH

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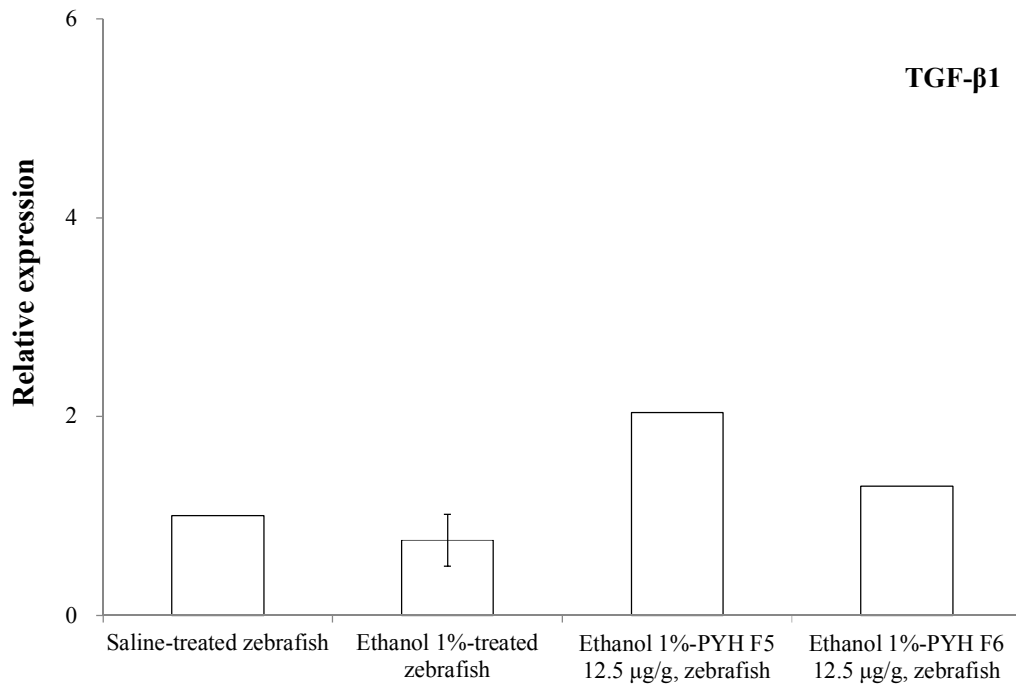
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1699 **Fig. 29.**Inhibitory effects of PYH5 and PYH6 against TGF-β1 induced by 1% EtOH in

1700 zebrafish



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**Table 8.** Liver damage of zebrafish by 10% CCl<sub>4</sub>

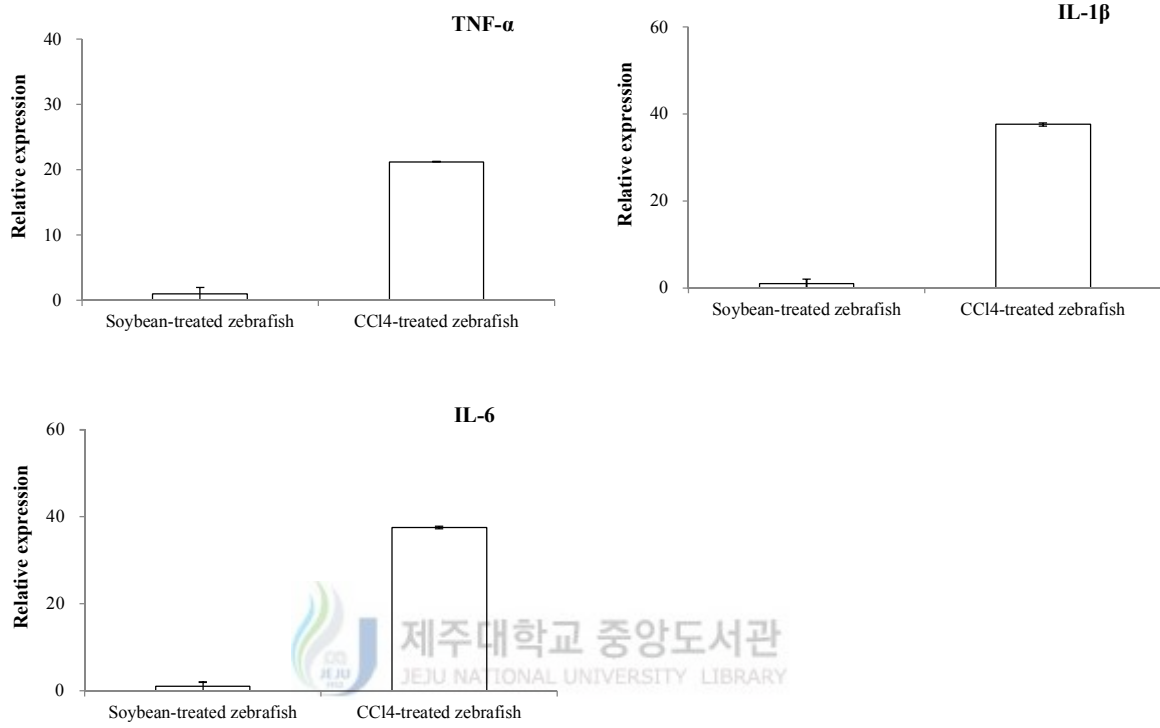
Groups	GOT (Karmen/ml)	GPT (Karmen/ml)
Soybean-treated zebrafish	188.87±4.16	196.20±5.66
CCl <sub>4</sub> -treated zebrafish	244.53±7.31	274.60±7.92



