



저작자표시-비영리-변경금지 2.0 대한민국

이용자는 아래의 조건을 따르는 경우에 한하여 자유롭게

- 이 저작물을 복제, 배포, 전송, 전시, 공연 및 방송할 수 있습니다.

다음과 같은 조건을 따라야 합니다:



저작자표시. 귀하는 원저작자를 표시하여야 합니다.



비영리. 귀하는 이 저작물을 영리 목적으로 이용할 수 없습니다.



변경금지. 귀하는 이 저작물을 개작, 변형 또는 가공할 수 없습니다.

- 귀하는, 이 저작물의 재이용이나 배포의 경우, 이 저작물에 적용된 이용허락조건을 명확하게 나타내어야 합니다.
- 저작권자로부터 별도의 허가를 받으면 이러한 조건들은 적용되지 않습니다.

저작권법에 따른 이용자의 권리는 위의 내용에 의하여 영향을 받지 않습니다.

이것은 [이용허락규약\(Legal Code\)](#)을 이해하기 쉽게 요약한 것입니다.

[Disclaimer](#)

**A THESIS
FOR THE DEGREE OF MASTER OF SCIENCE**

**Anti-melanogenenic and anti-inflammatory effect of
Hibiscus syriacus anthocyanin-rich extracts**

**WISURUMINI ARACHCHILAGE HASITHA MADURANGA
KARUNARATHNE**

Department of Marine Life Sciences

SCHOOL OF BIOMEDICAL SCIENCE

JEJU NATIONAL UNIVERSITY

REPUBLIC OF KOREA

AUGUST 2019

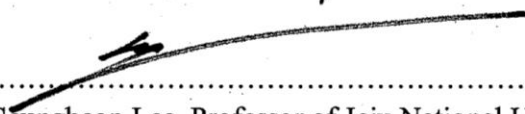
**Anti-melanogenic and anti-inflammatory effect of
Hibiscus syriacus anthocyanin-rich extracts**


**Wisurumuni Arachchilage Hasitha Maduranga Karunarathne
(Supervised by Professor Gi-Young Kim)**


A thesis submitted in partial fulfillment of the requirement for the degree of masters

August 2019

The thesis has been examined and approved by


.....
Seungheon Lee, Professor of Jeju National University


.....
Chang-Hee Kang, Senior Researcher of Nakdongggang National Institute of
Biological Resources


.....
Gi-Young Kim, Professor of Jeju National University

August 2019

.....
Date

Department of Marine Life Science

GRADUATE SCHOOL

JEJU NATIONAL UNIVERSITY

Acknowledgment

I would like to express the deepest appreciation to my supervisor Prof. Gi-Young Kim, who has the attitude and the substance of a genius: he continually and convincingly conveyed a spirit of adventure in regard to research and scholarship, and an excitement in regard to teaching. Without his guidance and persistent help this dissertation would not have been possible.

I extend my deepest thanks to thank my lab member Mr. Neelaka Molagoda who is so kindly guided me in this research by giving generously of his time and supported me throughout this period with his patience and knowledge.

Then, I would like to thank our former lab members specially Dr. Prasad Jayasooriya and Dr. Dilshara Matharage for their encouragement and guidance to success of my research and to be a part of this laboratory associates.

My thanks also go out to the Prof. Barana Jayawardana, my former supervisor who encouraged me to do the higher studies for a better future.

Finally, but not least, my sincere thanks to my parents who are always behind me and wish the success of my life always.

However, I am the only person responsible for errors in the thesis.

Table of Content

Acknowledgments	ii
Table of Content.....	iii
List of Figures	vi
List of Tables.....	viii
PART 01	ix
Abstract.....	x
1. Introduction.....	1
2. Material and Methods.....	4
2.1 Plant material and sample preparation	4
2.2 Regents and antibodies.....	4
2.3 Cell culture and Cell viability assay	5
2.4 Flow cytometry Analysis.....	5
2.5 In vitro mushroom tyrosinase assay	6
2.6 Measurement of extracellular and intracellular melanin content	6
2.7 Real-time reverse transcription-polymerase chain reaction (RT-PCR)	6
2.8 Western blot analysis	7
2.9 Maintenance and phenotype based evaluation of zebrafish	8
2.10 Determination of melanogenic inhibitors effects on zebrafish toxicity	8
2.11 UPLC–QT of MS for flavonoid analysis	9

2.12 Statistical Analysis	9
3. Results	10
3.1 PS and PTS do not alter cell viability at the concentrations used in this study	10
3.2 PS and PTS decrease extracellular and intracellular melanin production in B16F10 cells stimulated by α -MSH.....	12
3.3 PS and PTS does not downregulate mushroom tyrosinase activity.....	14
3.4 PS and PTS inhibits the expression of MITF and tyrosinase in α -MSH- stimulated B16F10 cells	15
3.5 PS and PTS inhibit melanin synthesis in zebrafish larvae	17
3.6 PS- and PTS-induced ERK phosphorylation regulates MITF expression	19
3.7 The ERK signaling pathway regulates melanogenesis in PS- and PTS-treated B16F10 cells and zebrafish larvae	21
3.8 Tentative identification of metabolites in PS	24
4. Discussion.....	32
5. References.....	36
PART 02	41
Abstract.....	42
1. Introduction	43
2. Material and Methods	45
2.1 Plant material and sample preparation	45
2.2 Reagents and antibodies	45

2.3 Cell culture and MTT assay	46
2.4 Flow cytometry analysis.....	46
2.5 NO Assay	46
2.6 Isolation of total RNA and Reverse transcriptase polymerase chain reactions (RT-PCR)	47
2.7 Western blotting assay	48
2.8 Enzyme immunosorbent assay (ELISA)	48
2.9 Zebrafish maintenance and toxicity evaluation	49
2.10 Exposure of LPS by microinjection to zebrafish and Sudan black and Neutral Red staining	49
2.11 Statistical analysis	50
3. Results.....	50
3.1 Effect of PS on the viability of RAW264.7 macrophage cells	50
3.2 Effect of PS on iNOS, COX-2 expression and NO, PGE ₂ Production	52
3.3 Effect of PS on LPS-induced TNF- α , IL-6, IL-12 production and mRNA expression	54
3.4 Effect of PS on LPS-induced NF- κ b nuclear translocation.....	56
3.5 Effect of PS on Morphological changes and toxicity of zebrafish	57
3.6 Effect of PS on LPS-induced recruitment of neutrophil and macrophages in zebrafish	59
4. Discussion	61
5. References.....	65

List of Figures

Figure 1-1. PS and PTS do not alter cell viability at the concentrations tested.....	12
Figure 1-2. PS and PTS decrease extracellular and intracellular melanin production in α -MSH-stimulated B16F10 cells.	13
Figure 1-3. PS and PTS do not downregulate mushroom tyrosinase activity <i>in vitro</i>	14
Figure 1-4. PS and PTS inhibit the expression of MITF and tyrosinase in α -MSH-stimulated B16F10 cells.....	17
Figure 1-5. PS and PTS inhibit melanin synthesis in zebrafish larvae.....	19
Figure 1-6. PS and PTS-induced ERK phosphorylation downregulates MITF expression.....	21
Figure 1-7. The ERK signaling pathway positively regulates melanogenesis in PS- and PTS-treated B16F10 cells and zebrafish larvae.....	24
Figure 1-8. Comprehensive profile of anthocyanin and flavonoid constituents in PS and PTS was directly analyzed by UPLC-PDA-QToF-MS chromatogram.	26
Figure 1-9. Common flavonoid glycosides structures.....	28
Figure 1-10. Molecular docking data. All 17 anthocyanins identified in this study were directly bound to DUSP7 between two monomers.....	29
Figure 1-11. The inhibitory mechanism of PS and PTS on α -MSH-stimulated melanogenesis.....	31
Figure 2-1. Effect of PS on the cell viability of RAW 264.7 macrophages.....	51
Figure 2-2. Effect of PS on iNOS, COX-2 expression and NO, PGE2 Production.	53

Figure 2-3. Effect of PS on LPS-induced TNF- α , IL-6, IL-12 production and mRNA expression.....	55
Figure 2-4. Effect of PS on LPS-induced NF- κ b nuclear translocation.....	56
Figure 2-5. Effect of PS on zebrafish toxicity.....	58
Figure 2-6. Effect of PS on LPS-induced recruitment of neutrophil and macrophages in zebrafish.....	60

List of Tables

Table 1.1. Identification and characterization of metabolites	27
Table 1.2. Classification of results gained from the docking of anthocyanins identified in this study into DUSP7.....	30
Table 2.1. Zebrafish larval phenotype data.....	57

PART 01

***Hibiscus syriacus* anthocyanin-rich extract inhibits
melanogenesis by activating the ERK signaling
pathway: Molecular docking of the anthocyanins with
DUSP7**

Abstract

Hibiscus syriacus is the national flower of South Korea and grows in a wide climatic range from mild to tropical temperature. The bark and roots of *H. syriacus* have been used to cure diarrhea and bacterial infection, and its seed are effective to fever and cold. Recently, native flowers of *H. syriacus* possesses promising potential as a new edible source and colorants with various anthocyanins. However, the function of anthocyanins isolated from *H. syriacus* has been determined. In the current study, we, for the first time, evaluated whether *H. syriacus* varieties, Pulsae and Paetanshim, anthocyanin-rich extract (PS and PTS, respectively) inhibits melanin biogenesis. Our results showed that PS and PTS did not strongly downregulate mushroom tyrosinase activity *in vitro*; but significantly decreased the extracellular and intracellular melanin production in B16F10 cells accompanied by the inhibition of α -melanocyte-stimulating hormone (α -MSH)-induced microphthalmia-associated transcription factor (MITF) and tyrosinase expression. We also found that PS and PTS attenuated pigmentation in α -MSH-stimulated zebrafish larva without any severe toxicity. Furthermore, PS and PTS activated the phosphorylation of extracellular signal-regulated kinase (ERK) and a specific ERK inhibitor, PD98059, resulted in the recovery of intracellular and extracellular melanin downregulation induced by PS and PTS in B16F10 cells and of melanogenesis in zebrafish larvae. PS and PTS possess 17 specific anthocyanins, which mostly target dual specificity protein phosphatase 7 (DUSP7) according to molecular docking prediction. These findings suggest that anthocyanins from PS and PTS inhibit melanogenesis *in vitro* and *in vivo* by activating the ERK signaling pathway.

Key words: *Hibiscus syriacus*; Anthocyanin; Melanin; Tyrosinase; ERK

1. Introduction

Melanocytes are melanin-producing neural crest-derived cells located in the basal layer of epidermis of the skin and transfer melanin to adjacent keratinocytes to induce pigmentation [1]. Melanin is not only a dark pigment responsible for skin, eye, and hair color, but also prevents ultraviolet radiation (UV)-induced skin injuries through the absorbance of UV [2]. Therefore, melanin has been thought as a major photoprotective factor by suppressing UV-induced oxidative stress. However, the abnormal accumulation of melanin causes dermatological problems such as melasma, wrinkling, senile lentiginos, and skin cancer [3, 4]. In addition, interest in the skin whitening has been amazingly growing in the cosmetic industry. In regards, many anti-melanogenic compounds have been developed targeting tyrosinase which is a major rate-limiting enzyme of the melanin biosynthesis [5, 6].

Melanogenesis is a physiological process which produces melanin regulated by a variety of the molecular signaling pathways with the chain of enzymatic and non-enzymatic reactions. Tyrosinase and tyrosinase related protein-1/2 (TRP-1/2) play a crucial role in increasing melanin generation by hydroxylation of tyrosine into dihydroxyphenylalanine (DOPA) trailed by further oxidation of DOPA into DOPA quinone [7]. Because, tyrosinase is exclusively inevitable for melanogenesis so that tyrosinase has been targeted for the development of melanogenesis inhibitors. In addition, microphthalmia-associated transcription factor (MITF) is a pivotal transcription factor that upregulates the expression of tyrosinase and TRP-1/2 in transcription level under UV exposure, which stimulates melanogenesis [8, 9]. During melanogenesis, α -melanocyte stimulating hormone (α -MSH), which is an endogenous peptide hormone, binds to the melanocortin 1 receptor (MC1R) belonging to the G-protein receptor family in melanocytes which increases the intracellular level of cAMP by activating the adenylyl cyclase (AC) and stimulates protein kinase A (PKA) [10].

Then, cAMP responsive element binding protein (CREB) leads to the phosphorylation and upregulates MITF expression [11]. In contrast, previous studies revealed that extracellular signal-regulated kinase (ERK) phosphorylation inhibited melanogenesis by accelerating the proteasomal degradation of MITF accompanied by mitochondrial fission [12, 13]. Therefore, recent researchers have found melanogenesis inhibitors which negatively regulate cAMP-dependent pathway and positively stimulate ERK pathway [5, 6]. Moreover, the Wnt/ β -catenin signaling pathway has been studied as a potential regulator of melanogenesis in relation to MITF transcription [14, 15].

Hibiscus syriacus is a Korean national flower called by rose of Sharon and widely distributed from Southern Asia to Northern Asia. *H. syriacus* has been known as a medicinal herb: the dried root and stem bark of *H. syriacus* have been used as antidotes, spring tonics, and fever reducers in Korean traditional remedy. Recent studies also revealed that extracts from the bark and rhizosphere of *H. syriacus* significantly enhanced wound healing activity and protected UV-mediated photoaging in fibroblasts and keratinocytes by stimulating collagen and fibronectin synthesis [16, 17]. Moreover, new medicinal effect of *H. syriacus* has been elucidated possessing anti-depressant and neuroprotective [18], anti-cancer [19, 20], and anti-oxidant activity [21]. Nevertheless, *H. syriacus*, especially its petals, has not been studied for the medicinal and functional effect.

In the current study, we, for the first time, investigated the effects of anthocyanin-rich fraction isolated from two different *H. syriacus* variety, Pulsae and Paetanshim (PS and PTS) with different color of flower petal (Pulsae: purple petal; Paetanshim, white petal) on the regulation of melanogenesis in α -MSH-treated B16F10 cells and zebrafish. Anthocyanin-rich PS and PTS significantly downregulated melanogenesis in B16F10 cells and zebrafish larvae by inhibiting the expression of tyrosinase and MITF. Additionally, both of PT and PTS contained 17 anthocyanins and enhanced ERK

phosphorylation, which stimulated melanogenesis. Molecular docking analysis revealed that all anthocyanins fit into dual specific phosphatase 7 (DUSP7) which is a negative regulator of ERK and may inhibit DUSP7, which promoted ERK phosphorylation.

2. Material and Methods

2.1 Plant material and sample preparation

H. syriacus Pulsae and Paetanshim were cultivated at farm of Korea Forest Research Institute (Suwon-si, Republic of Korea) and identified by Dr. H.-Y. Kwon (one of author). A voucher specimen of this raw material is deposited in Korea Forest Service (KFS, http://english.forest.go.kr/newkfsweb/eng/idx/Index.do?mn=ENG_01).

The petals of *H. syriacus* Pulsae and Paektanshim were freeze-dried for 3 days and then stored at below -20°C before extraction. Secondary metabolites were obtained through extraction in accordance with a previously described procedure [19], with slight modification. The petals (1.5 kg) were ground, extracted three times with ethanol (40.0 L) at 10°C for 48 h, filtered, and then evaporated using a rotary evaporator at below 30°C. The resultant extract was separated by Diaion® HP-20(Mitsubishi Chemical Co., Japan). The anthocyanin-rich fraction was freeze-dried (120 g). The supernatant was filtered through a 0.2 mm polytetrafluoroethylene (PTFE) filter, and then subjected to UPLC-QTOF-MS and biological activity analyses. The extraction solvent was of EP grade, whereas the chromatographic solvents used in the MS experiments were of LC-MS grade (J. T. Baker, Phillipsburg, NJ).

2.2 Regents and antibodies

Dulbecco's modified Eagle's medium (DMEM), fetal bovine serum (FBS), and antibiotics mixture were purchased from WELGENE (Gyeongsan-si, Gyeongsangbuk-do, Republic of Korea). Kojic acid, phenylthiourea (PTU) mushroom tyrosinase, 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT), α -MSH, and PD98059 were purchased from Sigma-Aldrich Co. (St. Louis, MO). Antibodies against tyrosinase, MITF, ERK, phosphor-ERK (p-ERK), and mouse monoclonal anti- β -actin were obtained from Santa Cruz Biotechnology (Santa Cruz, CA). Peroxidase-labeled

anti-rabbit and anti-mouse immunoglobulins were obtained from KOMA BIOTECH (Seoul, Republic of Korea). All other chemicals were purchased from Sigma-Aldrich. Anthocyanin powder of *H. sabdariffa* from Egypt was purchased from Shin Young Hub (Seoul, Republic of Korea).

2.3 Cell culture and Cell viability assay

Murine B16F10 cells (ATCC, Manassas, VA) were maintained in DMEM supplemented with 10% heat inactivated FBS at 37°C in a humidified atmosphere of 5% CO₂. To analyze the effect of PS and PTS on cell viability, the MTT assay was performed. Briefly, B16F10 cells were seeded in 24 well plates at a density of 1×10^4 cell/ml, and then incubated for 18 h at 37°C. The cells were then treated with different concentrations (0-800 µg/ml) of PS and PTS for 72 h. After incubation, MTT were added to each well and the plates were further incubated for 4 h at 37°C. The precipitate was dissolved in DMSO and absorbance was measured at 560 nm using a microplate spectrophotometer (Thermo Electron Corporation, Marietta, OH).

2.4 Flow cytometry Analysis

To estimate the total cell count and viability of cell population, flow cytometry analysis (FACS) was carried out based on the viable and non-viable cells differential stained due to their different permeability to the DNA binding dyes. The B16F10 cells were plated at a density of 1×10^4 cell/ml for overnight and treated with the indicated concentrations (0-800 µg/ml) of PS and PTS for 72 h. In brief, the cells were harvested and washed with ice cold phosphate-buffered saline (PBS). Then, the cells were incubated with Muse® cell count & viability kit (EMD Millipore, Billerica, MA) for 5 min and analyzed according to the manufactures instructions by Muse® cellcyler (EMD Millipore).

2.5 In vitro mushroom tyrosinase assay

Tyrosinase inhibition was measured using mushroom tyrosinase in a cell-free system according to a previous method [22]. Briefly, 130 μ l of 100 mM phosphate buffer (pH 6.8), 20 μ l of PS or PTS, 30 μ l of 1.5 mM L-tyrosine, and 20 μ l of 210 Units/ml mushroom tyrosinase were mixed. The reaction mixture was then incubated for 30 min at 37°C, and absorbance was measured at 490 nm using a microplate spectrophotometer. Kojic acid (25 μ M) and PTU (250 nM) were used as positive controls.

2.6 Measurement of extracellular and intracellular melanin content

The effect of PS and PTS on α -MSH-induced melanogenesis was measured according to a previous method [22]. Briefly, B16F10 cells were cultured at 1×10^4 cell/ml in a 6 well plate for 18 h and treated with α -MSH (500 ng/ml) for 24 h. Next, the cells were treated with different concentrations of PS and PTS (0-400 μ g/ml) for an additional 72 h. After incubation, extracellular melanin content in the culture media was measured. Briefly, the cells were washed in ice-cold PBS and dissolved in 1 M NaOH containing 10% DMSO at 100°C for 10 min, and then absorbance was measured at 405 nm to obtain the melanin content

2.7 Real-time reverse transcription-polymerase chain reaction (RT-PCR)

B16F10 cells were seeded at 1×10^4 cell/ml in a 6 well plate for 18 h at 37°C. Next, the cells were pretreated with the α -MSH (500 ng/ml) for 24 h prior to treatment with different concentration of PS and PTS (0-400 μ g/ml). Total RNA was extracted using an easy-BLUE™ total RNA extraction kit (iNtRON Biotechnology, Seongnam-si, Gyeonggi, Republic of Korea) following the manufacturer's protocol. The sequences of the primers used were as follows. *Tyrosinase* sense 5'-GTCGTCACCCTGAAAATCCTAACT-3', antisense 5'-

CATCGCATAAAACCTGATGGC-3'; *MITF* sense 5'-
 CCCGTCTCTGGAAACTTGATCG-3', antisense 5'-
 CTGTACTIONCTGAGCAGCAGGTC-3'; *Glyceraldehyde-3-phosphate dehydrogenase*
 (*GAPDH*) sense 5'-AGGTCGGTGTGAACGGATTTG-3', antisense 5'-
 TGTAGACCATGTAGTTGAGGTCA-3'. The amplification conditions were as
 follows, for *MITF* and *tyrosinase*: 95°C for 30 s, 62°C for 45 s, and extension at 72°C
 for 1 min for 25 cycles each; for *GAPDH*: 95°C for 30 s, 60°C for 30 s, and extension
 at 72°C for 30 s. Agarose gel electrophoresis was performed to separate the PCR
 products and visualized by ethidium bromide.

2.8 Western blot analysis

B16F10 cells were seeded at 1×10^4 cell/ml in 6 well plates for 18 h at 37°C. Next, the cells were pretreated with α -MSH (500 ng/ml) for 24 h prior to treatment with different concentrations of PS and PTS (0-400 μ g/ml). The cells were lysed with PRO-PREP lysis buffer (iNtRON Biotechnology). The supernatant was collected and protein concentrations were measured using Bio-Rad protein assay reagents (Bio-Rad, Hercules, CA). Equal amount of protein was separated by electrophoresis on SDS-polyacrylamide gel. The proteins were then transferred to a nitrocellulose membrane (Schleicher & Schuell, Keene, NH), and immunoblotted with specific antibodies. Bound antibodies were detected using an enhanced chemiluminescence plus kit (Thermo Scientific, Rockford, IL). The images were visualized by a Chemi-Smart 2000 (Vilber Lourmat, Cedex, France). Images were captured using Chemi-Capt (Vilber Lourmat) and transported into Adobe Photoshop.

2.9 Maintenance and phenotype based evaluation of zebrafish

AB strain zebrafish was served from C.H. Kang (Nakdong National Institute of Biological Resources, Sangju, Gyeongsangbukdo, Republic of Korea) and cultured at 28.5°C on a 14/10 h light/dark cycle. Embryos from natural spawning which was induced at the morning by turning on the light cultured in embryo medium [(NaCl-34.8 g, KCl-1.6 g, CaCl₂.2H₂O-5.8 g, MgCl₂.6H₂O-9.78 g) with double-distilled water, pH 7.2] supplemented with 1% methylene blue at 28°C. The 2 days post-fertilization (dpf) zebrafish (*n*=20) were arrayed by dropper into 6 well plates with 2 ml embryo medium. After 2 h incubation, the culture medium was replaced with new medium containing PS and PTS (400 µg/ml). Spontaneous melanin content was measured from densitometric analysis of zebrafish larvae at 4 dpf. In a parallel experiment, to investigate the effect of PS and PTS on α -MSH-stimulated zebrafish larvae, 200 µM PTU was pretreated for 24 h and then incubated with α -MSH (1 µg/ml) for an additional 24 h. The different concentrations of PS and PTS were treated at 4 dpf for 48 h. After anesthetizing zebrafish larvae in tricane methane sulfonate solution at 6 dpf, the larvae were mounted in 2% methyl cellulose on a depression slide and collected images using Olympus SZ2-ILST stereomicroscope (Tokyo, Japan). The densitometric analysis was performed using image J software (National Institute of Health). The quantification of pigmentation data was calculated as the percentage in comparison with the untreated control group.

2.10 Determination of melanogenic inhibitors effects on zebrafish toxicity

The toxicity of PS and PTS was determined by measuring the heart rate of zebrafish at 6 dpf and compared to the untreated control. Counting the heart rate were obtained with camera under stereomicroscope (Olympus SZ2-ILST). The obtained results were represented as average heart rate per minute.

2.11 UPLC–QT of MS for flavonoid analysis

Chromatographic separation was performed using a UPLC system (Waters Corp., Milford, MA, USA) equipped with a binary solvent delivery system, an auto-sampler, and a UV detector. Aliquots (3.0 μ l) of each sample were then injected into a BEH C₁₈ column (2.1 x 100 mm, 1.7 μ M) at a flow rate of 0.4 ml/min and eluted using a chromatographic gradient of two mobile phases (A: water containing 0.1% formic acid; B: acetonitrile containing 0.1% formic acid). A linear gradient was optimized as follows: 0.0 min, 1% B; 0.0–1.0 min, 1–5% B; 1.0–10.0 min, 5–30% B; 10.0–17.0 min, 30–60% B; 17.0–17.1 min, 60–100% B; 17.1–19.0 min, 100% B, 19.1–20 min, back to 10% B. The quadrupole time-of-flight mass spectrometer (Q-ToF Premier™, Waters Corp.) was operated in negative ion mode in the following conditions: capillary voltage 2.3 kV, cone voltage 50 V, source temperature 110°C, desolvation temperature 350°C. A sprayer with a reference solution of leucine-enkephalin ($[M-H]^-$ m/z 554.2615) was used as the lock mass. The full-scan data and MS/MS spectra were collected using the MassLynx software.

2.12 Statistical Analysis

All the data in this study were obtained as averages of experiments that were performed at least in triplicate and expressed as means \pm Standard Error (SE). Statistical analysis was performed by Sigma plot 12.0 software by Student's t-test and unpaired One-way analysis of variance (ANOVA) with Bonferroni's correction. The significant significance of results was set at $p < 0.05$ (*), $p < 0.01$ (**), and $p < 0.001$ (***)

3. Results

3.1 PS and PTS do not alter cell viability at the concentrations used in this study

We first investigated whether PS and PTS are cytotoxic. B16F10 cells were treated with various concentrations (0-800 $\mu\text{g/ml}$) of PS and PTS for 72 h, and cytotoxicity was evaluated by microscopic analysis and MTT assay. As shown in Fig. 1.1A, no morphological change was observed following treatment with PS and PTS at any concentration, suggesting that PS and PTS did not induce phenotypic change. Results of MTT assay showed that PS at the high concentrations (over 200 $\mu\text{g/ml}$) slightly decreased mitochondrial activity (Fig. 1.2B). To confirm in detail whether PS and PTS influence cell viability, flow cytometric analysis was performed in the same experimental condition. As presented in Fig. 1.1C, PS and PTS, compared to the untreated control, did not increase the population of apoptotic cells, and sustained cell viability and total cell numbers. These data indicated that PS and PTS did not exert direct cytotoxicity.

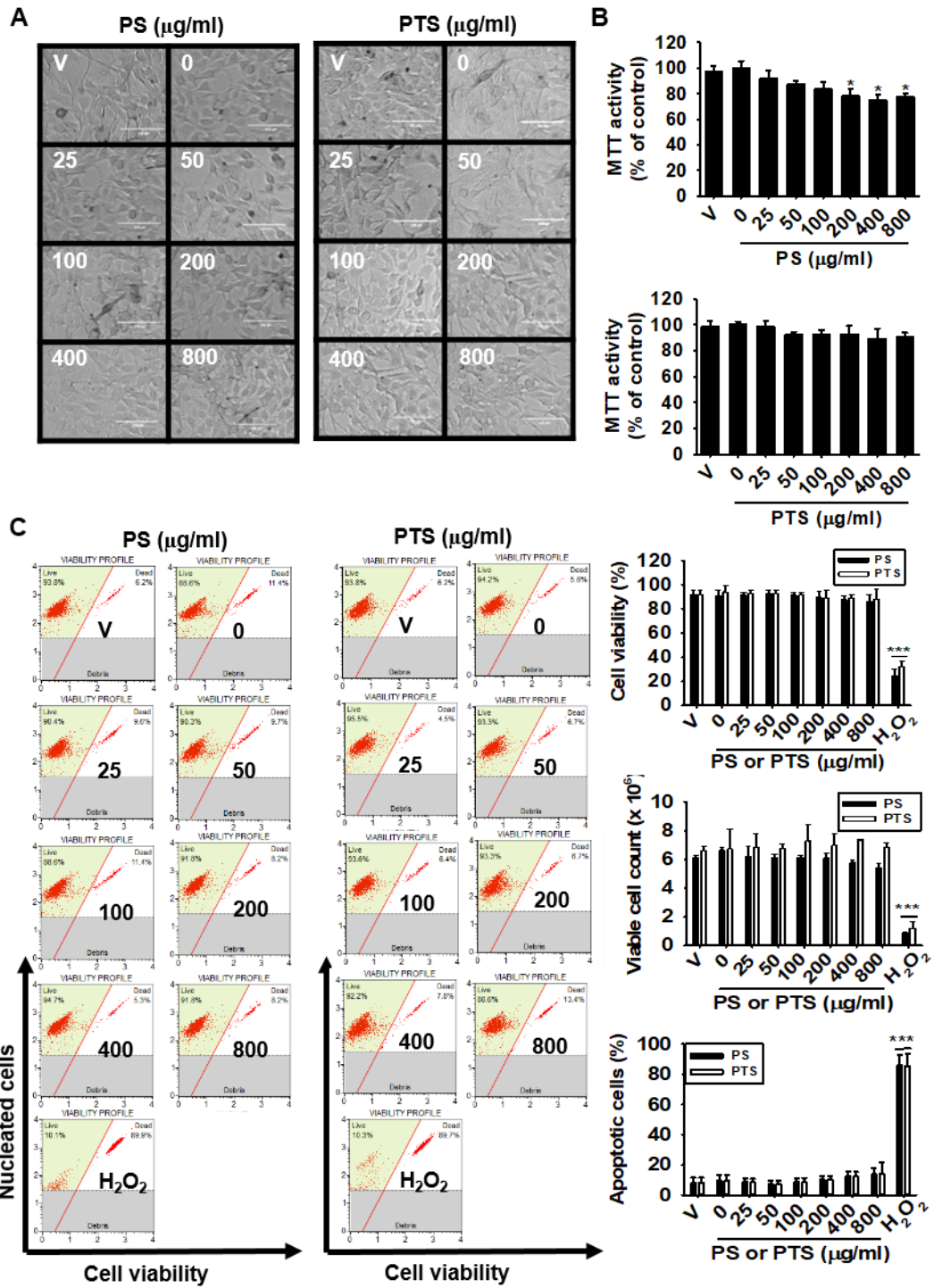


Figure 1-1. PS and PTS do not alter cell viability at the concentrations tested.

B16F10 cells were treated with 0-800 $\mu\text{g/ml}$ of PS or PTS for 72 h. (A) Microscopic images were captured and analyzed. (B) Cell viability was determined by the MTT assay. Cell viability in each group was presented as the percentage of the values of the untreated control. (C) In a parallel experiment, cell viability, viable cell count, and apoptotic cell population were measured by FACS. Data are reported as the mean \pm SE of three independent experiments (n=3). * $p < 0.01$ and *** $p < 0.001$ compared to the untreated control group.

3.2 PS and PTS decrease extracellular and intracellular melanin production in B16F10 cells stimulated by α -MSH.

To investigate the effect of PS and PTS on melanogenesis, B16F10 cells were treated with various concentrations (0-400 $\mu\text{g/ml}$) of PS and PTS for 72 h and melanin content was measured from extracellular and intracellular compartment. Both of the melanin contents maintained at PS and PTS at 400 $\mu\text{g/ml}$ compared to the untreated group (Fig. 1.2A). However, melanogenesis stimulator, α -MSH, significantly increased extracellular and intracellular melanin content to approximately 200% (Fig. 1.2A, left panel) and 150% (Fig. 1.2A, right panel), respectively. PS and PTS dose-dependently downregulated α -MSH-mediated melanin content in extracellular and intracellular level. Next, commercial *Hibiscus sabdariffa* anthocyanin-rich extract (HS) was used to compare the effectiveness of melanin inhibition by PS or PTS. As shown in Fig. 1.2B, we found that both PS and PTS remarkably decreased the extracellular and intracellular melanin than those of HS-treated group. These data indicate that PS and PTS would be a promising candidate for anti-melanogenesis.