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**Fig. 30.** liver inflammation of zebrafish induced by 10% CCl<sub>4</sub>

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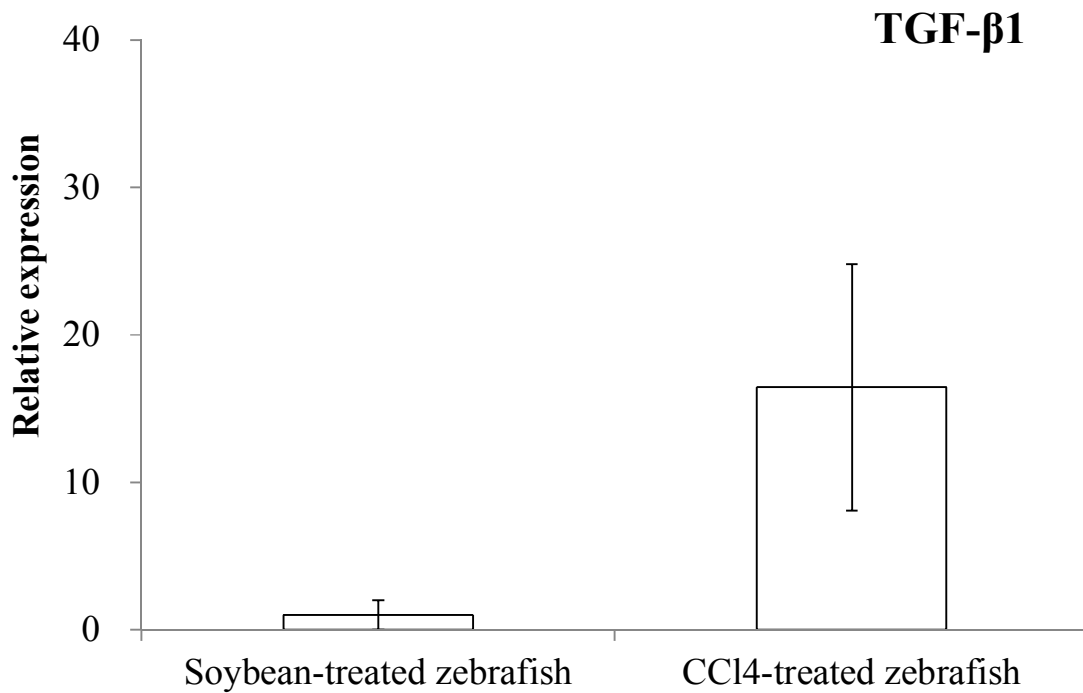
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1748 **Fig. 31.** TGF-β1 expression induced by 1% EtOH in zebrafish

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