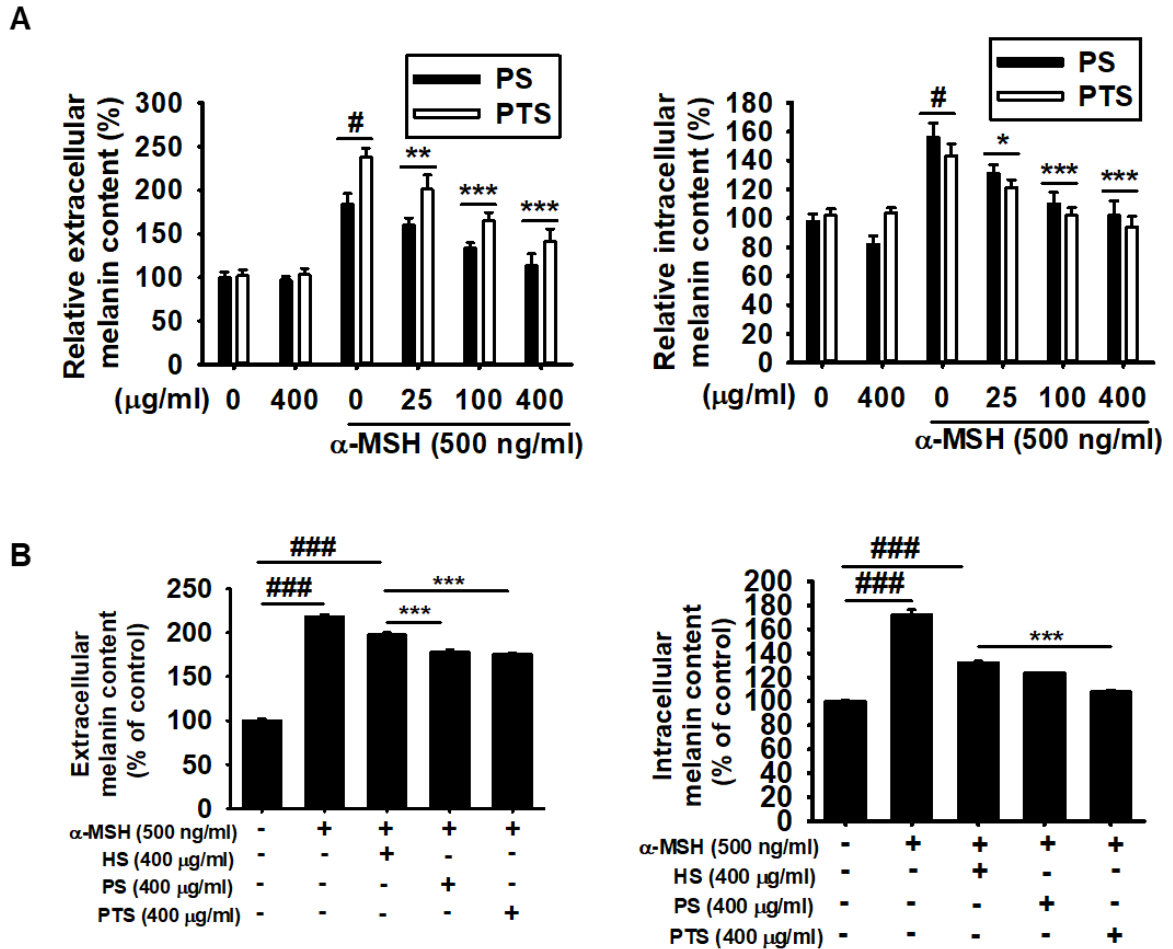


Figure 1-2. PS and PTS decrease extracellular and intracellular melanin production in α -MSH-stimulated B16F10 cells. (A) B16F10 cells were exposed to 500 ng/ml α -MSH in the presence of 0 - 400 μ g/ml PS or PTS for 72 h, and extracellular (right panel) and intracellular (left panel) melanin contents were measured. (B) In a parallel experiment, the cells were treated with α -MSH (500 ng/ml), PS (400 μ g/ml), PTS (400 μ g/ml), or commercial *H. sabdariffa* (HS, 400 μ g/ml) for 72 h, and extracellular (right panel) and intracellular (left panel) melanin contents were measured. The percentage values in each group are relative to those in the untreated control. Data are reported as the mean \pm SE of three independent experiments performed (n=3). # $p < 0.05$ and ### $p < 0.001$ vs. untreated control group; * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$ vs. α -MSH-stimulated group.

3.3 PS and PTS does not downregulate mushroom tyrosinase activity

Mushroom tyrosinase is widely examined to determine the effect of potential inhibitors of melanogenesis for the treatment of some dermatological disorders and for skin whitening. Therefore, we, for the first time, investigated whether PS and PTS negatively regulate mushroom tyrosinase activity *in vitro* using the conversion of L-tyrosine to O-hydroxylation of tyrosine and/or oxidation of L-DOPA to O-diquinone. A well-known, tyrosinase inhibitors, kojic acid and PTU, significantly inhibited the mushroom tyrosinase activity; however, both of PS and PTS did not inhibit the activity and highest concentration (800 $\mu\text{g/ml}$) a little increased the activity (Fig. 1.3A and 1.3B). These data indicate that PS and PTS do not direct inhibit tyrosinase activity.

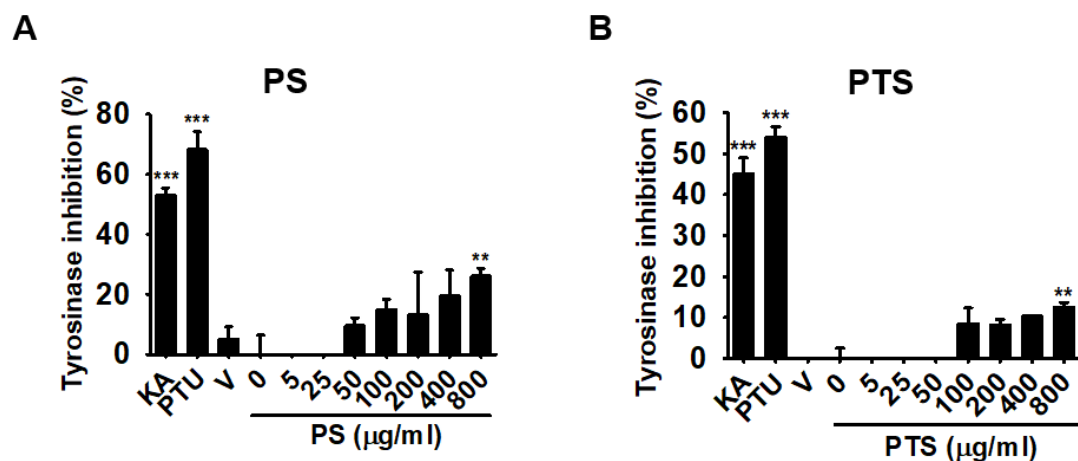


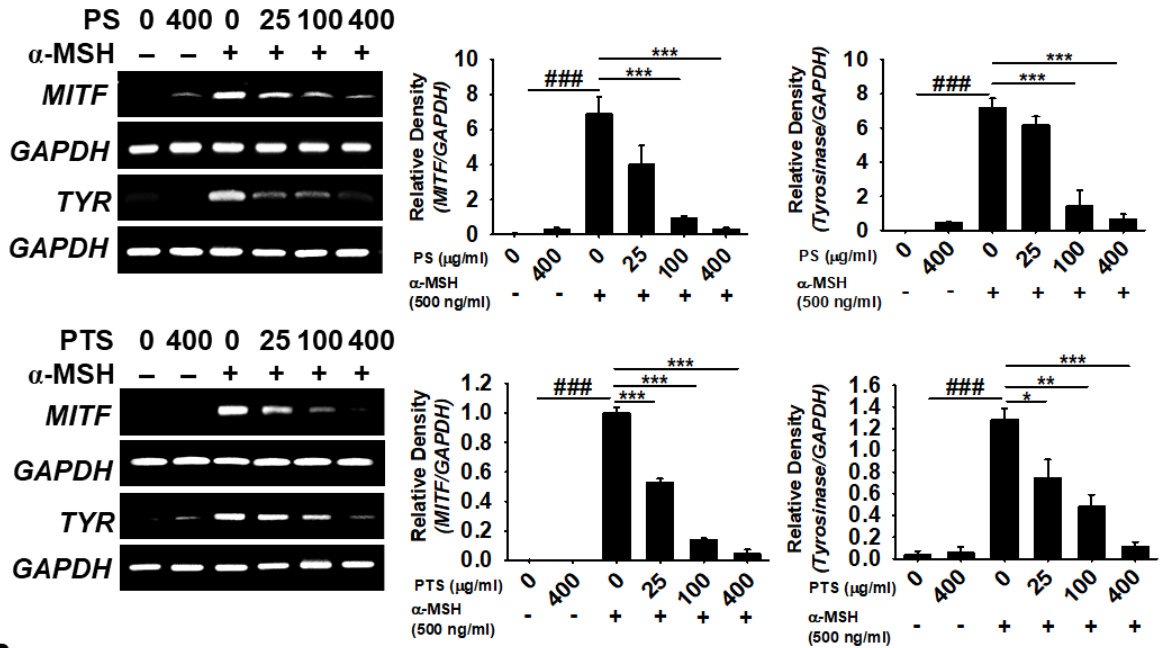
Figure 1-3. PS and PTS do not downregulate mushroom tyrosinase activity *in vitro*. (A) and PTS (B) on mushroom tyrosinase was measured *in vitro*. PS or PTS (0 - 800 $\mu\text{g/ml}$), kojic acid (KA, 25 μM), and PTU (250 nM) were loaded onto a 96-well microplate. After incubation with mushroom tyrosinase at 37°C for 30 min, dopaquinone levels were measured by spectrophotometry at 490 nm. The percentage values in each experiment are expressed relative to those of untreated control. Data are

reported as the mean \pm SEM of three independent experiments performed (n=3). ** $p < 0.01$ and *** $p < 0.001$ vs. untreated control group.

3.4 PS and PTS inhibits the expression of MITF and tyrosinase in α -MSH-stimulated B16F10 cells

To investigate whether PS and PTS affect the expression of key regulators in melanogenesis, MITF and tyrosinase, RT-PCR and western blot analysis were performed after treatment with PS and PTS. As shown in Fig. 1.4A, α -MSH significantly upregulated *MITF* and *tyrosinase* expression at 48 h and both of PS and PTS dose-dependently suppressed α -MSH-induced *tyrosinase* and *MITF* expression. Especially, highest concentration (400 μ g/ml) of them reduced α -MSH-induced *tyrosinase* and *MITF* expression as much as the untreated control. In addition, both of PS and PTS also decreased the protein levels of MITF and tyrosinase at 72 h induced by α -MSH (Fig. 1.4B). These results suggest that PS and PTS inhibit the melanogenesis by suppressing the expression of tyrosinase and MITF.

A



B

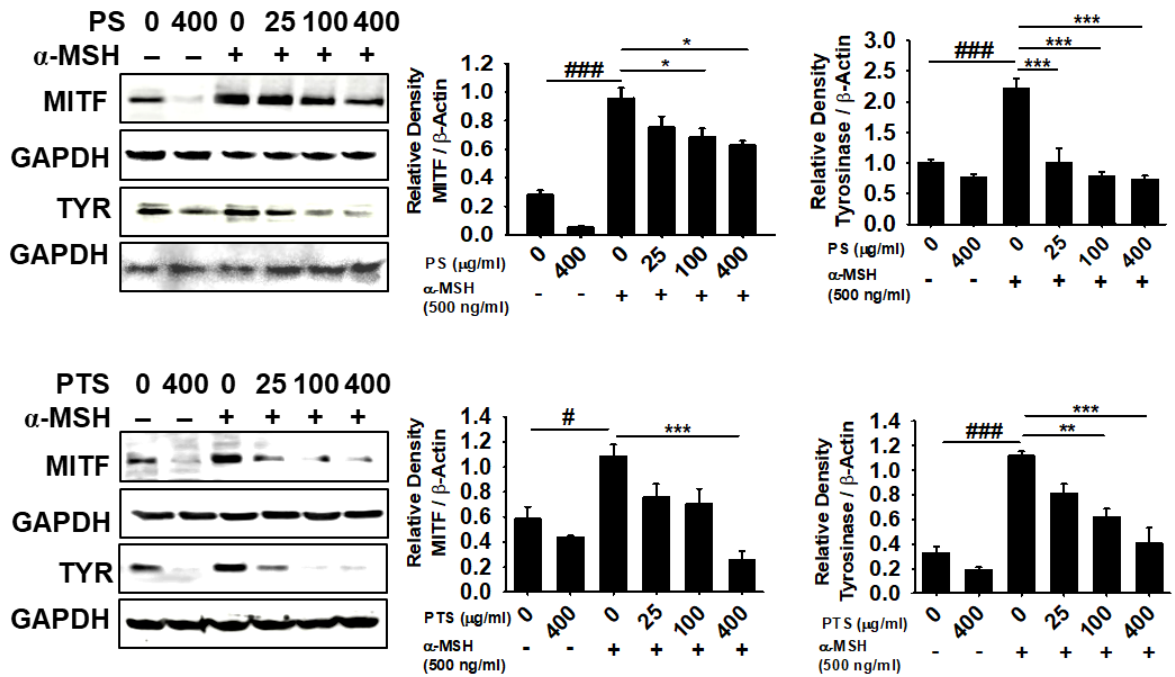


Figure 1-4. PS and PTS inhibit the expression of MITF and tyrosinase in α -MSH-stimulated B16F10 cells. (A) B16F10 cells were exposed to 500 ng/ml α -MSH in the presence of 0 - 400 μ g/ml PS or PTS for 48 h, and the gene expression of MITF and tyrosinase (TYR) was measured. (B) Under the same experimental condition, the protein expression of MITF and TYR was measured by western blotting analysis at 72 h. The data are relative to the values in the untreated control group and represented as the means \pm SE of three separate experiments (n=3). # $p < 0.05$ and #### $p < 0.001$ vs. untreated control group; * $p < 0.05$, ** $p < 0.01$, and *** $p < 0.001$ vs. α -MSH-stimulated group.

3.5 PS and PTS inhibit melanin synthesis in zebrafish larvae

To further evaluate the anti-melanogenic activity of PS and PTS, we treated PS and PTS in α -MSH-stimulated zebrafish larvae and then measured melanogenesis. PS and PTS itself were treated for 2 days in 2 dpf zebrafish, which showed anti-melanogenic activity (Fig. 1.5A, left two lanes of upper and bottom). To additionally, investigate whether PS and PTS downregulates α -MSH-stimulated melanogenesis in zebrafish larvae, 2dpf zebrafish were pretreated with PTU (200 μ M) for 24 h to reduce background pigmentation and then α -MSH (1 μ g/ml) was treated for an additional 24 h to stimulate the melanogenesis. At 4 dpf, PS and PTS were treated for 48 h. As expected, both PS and PTS significantly decreased the melanin pigmentation in a concentration-dependent manner (Fig. 1.5A): both of PS and PTS at 400 μ g/ml concentration reduced the melanin pigmentation to approximately 40% compared to the α -MSH-stimulated group (Fig. 1.5B). To determine whether PS and PTS exerts toxicity in zebrafish larvae, we monitored the heart rate, morphological patterns and mortality. In assessing the heart rate, the zebrafish larvae treated with PS and PTS did not show any apparent difference compared to the untreated control group (Fig. 1.5C).

Furthermore, morphological malformation and mortality of the larvae were also not observed under the condition treated with PS and PTS for 48 h (Fig. 1.5A). This results suggest that PS and PTS are potent inhibitors for melanogenesis in vivo.

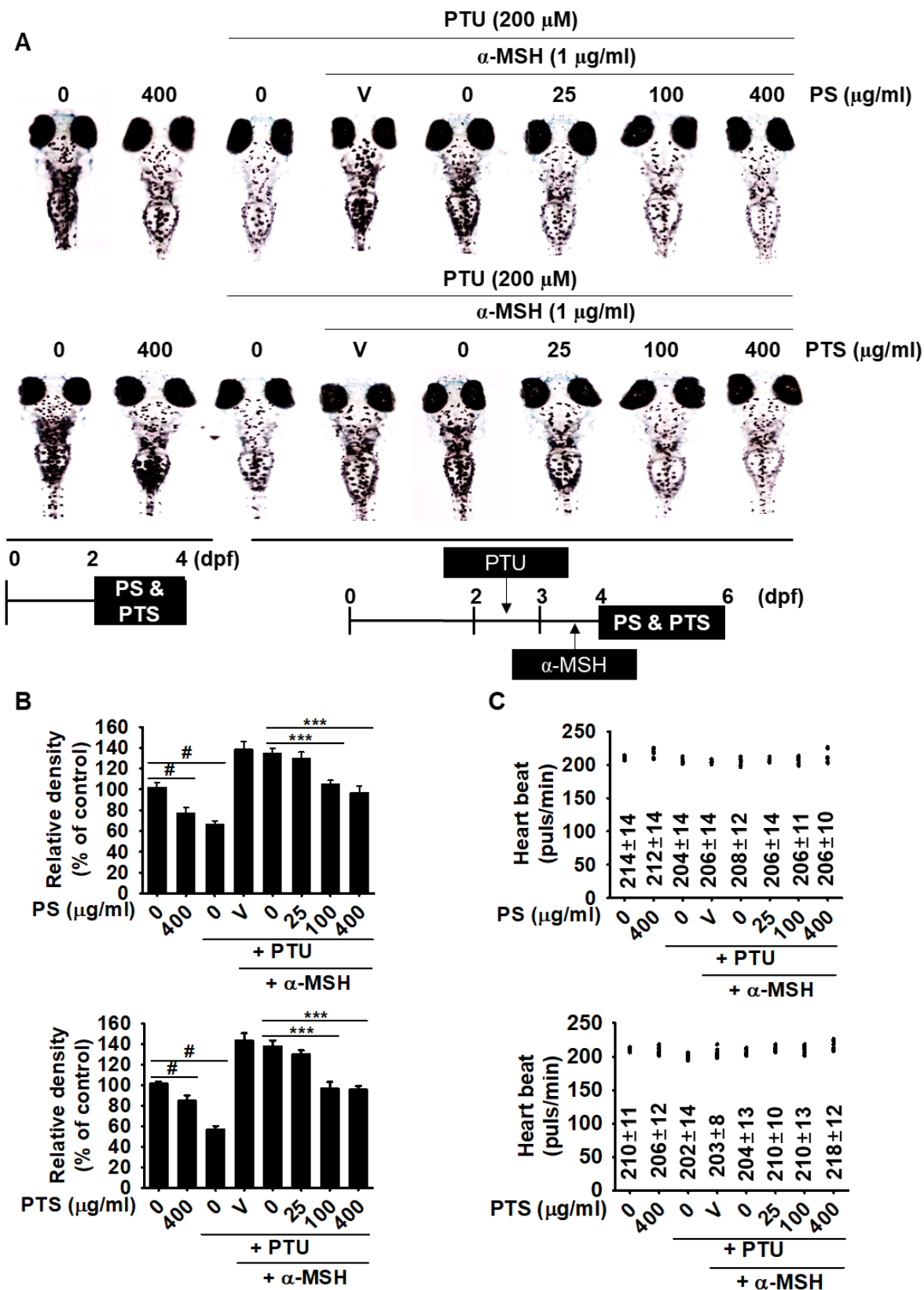


Figure 1-5. PS and PTS inhibit melanin synthesis in zebrafish larvae. (A and B) Zebrafish larvae at 2 dpf were treated with PS and PTS (400 $\mu\text{g}/\text{ml}$) for 48 h, and images were collected (left two zebrafish larvae, top for PS and bottom of PTS). Additionally, 2 dpf zebrafish larvae were treated with PTU (200 μM) for 24 h, and the medium was replaced with α -MSH (1 $\mu\text{g}/\text{ml}$) for another 24 h. Next, the larvae were treated with the indicated concentration of PS or PTS for 48 h. The effects of PS and PTS on pigmentation in zebrafish were observed under an Olympus microscope (40 \times). (B) Relative density was calculated by the Image J software. (C) Average heart rate of zebrafish larvae ($n=20$) was measured to assess the toxicity of PS and PTS. Data are reported as the mean \pm SEM of three independent experiments ($n=3$). # $p < 0.05$ vs. untreated control group; *** $p < 0.001$ vs. α -MSH-stimulated group pretreated with PTU.

3.6 PS- and PTS-induced ERK phosphorylation regulates MITF expression

Since ERK phosphorylation promoted tyrosinase activity by enhancing the proteosomal degradation of MITF, leading to melanogenesis (Kim et al., 2014; Wang et al., 2017), we examined whether PS and PTS induce the ERK phosphorylation in α -MSH-stimulated B16F10 cells. Our results revealed that no significant expression of ERK phosphorylation occurred in α -MSH-stimulated B16F10 cells; however, PS (Fig. 1.6A, left panel) and PTS (Fig. 1.6A, right panel) remarkably upregulated ERK phosphorylation irrespective of the presence of α -MSH. We, next, examined whether a specific ERK inhibitor, PD98059, restores MITF expression degraded by PS and PTS-mediated ERK phosphorylation. As shown in Fig. 1.6B and Fig. 1.6C, MITF expression was significantly reinstated in both PS and PTS-treated B16F10 cells. Therefore, these

results indicate that ERK phosphorylation is involved with the effects of PS and PTS on MITF degradation in B16F10 cells.

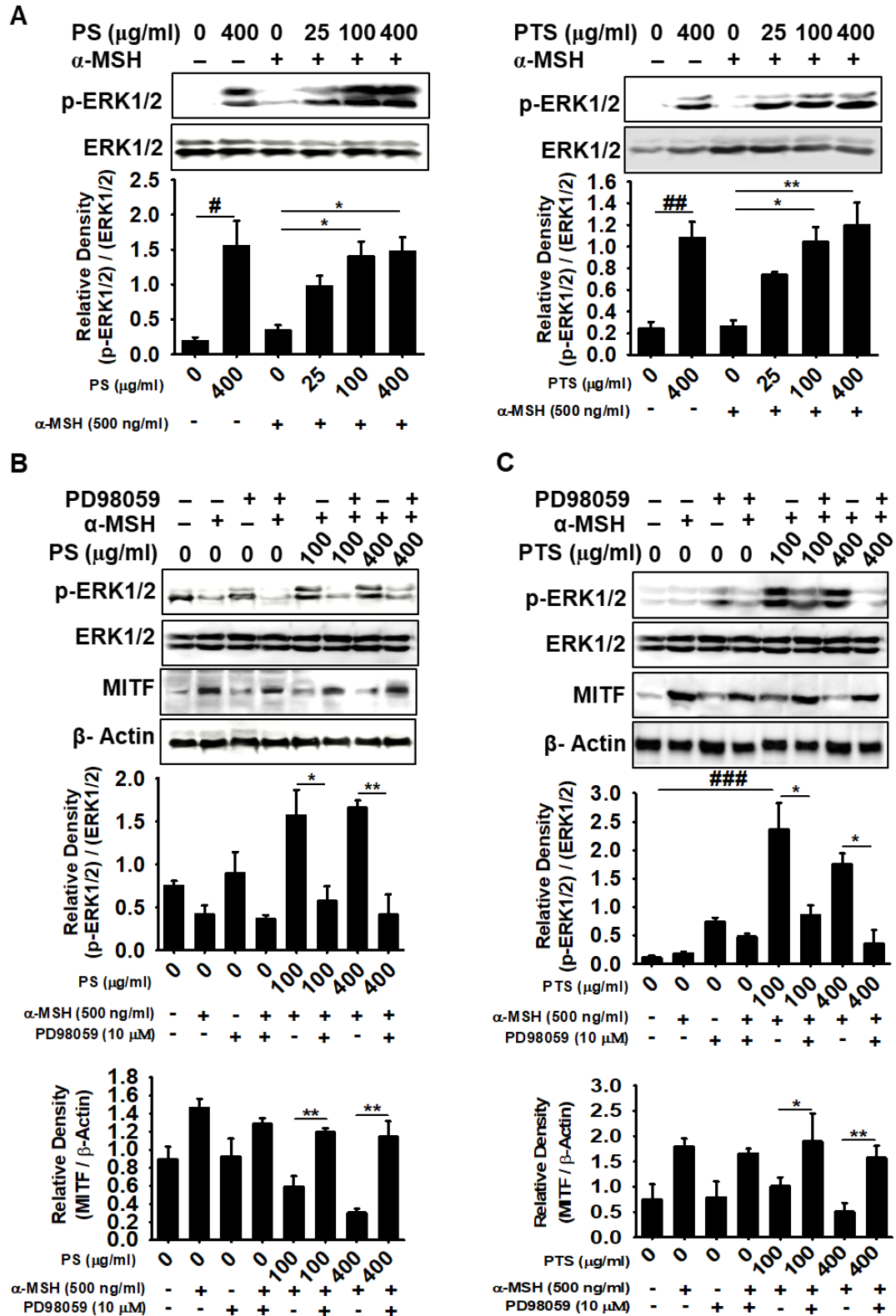


Figure 1-6. PS- and PTS-induced ERK phosphorylation downregulates MITF expression. (A) B16F10 cells were pretreated with 500 ng/ml α -MSH and then treated with PS or PTS (each 0 - 400 μ g/ml) for 72 h, and ERK phosphorylation was analyzed by western blotting analysis (left, PS-treated; right, PTS-treated). (B) The cells were pretreated with PD98059 (10 μ M) for 1 h, and then treated with 500 ng/ml α -MSH in the absence or presence of PS or PTS (each 100 μ g/ml and 400 μ g/ml) for 72 h. Next, the levels of p-ERK1/2 and MITF in cell lysate were analyzed by western blotting analysis. The percentage values are relative to those in the untreated control. The data are represented as the means \pm SEM of three separate experiments ($n=3$). # $p < 0.05$, ## $p < 0.01$, and ### $p < 0.001$ vs. untreated control group; * $p < 0.05$ and ** $p < 0.01$ vs. α -MSH-stimulated group.

3.7 The ERK signaling pathway regulates melanogenesis in PS- and PTS-treated B16F10 cells and zebrafish larvae

To further confirm the role of the ERK signaling pathway on PS- and PTS-induced anti-melanogenic effect, we examined extracellular and intracellular melanin content and melanogenesis in α -MSH-stimulated B16F10 cells and zebrafish larvae. As shown in Fig. 1.7A and Fig. 1.7B, PD98059 itself did not downregulate α -MSH-mediated extracellular and intracellular melanin content, which indicates that PD98059 did not influence melanin production stimulated by α -MSH because the ERK signaling pathway is deviated from α -MSH-stimulated melanogenesis. On the other hand, PD98059 directly reversed PS- and PTS-mediated inhibition (Fig. 1.7A and Fig. 1.7B, respectively) of extracellular (top panel) and intracellular (bottom panel) melanin contents in response to α -MSH. These results imply that PS and PTS inhibit melanin production in α -MSH-stimulated B16F10 cells through the ERK signaling pathways. Furthermore, to evaluate whether anti-melanogenic activity of PS and PTS occurs by

activating ERK, zebrafish larvae were treated with PS and PTS along with PD98059 for 48 h after the treatment with α -MSH for 24 h. As shown in Fig. 1.7C, PS and PTS remarkably suppressed α -MSH-stimulated melanogenesis in zebrafish larvae; however, PD98059 significantly increased melanin pigmentation on the body surface from PS and PTS-treated zebrafish larvae (Fig. 1.7C). Compared with PS- and PTS-treated group (each 400 μ g/ml), PD98059 exposure resulted in an increase of melanogenesis to approximately 124% and 111%, respectively (Fig. 1.7D). PS and PTS showed no significant effect on the heart beat rate of zebrafish and did not exhibit any conspicuous adverse effect (Fig. 1.7E). Additionally, the heart rate regularly sustained, which suggest that all chemicals give no influence on toxicity under all the current experimental conditions (Fig. 1.7E). These data indicate that ERK activation functions a key negative regulator on PS- and PTS-induced anti-melanogenesis.

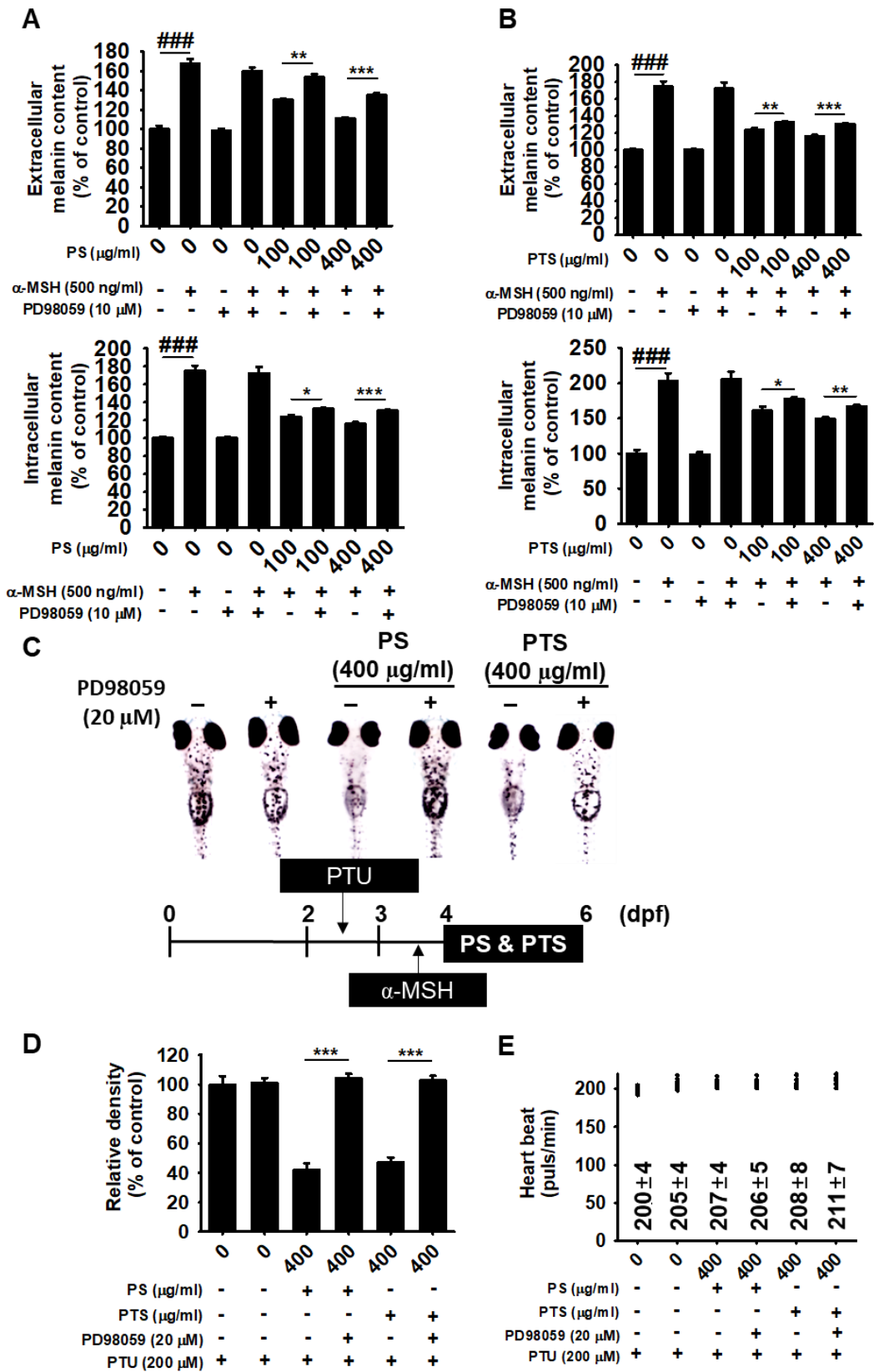


Figure 1-7. The ERK signaling pathway positively regulates melanogenesis in PS- and PTS-treated B16F10 cells and zebrafish larvae. (A and B) B16F10 cells were treated with α -MSH (500 ng/ml) in the presence of PS or PTS (100 μ g/ml and 400 μ g/ml) for 72 h after pretreatment with PD98059 (10 μ M). Extracellular (top panel) and intracellular (bottom panel) melanin contents were measured (A: PS-treated; B; PTS-treated). (C) Zebrafish at 2 dpf were treated with PTU (200 μ M) for 24 h and then with α -MSH (1 μ g/ml) for 48 h. Next, the medium was replaced with PD98059 (20 μ M) for 2 h, and then the fish were treated with PS (400 μ g/ml) or PTS (400 μ g/ml) for 48 h. (D) Pigmentation in zebrafish was observed under an Olympus microscope (40 \times) and relative density was calculated by the Image J software. (E) Average heart rate in zebrafish larvae (n=20) was measured to assess the toxicity of the extracts. Data are reported as the mean \pm SEM of three independent experiments (n=3). #### $p < 0.001$ vs. untreated control group; * $p < 0.05$, ** $p < 0.01$, and *** $p < 0.001$ vs. α -MSH-stimulated group (A and B). *** $p < 0.001$ vs. PTU + PT or PTS group (D).

3.8 Tentative identification of metabolites in PS

To set the importance of analyzed metabolites in a practical content, a comprehensive profile of the constituents of anthocyanin and flavonoids extract was directly analyzed by UPLC-PDA-QToF-MS chromatogram as shown in Fig. 1.8 (top panel for PS and bottom panel for PTS). Mass spectrometry, which acquires mass spectra from the product ions produced from the fragmentation of a selected precursor ion, has been used for identification and characterization of metabolites (Table. 1.1). The typical fragmentation pattern includes O-glucoside (m/z 162), C-glucoside (m/z 120 and 90), and acetylhexoside (m/z 204) [23]. The peaks 1, 2 and 4 were tentatively identified as cyanidin-3-O-galatoside (1, tR = 4.34 min, m/z 449, 287), cyanidin-3-O-glucoside (2, tR = 4.43 min, m/z 449, 287), and cyanidin-3,5-O-diglucoside (4, tR =

4.87 min, m/z 611, 449, 287) because of its shorter retention time and analysis of MS/MS data compared to the literature led [24, 25]. The fragment ion of peaks 3, and 5-12 were observed typical characteristics of the C-glycosyl flavones such as the loss of -90 and -120 amu. In addition, the product ion mass spectrum of peaks 3 ($t_R = 4.61$ min, m/z 609), 5 ($t_R = 5.21$ min, m/z 609), 6 ($t_R = 5.32$ min, m/z 593), 7 ($t_R = 5.43$ min, m/z 739), 8 ($t_R = 5.54$ min, m/z 593), 9 ($t_R = 6.02$ min, m/z 431), 10 ($t_R = 6.20$ min, m/z 577), 11 ($t_R = 6.28$ min, m/z 431), and 12 ($t_R = 6.50$ min, m/z 635) showed as deprotonated ion $[M-H]^-$ and the main fragment ion at m/z 447 $[(M-H)-162]^-$, 431 $[(M-H)-162]^-$, m/z 357 $[(M-H)-(162+90)]^-$, and m/z 327 $[(M-H)-(162+120)]^-$. This molecular weight was determined to be the characteristic of the aglycone as the apigenin structure by comparing it with previously published data [23]. Therefore, peaks 3, and 5-12 was confirmed with orientin-7-O-glucoside (3), isorientin-4'-O-glucoside (5), isovitexin-4'-O-glucoside (6), vitexin-4'-O-glucoside-2''-O-rhamnoside (7), isovitexin-7-O-glucoside (8), apigenin-8-C- β -D-glucoside (9), isovitexin-2''-O-rhamnoside (10), apigenin-6-C- β -D-glucoside (11), and apigenin-6-C-glucoside-7-(6''-O-acetylglucoside) (12). The most area peak 6 was present in very high intensity because they appeared as principal peaks in the UPLC-PDA-QToF-MS chromatogram with retention times. Based on the MS/MS analysis, the spectra of peaks 13-17 contained ions at m/z 284-285 and 207-271 indicating that their aglycone moieties were kaempferol and apigenin. Peak 13 ($t_R = 6.94$ min, m/z 693) had a molecular ion $[M-H]^-$ at m/z 693 and produced MS/MS fragments at m/z 447, 284 and 255, a typical fragment for kaempferol-O-glucoside. Based on these results, compound 13 was identified as a kaempferol-O-glucoside derivative. Peaks 14-17 were identified as kaempferol-7-O-glucoside (14, $t_R = 7.23$ min, m/z 447, 284), kaempferol-3-O-glucoside (15, $t_R = 7.45$ min, m/z 447, 285), apigenin-7-O-glucoside (16, $t_R = 7.53$ min, m/z 431, 271), and kaempferol-3-(6''-O-acetylglucoside) (17, $t_R = 4.43$ min, m/z 489, 284), respectively,

by matching the experimental MS, MS/MS and molecular formulae with the literature spectr [26]. These glycones were previously reported as common flavonoid glycosides and the structures were shown in Fig. 1.9.

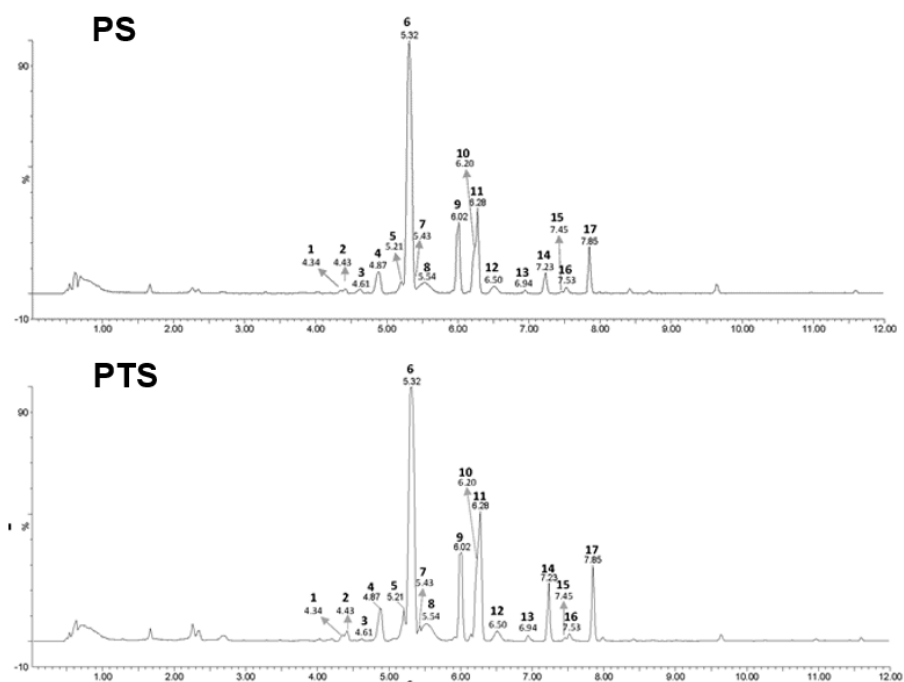


Figure 1-8. Comprehensive profile of anthocyanin and flavonoid constituents in PS and PTS was directly analyzed by UPLC-PDA-QToF-MS chromatogram.

Table 1.1. Identification and characterization of metabolites

NO.	I.D.	Molecular formula	Retention time (min)	Calculated ion (m/z)	Fragments	PubChem CID
1	Cyanidin-3- <i>O</i> -galactoside	C ₁₂ H ₂₁ O ₁₁ ⁺	4.34	449.1084	259, 287, 421	441699
2	Cyanidin-3- <i>O</i> -glucoside	C ₂₁ H ₂₁ O ₁₁ ⁺	4.43	449.1084	259, 287, 421	44256715
3	Orientin-7- <i>O</i> -glucoside	C ₂₇ H ₃₀ O ₁₆	4.61	609.1456	327, 357, 447	44257973
4	Cyanidin-3,5- <i>O</i> -diglucoside	C ₂₇ H ₃₁ O ₁₆ ⁺	4.87	611.1612	259, 287, 449	44256718
5	Isoorientin-4'- <i>O</i> -glucoside	C ₂₇ H ₃₀ O ₁₆	5.21	609.1456	193, 285, 299, 327, 357, 447	44257975
6	Isovitexin-4'- <i>O</i> -glucoside	C ₂₇ H ₃₀ O ₁₅	5.32	593.1506	116, 447	154105
7	Vitexin-4'- <i>O</i> -glucoside-2''- <i>O</i> -rhamnoside*	C ₃₃ H ₄₀ O ₁₉	5.43	739.2086	431, 447, 593	44257755
8	Isovitexin-7- <i>O</i> -glucoside (saponarin)	C ₂₇ H ₃₀ O ₁₅	5.54	593.1506	283, 311, 431	441381
9	Apigenin-8-C-β-D-glucopyranoside (Vitexin)	C ₂₁ H ₂₀ O ₁₀	6.02	431.0987	283, 311	5280441
10	Isovitexin-2''- <i>O</i> -rhamnoside	C ₂₇ H ₃₀ O ₁₄	6.20	577.1557	293, 311, 431	44257672
11	Apigenin-6-C-β-D-glucopyranoside (Isovitexin)	C ₂₁ H ₂₀ O ₁₀	6.28	431.0978	283, 311, 341	162350
12	Apigenin-6-C-glucoside-7-(6''- <i>O</i> -acetyl)-glucoside	C ₂₉ H ₃₂ O ₁₆	6.50	635.1671	431	44257840
13	Kaempferol- <i>O</i> -glucoside derivative	C ₃₁ H ₃₄ O ₁₈	6.94	693.1612	227, 255, 284, 300, 311	N.F.
14	Kaempferol-7- <i>O</i> -glucoside	C ₂₁ H ₂₀ O ₁₁	7.23	447.0927	227, 255, 285	10095180
15	Kaempferol-3- <i>O</i> -glucoside	C ₂₁ H ₂₀ O ₁₁	7.45	447.0927	151, 257, 285	44258798
16	Apigenin-7- <i>O</i> -glucoside	C ₂₁ H ₂₀ O ₁₁	7.53	431.0978	268, 271	44257792
17	Kaempferol-3-(6''-acetylglucoside)	C ₂₃ H ₂₂ O ₁₂	7.85	489.1033	227, 255, 284, 429	44258855

N.F.: not found.

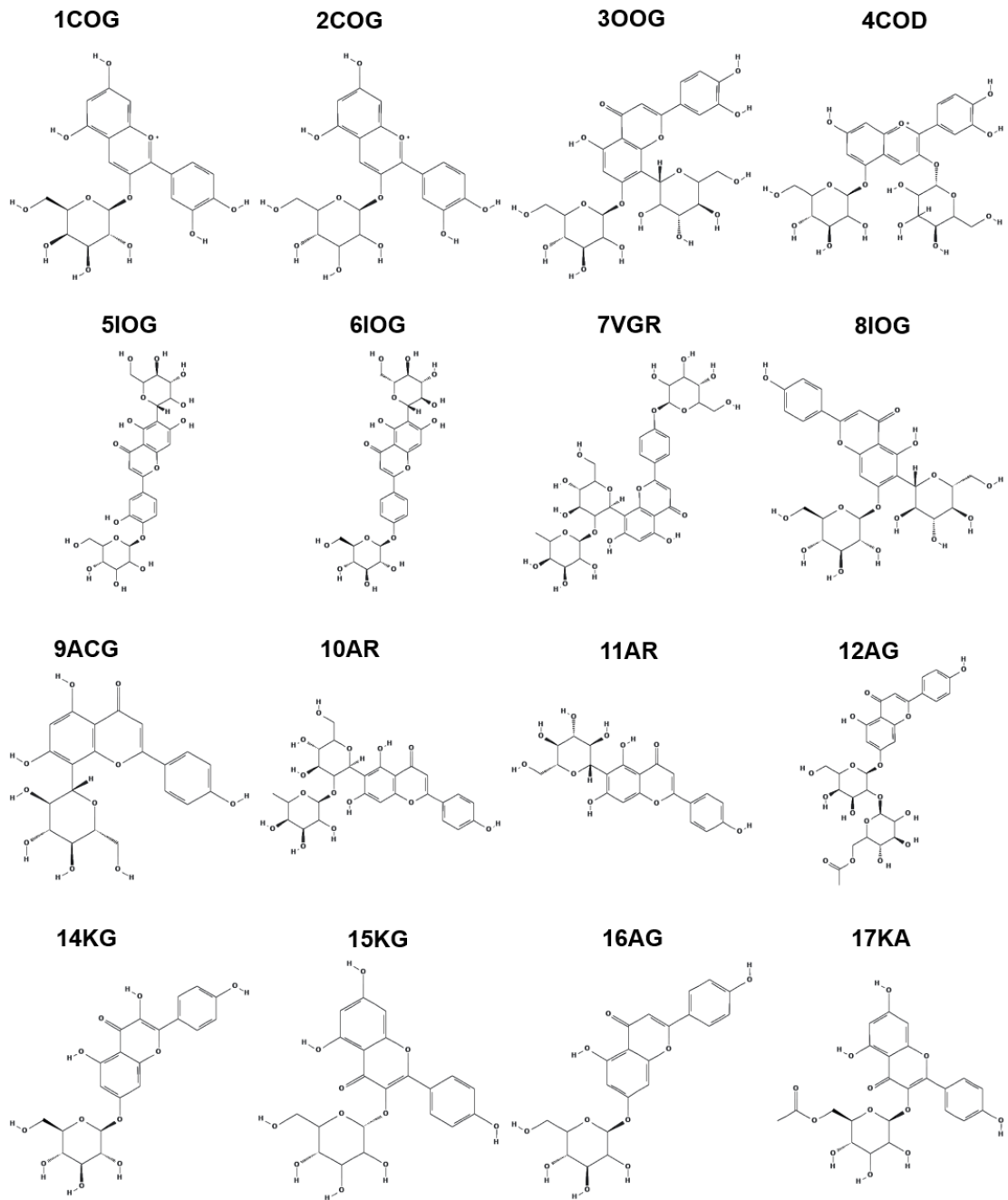


Figure 1-9. Common flavonoid glycosides structures.

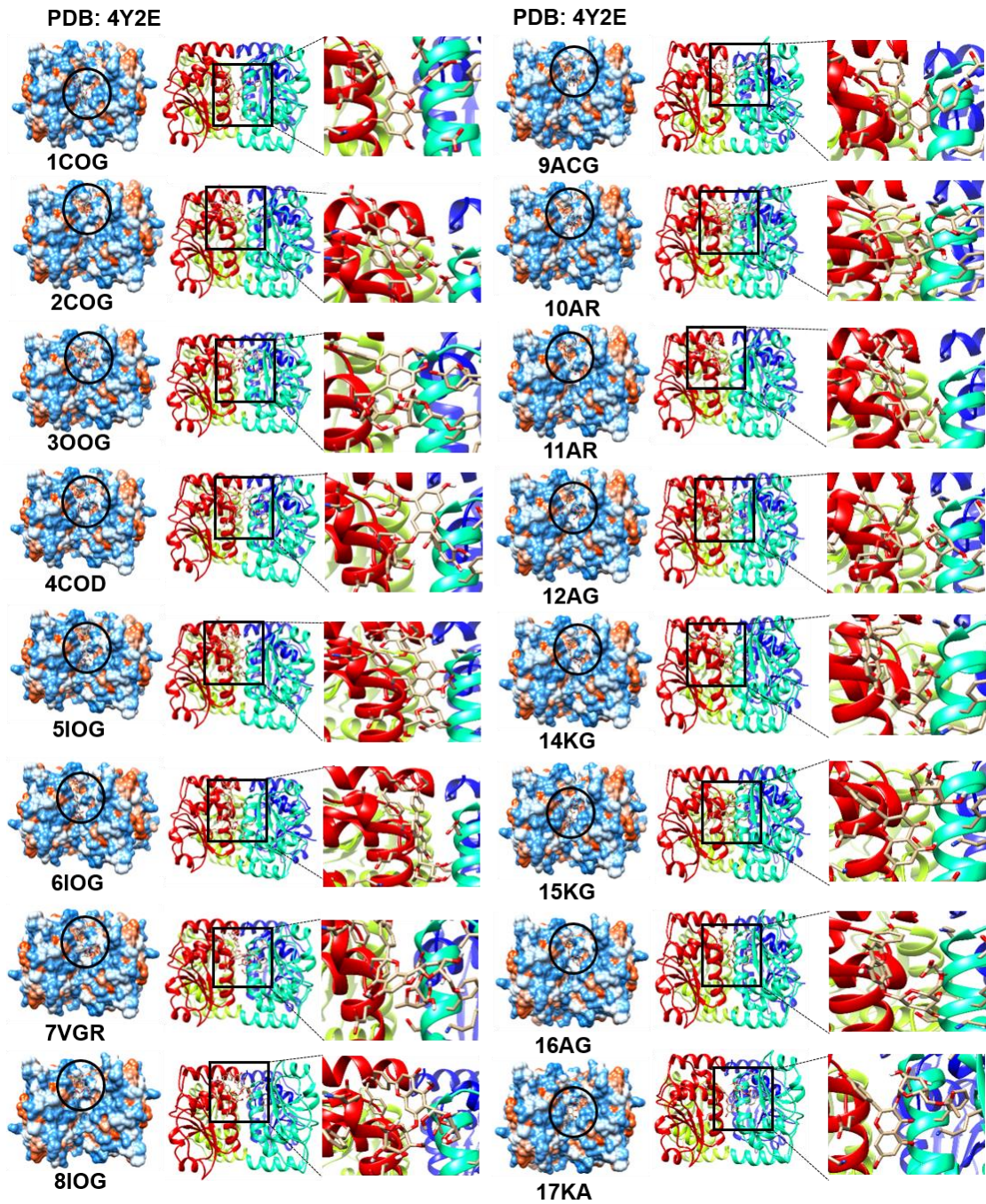


Figure 1-10. Molecular docking data. All 17 anthocyanins identified in this study were directly bound to DUSP7 between two monomers.

Table 1.2. Classification of results gained from the docking of anthocyanins identified in this study into DUSP7.

Receptor	Anthocyanins	Docking score*
DUSP7 (2Y2E)	Cyanidin-3- <i>O</i> -galactoside	-6.2
	Cyanidin-3- <i>O</i> -glucoside	-6.8
	Orientin-7- <i>O</i> -glucoside	-5.7
	Cyanidin-3,5- <i>O</i> -diglucoside	-6.3
	Isoorientin-4'- <i>O</i> -glucoside	-6.8
	Isovitexin-4'- <i>O</i> -glucoside	-6.7
	Vitexin-4'- <i>O</i> -glucoside-2''- <i>O</i> -rhamnoside	-7.3
	Isovitexin-7- <i>O</i> -glucoside (saponarin)	-5.5
	Apigenin-8-C- β -D-glucopyranoside (Vitexin)	-6.0
	Isovitexin-2''- <i>O</i> -rhamnoside	-6.2
	Apigenin-6-C- β -D-glucopyranoside (Isovitexin)	-6.0
	Apigenin-6-C-glucoside-7-(6''- <i>O</i> -acetyl)-glucoside	-7.2
	Kaempferol- <i>O</i> -glucoside derivative	**
	Kaempferol-7- <i>O</i> -glucoside	-7.3
	Kaempferol-3- <i>O</i> -glucoside	-5.8
Apigenin-7- <i>O</i> -glucoside	-7.4	
Kaempferol-3-(6''-acetylglucoside)	-6.6	

*, Docking score are highest one from 4 different docking pose.

**, Chemical structure was not found from PubChem CID.

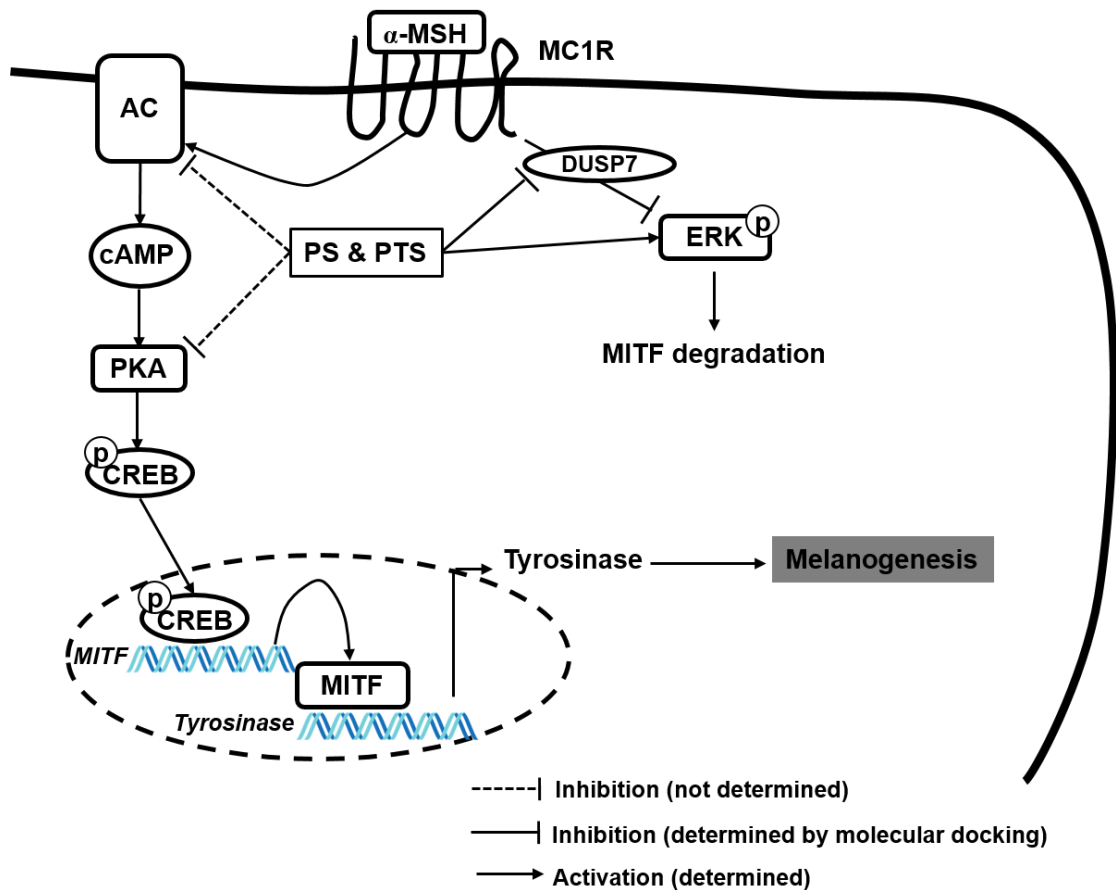


Figure 1-11. The inhibitory mechanism of PS and PTS on α -MSH-stimulated melanogenesis. PS and PTS inhibited melanin production in B16F10 cells and zebrafish larvae; all anthocyanins in both extracts bound to dual specificity protein phosphatase 7 (DUSP7), leading to sustainment of extracellular signal-regulated kinase (ERK) activation, which consequently downregulated tyrosinase expression and activity by inhibiting microphthalmia-associated transcription factor (MITF) expression.

4. Discussion

Anthocyanins are the color pigments from most fruits, vegetables and flowers, which possesses beneficial effects against many chronic diseases such as diabetes, cardiovascular disease, and obesity [27, 28]. Many researchers investigated the potential health benefits of anthocyanins over the past decades [29, 30]. Recently, anthocyanins from *H. sabdariffa* was purified [31, 32], which had antioxidant and antiproliferative activity, and reduced low-density lipoprotein-mediated macrophage apoptosis and hepatic damages [33-35]. Nevertheless, no data have been reported on the anthocyanin from *H. syriacus*. *H. syriacus* (Rose of Sharon or Mugunghwa) as a well-known traditional medicine material is the national flower of South Korea and a member of the family Malvaceae with *H. sabdariffa* which have numerous pharmacological benefits such as anti-proliferative, anti-cancer, anti-microbial, anti-viral and anti-inflammatory activity [18-21]. In the current study, we, for the first time, confirmed that anthocyanin-rich extracts (PS and PTS, respectively) from two *H. syriacus* variety (Pulsae and Paetanshim) possessed 17 anthocyanins which were different from those isolated from *H. sabdariffa* and revealed anti-melanogenic activity by activating the ERK signal pathway.

Tyrosinase is a multifunctional and copper-containing enzyme, which are positively regulates melanin production [7]. Therefore, for several decades, many natural tyrosinase inhibitors have found for cosmetic and medical applications. Especially, monphenolic compounds including hydroquinone, arbutin, resorcinol and kojic acid have been known to directly bind to tyrosinase instead of its substrates such as L-tyrosine and DOPA which have a monphenolic structure [36]. Also, many polyphenols are potent anti-melanogenic compounds by directly binding to tyrosinase via hydrogen bonds and van der Waals forces as well as their structural specificity such as the position of hydroxyl groups [37]. Among of polyphenols, anthocyanin contents

from black soya bean showed anti-human and anti-mushroom tyrosinase activities which was different by the extraction solvents [38]. In the current study, we purified 17 anthocyanin-rich extracts from two *H. syriacus* varieties and confirmed that high concentration at 800 µg/ml slightly inhibited mushroom tyrosinase activity; however, both PS and PTS significantly suppresses extracellular and intracellular melanin contents, which indicates that both PS and PTS negatively regulate melanin production through alternative mechanisms, not direct inhibition of tyrosinase.

Recently, the ERK pathway directly stimulates MITF phosphorylation, causing to its proteosomal degradation, which consequently inhibits melanogenesis [5, 12]. Therefore, ERK activation has been thought as a promising target for anti-melanogenesis. In the current study, we found that PS and PTS significantly activated ERK phosphorylation and an ERK inhibitor, PD98059, inhibited melanogenesis along with downregulation of MITF in B16F10 cells and zebrafish larvae, which indicate that PS- and PTS-mediated anti-melanogenic activity is due to an increase of ERK phosphorylation and subsequent degradation of MITF. Nevertheless, we could not find what molecule is a target of PS and PTS for ERK phosphorylation during anti-melanogenesis. Therefore, we tried to find negative regulators of the ERK signaling pathway which could be bound to anthocyanins of PS and PTS, causing ERK activation. First well-known negative regulator is a protein phosphatase 2A (PP2A) [39]. Molecular docking study found that PP2A (PDB: 3FGA) did not show to directly bind to all anthocyanins identified from PS and PTS, suggesting that PP2A is not a target molecule. Additionally, Buffet et al. reported two ERK-specific dual specificity phosphatases (DUSP5 and DUSP6) which induces the dephosphorylation of ERK in the nucleus and the cytoplasm along with ERK phosphorylation [40]. However, all anthocyanins were not bind to DUSP5 (PDB: 2G6Z) and DUSP6 (PDB: 1HZM). DUSP7 (PDB: 2Y2E) is also a well-known ERK-specific phosphatase which could

dephosphorylate ERK [41, 42]. Our molecular docking data showed that all anthocyanins identified in this study, directly bound to DUSP7 between two monomers (Fig. 1.9). Even though molecular docking found 4 different poses to bind between each anthocyanin and DUSP7, it was difficult to pinpoint what amino acids of DUSP7 could accurately bind to anthocyanins identified in this study because of more than 2 coplanar positions specified. Nevertheless, on the basis of docking score (Table 1.2), apigenin-7-*O*-glucoside (docking score: -7.4), vitexin-4'-*O*-glucoside-2''-*O*-rhamnoside (-7.3), kaempferol-7-*O*-glucoside (-7.3), and apigenin-6-*C*-glucoside-7-(6''-*O*-acetyl)-glucoside (-7.2) had strong binding activity to DUSP7; kaempferol-3-*O*-glucoside (-5.8), orientin-7-*O*-glucoside (-5.7), and isovitexin-7-*O*-glucoside (-5.5) had relatively low binding activity. These data suggest that anthocyanins from PS and PTS promotes anti-melanogenic activity by activating the ERK signaling pathway. Additionally, some anthocyanins from PS and PTS could bind to AC and Protein kinase A (PKA), according molecular docking (data not shown), which suggest that PS and PTS also downregulate AC and Protein PKA mediated melanogenesis (Fig. 1.10). Previous research showed that the inhibition of AC and PKA pathway positively modulated ERK activation [43], which suggest that AC inhibition would be one of upstream target of anthocyanins from PS and PTS, leading to ERK-mediated anti-melanogenesis along with DUSP7 suppression. Nevertheless, unsolved puzzle is still existed in this study. Above mentioned, many evidences showed that ERK activators are a splendid candidates for anti-melanogenesis [5, 12] and our data also verified that anthocyanins of PS and PTS inhibits melanogenesis in response to α -MSH or without stimuli by phosphorylating ERK. However, in other experimental conditions, some anthocyanins suppressed the ERK pathway, leading to anti-cancer activity and anti-metastasis [44, 45]. Why do anthocyanins increase or decrease ERK phosphorylation

in different experimental condition? To solve this riddle, continuous study will be needed on anthocyanins in many different experimental models.

In summary, PS and PTS possessed same 17 anthocyanins, which is directly bound to DUSP7, leading to ERK phosphorylation and subsequent anti-melanogenic activity. Finally, PS and PTS would be a potential skin whitening agent and a novel medical application for the treatment of dermatological problems such as melasma, wrinkling, and senile lentigines.

5. References

1. Zabierowski, S.E., et al., *Direct reprogramming of melanocytes to neural crest stem-like cells by one defined factor*. Stem Cells, 2011. **29**(11): p. 1752-62.
2. Videira, I.F., D.F. Moura, and S. Magina, *Mechanisms regulating melanogenesis*. An Bras Dermatol, 2013. **88**(1): p. 76-83.
3. Ebanks, J.P., R.R. Wickett, and R.E. Boissy, *Mechanisms regulating skin pigmentation: the rise and fall of complexion coloration*. Int J Mol Sci, 2009. **10**(9): p. 4066-87.
4. Togsverd-Bo, K., et al., *Skin autofluorescence reflects individual seasonal UV exposure, skin photodamage and skin cancer development in organ transplant recipients*. J Photochem Photobiol B, 2018. **178**: p. 577-583.
5. Pillaiyar, T., M. Manickam, and S.H. Jung, *Downregulation of melanogenesis: drug discovery and therapeutic options*. Drug Discov Today, 2017. **22**(2): p. 282-298.
6. Kumari, S., et al., *Melanogenesis Inhibitors*. Acta Derm Venereol, 2018. **98**(10): p. 924-931.
7. del Marmol, V. and F. Beermann, *Tyrosinase and related proteins in mammalian pigmentation*. FEBS Lett, 1996. **381**(3): p. 165-8.
8. Vachtenheim, J. and J. Borovansky, *Transcription physiology of pigment formation in melanocytes: central role of MITF*. Exp Dermatol, 2010. **19**(7): p. 617-27.
9. Liu, J.J. and D.E. Fisher, *Lighting a path to pigmentation: mechanisms of MITF induction by UV*. Pigment Cell Melanoma Res, 2010. **23**(6): p. 741-5.

10. Roh, E., et al., *cAMP-binding site of PKA as a molecular target of bisabolangelone against melanocyte-specific hyperpigmented disorder*. *J Invest Dermatol*, 2013. **133**(4): p. 1072-9.
11. Rodriguez, C.I. and V. Setaluri, *Cyclic AMP (cAMP) signaling in melanocytes and melanoma*. *Arch Biochem Biophys*, 2014. **563**: p. 22-7.
12. Kim, E.S., et al., *Mitochondrial dynamics regulate melanogenesis through proteasomal degradation of MITF via ROS-ERK activation*. *Pigment Cell Melanoma Res*, 2014. **27**(6): p. 1051-62.
13. Wang, R., et al., *FGF21 regulates melanogenesis in alpaca melanocytes via ERK1/2-mediated MITF downregulation*. *Biochem Biophys Res Commun*, 2017. **490**(2): p. 466-471.
14. Bellei, B., et al., *Wnt/beta-catenin signaling is stimulated by alpha-melanocyte-stimulating hormone in melanoma and melanocyte cells: implication in cell differentiation*. *Pigment Cell Melanoma Res*, 2011. **24**(2): p. 309-25.
15. Guo, H., et al., *Wnt/ β -catenin signaling pathway activates melanocyte stem cells in vitro and in vivo*. *J Dermatol Sci*, 2016. **83**(1): p. 45-51.
16. di Martino, O., et al., *Hibiscus syriacus extract from an established cell culture stimulates skin wound healing*. *Biomed Res Int*, 2017. **2017**: p. 7932019.
17. Yang, J.E., et al., *Dietary enzyme-treated Hibiscus syriacus L. protects skin against chronic UVB-induced photoaging via enhancement of skin hydration and collagen synthesis*. *Arch Biochem Biophys*, 2019. **662**: p. 190-200.
18. Kim, Y.H., et al., *Antidepressant-like and neuroprotective effects of ethanol extract from the root bark of Hibiscus syriacus L.* *Biomed Res Int*, 2018. **2018**: p. 7383869.
19. Shi, L.S., et al., *Cytotoxic effect of triterpenoids from the root bark of Hibiscus syriacus*. *Fitoterapia*, 2014. **97**: p. 184-91.

20. Hsu, R.J., et al., *The triterpenoids of Hibiscus syriacus induce apoptosis and inhibit cell migration in breast cancer cells*. BMC Complement Altern Med, 2015. **15**: p. 65.
21. Kwon, S.W., et al., *Antioxidant properties of heat-treated Hibiscus syriacus*. Izv Akad Nauk Ser Biol, 2003(1): p. 20-1.
22. Duckworth, H.W. and J.E. Coleman, *Physicochemical and kinetic properties of mushroom tyrosinase*. J Biol Chem, 1970. **245**(7): p. 1613-25.
23. Lee, J.H., et al., *Elucidation of phenolic antioxidants in barley seedlings (Hordeum vulgare L.) by UPLC-PDA-ESI/MS and screening for their contents at different harvest times*. Journal of Functional Foods, 2016. **26**: p. 667-680.
24. Ito, C., et al., *Characterisation of proanthocyanidins from black soybeans: isolation and characterisation of proanthocyanidin oligomers from black soybean seed coats*. Food Chem, 2013. **141**(3): p. 2507-12.
25. Lee, J.H., et al., *Characterisation of anthocyanins in the black soybean (Glycine max L.) by HPLC-DAD-ESI/MS analysis*. Food Chemistry, 2009. **112**(1): p. 226-231.
26. Ryu, H.W., et al., *Comparison of secondary metabolite changes in Camellia sinensis leaves depending on the growth stage*. Food Control, 2017. **73**: p. 916-921.
27. Lee, Y.M., et al., *Dietary anthocyanins against obesity and inflammation*. Nutrients, 2017. **9**(10).
28. Putta, S., et al., *Anthocyanins: multi-target agents for prevention and therapy of chronic diseases*. Curr Pharm Des, 2017. **23**(41): p. 6321-6346.
29. Bonesi, M., et al., *The role of anthocyanins in drug discovery: recent developments*. Curr Drug Discov Technol, 2019.

30. Naseri, R., et al., *Anthocyanins in the management of metabolic syndrome: a pharmacological and biopharmaceutical review*. *Front Pharmacol*, 2018. **9**: p. 1310.
31. Piovesana, A., E. Rodrigues, and C.P.Z. Norena, *Composition analysis of carotenoids and phenolic compounds and antioxidant activity from hibiscus calyces (*Hibiscus sabdariffa* L.) by HPLC-DAD-MS/MS*. *Phytochem Anal*, 2019. **30**(2): p. 208-217.
32. Grajeda-Iglesias, C., et al., *Isolation and characterization of anthocyanins from *Hibiscus sabdariffa* flowers*. *J Nat Prod*, 2016. **79**(7): p. 1709-18.
33. Maciel, L.G., et al., **Hibiscus sabdariffa* anthocyanins-rich extract: Chemical stability, in vitro antioxidant and antiproliferative activities*. *Food Chem Toxicol*, 2018. **113**: p. 187-197.
34. Chang, Y.C., et al., **Hibiscus* anthocyanins-rich extract inhibited LDL oxidation and oxLDL-mediated macrophages apoptosis*. *Food Chem Toxicol*, 2006. **44**(7): p. 1015-23.
35. Wang, C.J., et al., *Protective effect of *Hibiscus* anthocyanins against tert-butyl hydroperoxide-induced hepatic toxicity in rats*. *Food Chem Toxicol*, 2000. **38**(5): p. 411-6.
36. Munoz-Munoz, J.L., et al., *Suicide inactivation of the diphenolase and monophenolase activities of tyrosinase*. *IUBMB Life*, 2010. **62**(7): p. 539-47.
37. Zolghadri, S., et al., *A comprehensive review on tyrosinase inhibitors*. *J Enzyme Inhib Med Chem*, 2019. **34**(1): p. 279-309.
38. Jhan, J.K., et al., *Anthocyanin contents in the seed coat of black soya bean and their anti-human tyrosinase activity and antioxidative activity*. *Int J Cosmet Sci*, 2016. **38**(3): p. 319-24.

39. Yu, L.G., et al., *Protein phosphatase 2A, a negative regulator of the ERK signaling pathway, is activated by tyrosine phosphorylation of putative HLA class II-associated protein I (PHAPI)/pp32 in response to the antiproliferative lectin, jacalin.* J Biol Chem, 2004. **279**(40): p. 41377-83.
40. Buffet, C., et al., *DUSP5 and DUSP6, two ERK specific phosphatases, are markers of a higher MAPK signaling activation in BRAF mutated thyroid cancers.* PLoS One, 2017. **12**(9): p. e0184861.
41. Kidger, A.M. and S.M. Keyse, *The regulation of oncogenic Ras/ERK signalling by dual-specificity mitogen activated protein kinase phosphatases (MKPs).* Semin Cell Dev Biol, 2016. **50**: p. 125-32.
42. Urness, L.D., et al., *Expression of ERK signaling inhibitors Dusp6, Dusp7, and Dusp9 during mouse ear development.* Dev Dyn, 2008. **237**(1): p. 163-9.
43. Davis, M.I., J. Ronesi, and D.M. Lovinger, *A predominant role for inhibition of the adenylate cyclase/protein kinase A pathway in ERK activation by cannabinoid receptor 1 in N1E-115 neuroblastoma cells.* J Biol Chem, 2003. **278**(49): p. 48973-80.
44. Wang, L.S. and G.D. Stoner, *Anthocyanins and their role in cancer prevention.* Cancer Lett, 2008. **269**(2): p. 281-90.
45. Chen, X.Y., et al., *Black rice anthocyanins suppress metastasis of breast cancer cells by targeting RAS/RAF/MAPK pathway.* Biomed Res Int, 2015. **2015**: p. 414250.

PART 02

***Hibiscus syriacus* anthocyanin-rich extract attenuate
the LPS-induced inflammation in RAW264.7
macrophages and zebrafish via
NF- κ B signaling pathway**

Abstract

The inflammatory process is a useful host response to cellular injury or external challenges that initiate and sustain inflammation, and terminate the process. Nevertheless, continued inflammation can be destructive and can contribute to the pathogenesis of many diseases. *Hibiscus syriacus* is used as a medicinal plant in oriented medicine even though its effect on anti-inflammation is unknown. Therefore we further studied the anti-inflammatory effect of anthocyanin-rich extracts from the *H. syriacus* varieties Pulsae (PS) on the lipopolysaccharide (LPS)-induced expression of proinflammatory mediators and the molecular mechanisms underlying these activities in RAW264.7 macrophages. We observed that, at the highest concentration of PS (1000 µg/ml) exhibited no substantial effect on cell viability and cellular morphological modification. Moreover, PS suppressed the LPS-induced nitric oxide (NO) and prostaglandin E2 (PGE-2) and reduced the expression of inducible NO synthase (iNOS) and cyclooxygenase-2 (COX-2) concentration dependently at the transcriptional and translational level. Furthermore, PS inhibited the production of proinflammatory cytokines including interleukin-6 (IL-6), interleukin-12 (IL-12) and tumor necrosis factor- α (TNF- α) in LPS-induced RAW264.7 cells. Further studies showed that PS significantly decreased LPS-induced nuclear translocation of the nuclear factor- κ B (NF- κ B) subunits, p65 and p50. The inhibitory effect of PS further confirmed in LPS microinjected zebrafish larvae due to the diminishing the recruitment of neutrophil and macrophages. Taken together, our results indicate that PS attenuate inflammation in both *in vitro* and *in vivo* primarily by inhibiting the activation of NF- κ B activity. It might be used as a novel modulatory drug for effective treatment of inflammation-related diseases.

Key words: *Hibiscus syriacus*; Anthocyanin; Inflammation; RAW264.7; Zebrafish; IL-6

1. Introduction

Inflammation is a highly regulated self-limiting process to identify and destroy invading pathogens and restore normal tissue structure and function [1]. However in many cases an excessive inflammatory response has been recognized as the principle reason of chronic inflammation including vascular disease, rheumatoid arthritis, inflammatory bowel disease and cancer [2-5]. Macrophages are a differentiated tissue cell type originating as blood monocytes and function as the initiation and propagation of inflammatory responses by releasing proinflammatory mediators, such as nitric oxide (NO), interleukin-6 (IL-6), interleukin-12 (IL-12), tumor necrosis factor- α (TNF- α), and prostaglandins (PGE₂) by inducible cyclo-oxygenase (COX-2) [6, 7].

One of the most potent initiators of inflammation is the Lipopolysaccharide (LPS), a major component of the outer membrane of Gram-negative bacteria. LPS triggers monocytes and macrophages to produce proinflammatory cytokines [8-10]. The mitogen-activated protein kinase (MAPK) family consists of extracellular signal-regulated kinase (ERK), p38 and c-Jun N-terminal kinase (JNK) [11-13]. MAPKs are serine-threonine kinases that mediate intracellular signaling associated with various cellular activities, including cell proliferation, differentiation, cell death and inflammation [11, 12].

Nuclear factor- κ B (NF- κ B) regulates the transcription of numerous genes involved in immunity, inflammation and protection from programmed cell death [14, 15]. The activation of NF- κ B is mediated by various upstream protein kinases, including MAPKs [16, 17]. NF- κ B p50/p65 is bound to inhibitory inhibitor of κ B (I κ B) proteins in the cytoplasm. The cytoplasmic NF- κ B/I κ B complex is activated by phosphorylation; in the case of I κ B- α , this modification occurs at serines 32 and 36 by the I κ B kinase (IKK) complex. A free p50/p65 NF- κ B complex translocates from the

cytosol to the nucleus, and ultimately binds to the promoter region of target genes encoding various proinflammatory factors [18-22].

Most part of the *Hibiscus syriacus* including flower, fruit, root stem and bark are widely used for the medicinal purpose in the eastern and southern Asia. The pharmacological effect was used to treat for tinea, eczema, scabies and dysentery as traditional medicine. According to the recent studies root bark extracts of the *H. syriacus* has shown anticancer, antioxidant, human neutrophil elastase inhibitory activity, monoamine oxidase inhibitory activity and antidepressant activity [23-26]. Therefore for the first time, we evaluated the effect of anthocyanin-rich extract of *H. syriacus* variety Pulsae (PS), which has purple petal color on the lipopolysaccharide (LPS)-induced expression of proinflammatory mediators and the molecular mechanisms underlying these activities in RAW264.7 macrophages. PS significantly downregulates the mRNA and protein expression of iNOS, COX-2 and TNF- α with a consequent diminishing of NO, PGE₂ as well as proinflammatory cytokines production in LPS stimulated RAW264.7 macrophage through inhibition of NF- κ B pathway. Additionally, PS also diminished the LPS induced zebrafish (*Danio rerio*) larvae neutrophil and macrophage recruitment.

2. Material and Methods

2.1 Plant material and sample preparation

H. syriacus Pulsae was cultivated in the *Hibiscus* clonal archive of the Korea Forest Research Institute, Suwon, Republic of Korea (N 37° 15' 5.56", E 126° 57' 16.11") between July and August 2017 and identified by Dr. H.-Y. Kwon (one of the authors). Voucher specimens were deposited in the Korea Forest Service (NF-H8-F; http://english.forest.go.kr/newkfsweb/eng/idx/Index.do?mn=ENG_01).

The petals of *H. syriacus* Pulsae was freeze-dried for 3 days and then stored at below -20°C before extraction. Secondary metabolites were obtained through extraction in accordance with a previously described procedure [24], with slight modification. The petals (1.5 kg) were ground, extracted three times with ethanol (40.0 L) at 10°C for 48 h, filtered, and then evaporated using a rotary evaporator at below 30°C. The resultant extract was separated by Diaion® HP-20(Mitsubishi Chemical Co., Japan). The anthocyanin-rich fraction was freeze-dried (120 g). The supernatant was filtered through a 0.2 mm polytetrafluoroethylene (PTFE) filter, and then subjected to UPLC-QTOF-MS and biological activity analyses. The extraction solvent was of EP grade, whereas the chromatographic solvents used in the MS experiments were of LC-MS grade (J. T. Baker, Phillipsburg, NJ).

2.2 Reagents and antibodies

Dulbecco's modified Eagle's medium (DMEM), fetal bovine serum (FBS), and antibiotic mixtures were obtained from WelGENE Inc. (Daegu, Republic of Korea). Other chemicals were purchased as Sigma grades. Rabbit anti-mouse antibodies against iNOS, COX-2, β -actin, and LPS, 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl-tetrazolium bromide (MTT) were purchased from Sigma (St.Louis, MO).

2.3 Cell culture and MTT assay

Mouse RAW264.7 macrophage cells were grown in DMEM supplemented with 5% FBS at 37°C in a 5% CO₂ humidified incubator. Relative cell viability was determined by colorimetric MTT assay based on the reduction of MTT. Briefly, RAW264.7 macrophage cells (1×10^5 cells/ml) were treated with the various concentrations (0-1000 µg/ml) of PS in the presence or absence of LPS (500ng/ml) and incubated for 24 h. Then cells were treated with MTT solution (0.5 mg/ml) for 30 min at 37°C. The medium was removed and dimethyl sulfoxide (DMSO) was added to dissolve the dark formazan and measured the absorbance at 540 nm using a microplate reader (Thermo Electron Corporation, Marietta, OH).

2.4 Flow cytometry analysis

To estimate the total cell count and viability of cell population, flow cytometry analysis (FACS) was carried out based on the viable and non-viable cells differential stained due to their different permeability to the DNA binding dyes. The RAW264.7 macrophages were plated at a density of 1×10^5 cell/ml for overnight and treated with the indicated concentrations (0-800 µg/ml) of PS for 24 h. In brief, the cells were harvested and washed with ice cold phosphate-buffered saline (PBS). Then, the cells were incubated with Muse® cell count & viability kit (EMD Millipore, Billerica, MA) for 5 min and analyzed according to the manufactures instructions by Muse® cellcycler (EMD Millipore).

2.5 NO Assay

NO levels in the culture supernatants were determined by Griess reagent. Briefly, RAW 264.7 macrophage cells (1×10^5 cells/mL) were plated onto 24-well plates and pretreated with the 0-800 µg/ml concentrations of PS 2 h prior to stimulation with 500 ng/ml LPS for 24 h. Supernatants were collected and measured for NO production using Griess reagent. The samples were mixed with equal volume of Griess

reagent (1% sulfanilamide in 5% phosphoric acid and 0.1% naphthylethylenediamine dihydrochloride) and then incubated at room temperature for 15 min. The absorbance was measured at 540 nm on a microplate reader. A standard concentration of sodium nitrite was used to determine the nitrite concentration

2.6 Isolation of total RNA and Reverse transcriptase polymerase chain reactions (RT-PCR)

Total RNA was extracted using TRIzol (Invitrogen Life Technologies) total RNA extraction kit according to the manufacturer's instruction. One microgram RNA was reverse-transcribed using MMLV reverse transcriptase (Promega, Madison, WI). The cDNA was amplified by PCR using specific primer of *iNOS* (forward 5'-CCT CCT CCA CCC TAC CAA GT-3' and reverse 5'-CAC CCA AAG TGC TTC AGT CA-3'), *COX-2* (forward 5'-TGC TGT ACC AGC AGT GGC AA-3' and reverse 5'-GCA GCC ATT TCC TTC TCT CC-3'), *TNF- α* (forward 5'-ATG AGC ACA GAA AGC ATG AT-3' and reverse 5'-TAC AGG CTT GTC ACT GA AT-3'), *IL-6* (forward 5'-AAG TGC ATC ATC GTT GTT TTC A-3' and reverse 5'-GAG GAT ACC ACT CCC AAC AG-3'), *IL-12* (forward 5'-AAG ACA TCA CAC GGG ACCC AA-3' and reverse 5'-GAG GAT ACC ACT TCC CAA CAG-3') and *GAPDH* (forward 5'-AGG TCG GTG TGA ACG GAT TTG-3' and reverse 5'-TGT AGA CCA TGT AGT TGA GGT CA-3'). The following PCR conditions were applied for PCR amplification: *COX-2*, *iNOS* and *IL-6*: 25 cycles of denaturation at 95°C for 45 s, annealing at 55°C for 45 s, and extended at 72°C for 1 min, *TNF- α* 25 cycles of denaturation at 95°C for 45 s, annealing at 53°C for 45 s, and extended at 72°C for 1 min, *IL-12*: 25 cycles of denaturation at 95°C for 45 s, annealing at 61°C for 45 s, and extended at 72°C for 1 min. The *GAPDH*

was used as an internal control to evaluate relative expression of *COX-2*, *iNOS* and *TNF- α* , *IL-6*, *IL-12*.

2.7 Western blotting assay

Total cell extracts were prepared using a RIPA lysis buffer (iNtRON biotechnology). Briefly, the RIPA lysis buffer solution was treated to the cells on the ice for 30 min and lysates were centrifuged at $14,000 \times g$ at 4°C for 10 min to have the supernatants. In a parallel experiment, cytoplasmic and nuclear extracts were prepared from the cells using NE-PER nuclear and cytosolic extraction reagents (Pierce, Rockford, IL). Protein concentrations of collected samples were determined using a Bio-Rad protein assay kit (Bio-Rad, Hercules, CA). The samples were stored at -80°C or immediately used for Western blot analysis after the extraction. The proteins were separated on SDS-polyacrylamide gels and transferred to nitrocellulose membranes (Amersham, Arlington Heights, IL). Finally, Proteins were monitored using an enhanced chemiluminescence detection system (Amersham, Arlington Heights, IL).

2.8 Enzyme immunosorbent assay (ELISA)

The expression levels of mouse *IL-6*, *IL-12*, *TNF- α* and *PGE₂* were measured by the ELISA kit (R&D Systems, Minneapolis, MN, USA) according to the manufacturer's instructions. Briefly, RAW 264.7 macrophage cells (1×10^5 cells/mL) were plated onto 24-well plates and pretreated with the 0-800 $\mu\text{g/ml}$ concentrations of PS 2 h prior to stimulation with 500 ng/ml LPS for 24 h. One hundred microliters of culture-medium supernatants were collected for determination of *IL-6*, *IL-12*, *TNF- α* and *PGE₂* concentration by ELISA.

2.9 Zebrafish maintenance and toxicity evaluation

AB strain zebrafish was served from C.H. Kang (Nakdong National Institute of Biological Resources, Sangju, Gyeongsangbukdo, Republic of Korea) and cultured at 28.5°C on a 14/10 h light/dark cycle. Embryos from natural spawning which was induced at the morning by turning on the light cultured in embryo medium [(NaCl-34.8 g, KCl-1.6 g, CaCl₂.2H₂O-5.8 g, MgCl₂.6H₂O-9.78 g) with double-distilled water, pH 7.2] supplemented with 1% methylene blue at 28°C. After 24 h of days post fertilization (dpf) zebrafish embryo were pretreated with 0.003% 1-phenyl-2-thiourea (PTU). The 3 days post-fertilization (dpf) zebrafish (*n*=20) were arrayed by dropper into 12 well plates with 3 ml embryo medium. After 2 h incubation, the culture medium was replaced with new medium containing PS (0-200 µg/ml) for 48 h and observed the morphological changes and survival rate.

2.10 Exposure of LPS by microinjection to zebrafish and Sudan black and Neutral Red staining

The 3 dpf zebrafish larvae were anesthetized and 0.5 mg/mL LPS 2 nL was injected into the yolk sack using the Drummond NANOJECT III injector (Drummond Scientific, Broomall, PA), and same volume of PBS was injected for the control group. Simultaneously injected zebrafish larvae was transferred to 3 ml embryo medium with or without PS for 18 h. For staining of neutrophils in zebrafish larvae as previously described [27], Whole larvae were fixed with 4% methanol-free paraformaldehyde in PBS for 2 h at room temperature, rinsed in PBS, incubated in sudan black solution at 28.5°C in the dark for 40 min, washed in 70% ethanol in water series, and then progressively rehydrated with PBS plus 0.1% Tween. Optimal staining of macrophages was obtained by incubating larvae in 5 µg/mL neutral red solution containing 0.003%

PTU for 6 h. After staining [28], recruitment of neutrophils and macrophages was observed using an Olympus SZ2-ILST stereomicroscope (Tokyo, Japan).

2.11 Statistical analysis

The images for RT-PCR and western blot analysis were visualized by Chemi-Smart 2000 (Vilber Lourmat, Cedex, France). Each image was captured using Chemi-Capt (Vilber Lourmat) and transported into Adobe Photoshop (version 8.0). All data represented the mean of at least triplicate experiments, and were expressed as means \pm standard error (SE). Statistical analysis was performed on the Sigma plot 12.0 software by using the Student's *t*-test and unpaired one-way analysis of variance (ANOVA) with Bonferroni's correction. Statistical significance was set at $p < 0.05$ (*), $p < 0.01$ (**), and $p < 0.001$ (***)).

3. Results

3.1 Effect of PS on the viability of RAW264.7 macrophage cells

To identify the effect of PS on the viability of RAW 264.7 macrophage cells, we treated the RAW264.7 macrophages with the indicated concentration of (0-1000 $\mu\text{g/ml}$) with presence or absence of LPS (500 ng/ml) for 24 h. There were no any identical changes in the morphology with all the concentrations of PS (Fig. 2.1A). MTT assay was performed to measure the mitochondrial activity. PS concentration of 1000 $\mu\text{g/ml}$ showed the significant reduction of MTT activity compared to the control group (Fig. 2.1B). Therefore, in the rest of the experiments, PS was used at concentrations of below 800 $\mu\text{g/ml}$. Additionally, PS did not affect the mitochondrial activity of the cells in the presence of 500 ng/ml LPS (data not shown). Flow cytometric analysis was performed to confirm in detail whether PS influence cell viability under the same experimental

condition. As shown in Fig. 2.1C, PS did not increase the population of apoptotic cells and sustained cell viability and total cell numbers compared to the untreated control. Taken together, these data indicate that PS is not cytotoxic to RAW 264.7 macrophage cells at all used concentrations.

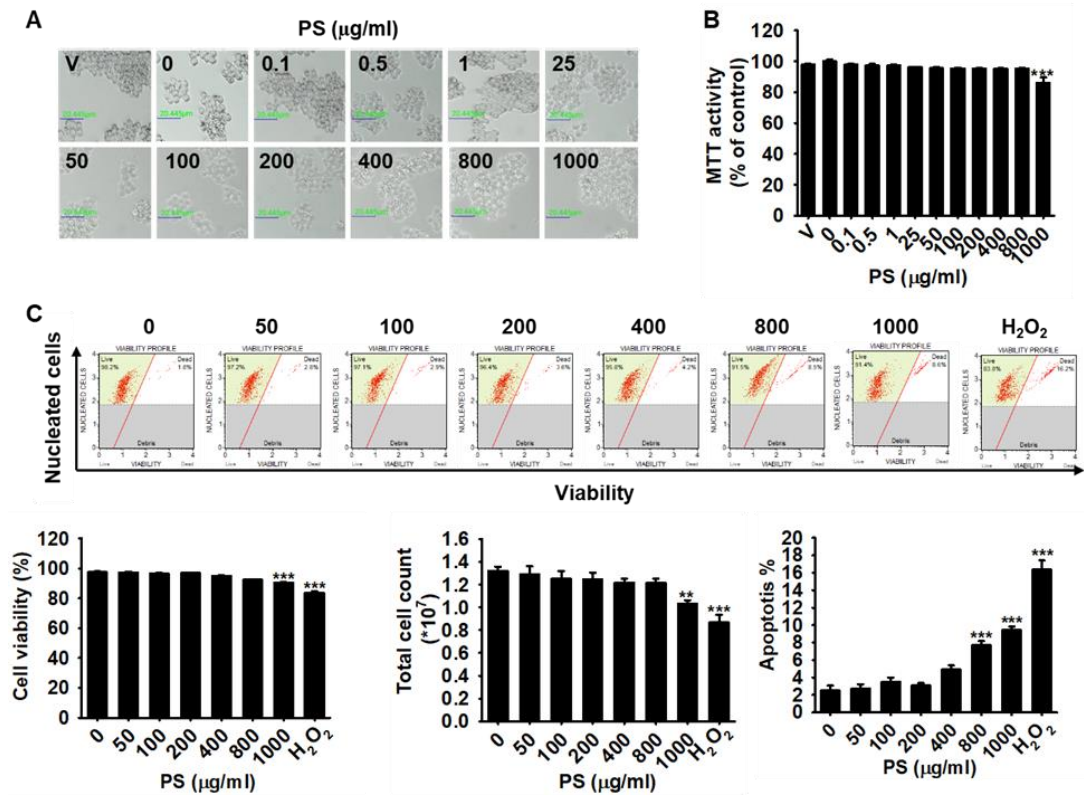


Figure 2-1. Effect of PS on the cell viability of RAW 264.7 macrophages. The cells were treated with various concentrations of PS for 24 h (A) Images. (B) Cell viability was determined by MTT assay and (C) FACS. The percentage values of the treated cells are expressed relative to that in untreated control group. Data are reported as the mean \pm SEM of three independent experiments performed in triplicate (n=3). *** $p < 0.001$ and ** $p < 0.01$ compared to the untreated control group.

3.2 Effect of PS on iNOS, COX-2 expression and NO, PGE₂ Production

To assess the effects of PS on NO and PGE₂ production in LPS-stimulated RAW 264.7 macrophage cells, First we examined the levels of nitrite released into the culture medium by using Griess reagent. The untreated control group released low levels of NO ($3.1 \pm 0.7 \mu\text{M}$); however, LPS alone significantly enhanced the levels of NO production ($23.2 \pm 1.5 \mu\text{M}$). PS treatment decreased the LPS-induced NO elevation in a dose-dependent manner (Fig. 2.2A) and at highest concentration of PS (800 $\mu\text{g/ml}$), NO secretion was $8.0 \pm 0.7 \mu\text{M}$. Then examined the effect of PS on PGE₂ production in LPS-stimulated RAW 264.7 macrophage cells by ELISA. Compared to the untreated control group ($789.1 \pm 57.6 \text{ pg/ml}$), stimulation of the macrophage cells with LPS ($2723.6 \pm 87.0 \text{ pg/ml}$) resulted in a significant increase in PGE₂ production. Though, pretreatment with PS significantly prevented the LPS-stimulated PGE₂ production in a dose-dependent manner at the following concentrations: $2326.8 \pm 190.6 \text{ pg/ml}$, $2012.5 \pm 135.6 \text{ pg/ml}$, and $1462.6 \pm 58.3 \text{ pg/ml}$ (Fig. 2.2B). In order to determine the mechanism by which PS reduces LPS-induced NO and PGE₂ production, we examined the ability of PS to influence LPS-induced iNOS and COX-2 expression at the transcriptional and translational levels. RT-PCR analysis also showed a significant increase in the expression of iNOS and COX-2 after LPS treatment; but, pretreatment with PS attenuated the expression in a dose-dependent manner (Fig. 2.2C). To measure whether the downregulation of iNOS and COX-2 is regulated at the translational level, we performed the western blot analysis and observed that the decreasing pattern of both iNOS and COX-2 (Fig. 2.2D); protein expression was similar to that seen with the mRNA expression. These data indicate that PS suppresses the upregulation of LPS-stimulated NO and PGE₂ production by inhibiting iNOS and COX-2 expression at the transcriptional as well as translational level.

3.3 Effect of PS on LPS-induced TNF- α , IL-6, IL-12 production and mRNA expression

Next we examined the potential effect of PS on the production of pro-inflammatory cytokine TNF- α , IL-6 and IL-12 in LPS-stimulated RAW 264.7 macrophage cells. TNF- α , IL-6 and IL-12 were weakly expressed in the untreated control group (respectively; 41.4 ± 9.1 pg/ml, 95.2 ± 152.3 pg/ml, 198.1 ± 177.8 pg/ml); however, LPS stimulation (respectively; 3309.2 ± 71.1 pg/ml, 2706.9 ± 236.7 pg/ml, 1333.2 ± 58.1 pg/ml) remarkably increased TNF- α , IL-6 and IL-12 release at 12 h. Pretreatment with PS prevented LPS-induced TNF- α , IL-6, and IL-12 release in a dose-dependent manner at the highest PS (800 μ g/ml) concentration maximum attenuation were respectively; 560.0 ± 148.2 pg/ml, 1287.2 ± 167 pg/ml, and 405.6 ± 116.6 pg/ml (Fig. 2.3A, 3B and 3C). To review whether the downregulation of PS-induced TNF- α , IL-6 and IL-12 release were due to modulation of gene expression, we performed the RT-PCR analysis 6 h after LPS treatment. As seen from RT-PCR data, PS reduced the expression of all cytokines mRNA in LPS-stimulated RAW 264.7 macrophage cells in a dose-dependent manner (Fig. 2.3D). These data indicate that PS regulates LPS-stimulated TNF- α , IL-6 and IL-12 release at the transcriptional level.

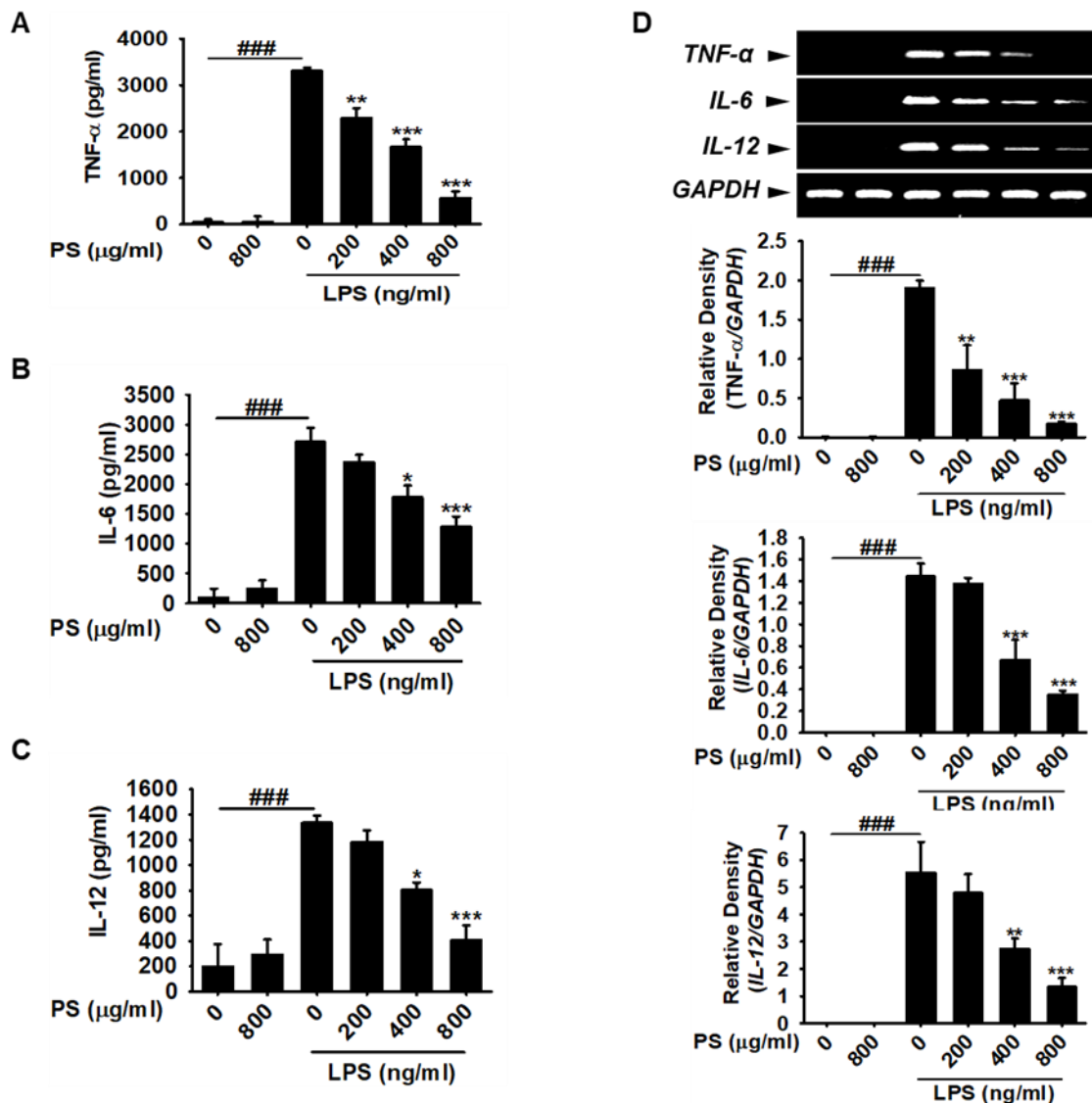


Figure 2-3. Effect of PS on LPS-induced TNF- α , IL-6, IL-12 production and mRNA expression. The cells were pretreated with different concentrations of PS for 2 h, prior to incubation with 500 ng/mL LPS for 24 h. The amounts of TNF- α (A) IL-6 (B) and IL-12 (C) in the culture supernatants were measured by ELISA kits. Each value indicates the mean \pm SD and is representative of the results obtained from three independent experiments (### p <0.001 compared to the control; *** p <0.001, ** p <0.01, * p <0.05, compared to cells cultured with 500 ng/mL LPS).

3.4 Effect of PS on LPS-induced NF- κ B nuclear translocation

Further, we investigated the attenuating effect of PS on the LPS-induced nuclear translocation of NF- κ B in RAW264.7 cells. As shown in Fig. 2.4, the immunoblotting data using nuclear extracts shown that PS pretreatment concentration inhibited NF- κ B p65 and p50 subunit nuclear accumulation significantly.

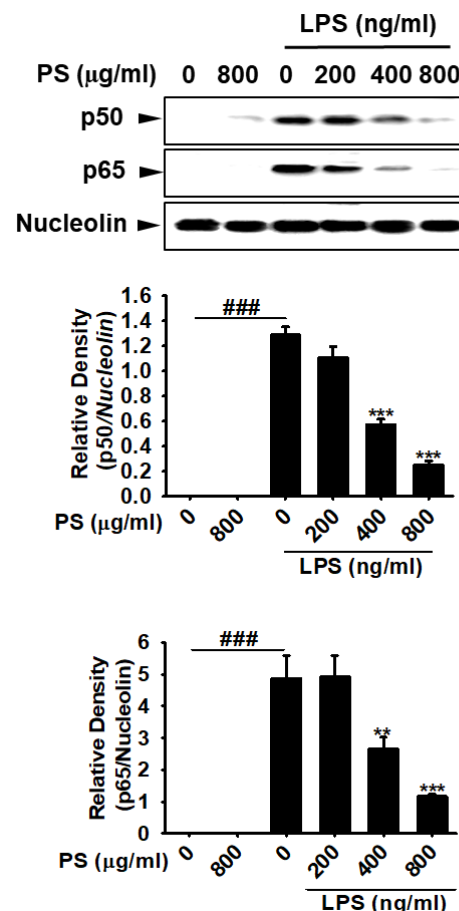


Figure 2-4. Effect of PS on LPS-induced NF- κ B nuclear translocation. The cells were pretreated with different concentration of PS for 2 h before 500 ng/mL LPS treatment for 30 min. The nuclear proteins were prepared for Western blot analysis. Each value indicates the mean \pm SD and is representative of the results obtained from three independent experiments (### p <0.001 compared to the control; *** p <0.001, ** p <0.01 compared to cells cultured with 500 ng/mL LPS).

3.5 Effect of PS on Morphological changes and toxicity of zebrafish

High concentration of PS (800 µg/ml and 1000 µg/ml) stimulate host defense mechanisms and induce fatal inflammation in zebrafish larvae respectively 40% and 100% death. Larvae displaying yolk necrosis, cyrtosis, swollen pericardium sac, hemorrhagic pericardium or dying were considered to be severely affected (Table 2.1) (Fig. 2.5A). In contrast, PS concentration from (0-400 µg/ml) larvae exhibited 100% survival at 48 h without any obvious toxic phenotypes (Fig. 2.5B).

Table 2.1. Zebrafish larval phenotype data

PS (µg/ml)	Phenotype (%) ^a		
	Normal	Abnormalities	Death
0	100	/	/
50	100	/	/
100	100	/	/
200	100	/	/
400	100	/	/
800	30	30	40
1000	/	/	100

^aData pooled from three independent experiments with an average n of 20 fish per group and after 48 h data was collected.

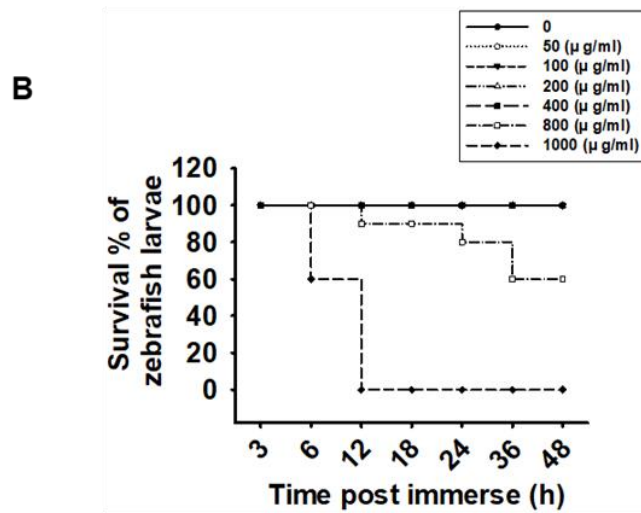
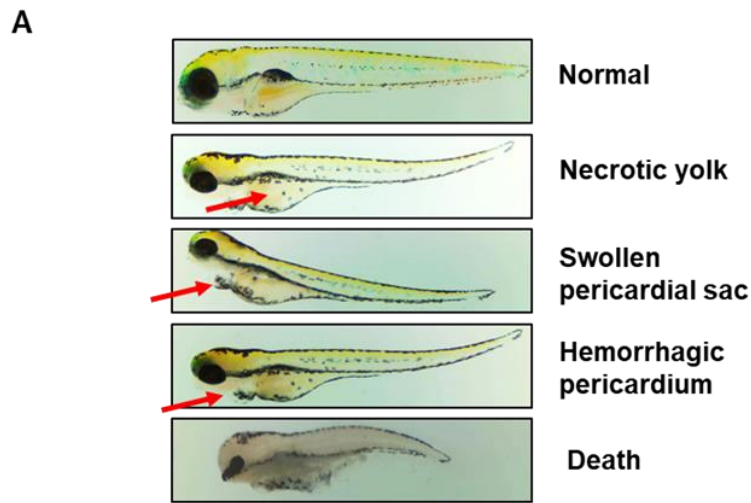


Figure 2-5. Effect of PS on zebrafish toxicity. The 3 pdf larvae were treated with different concentration of PS for 48 h and observed the figure A morphological abnormalities; (A) Normal, Necrotic yolk, Swollen pericardium sac, hemorrhagic pericardium, death, and (B) Survival rate. The representative images were taken from n=20 zebrafish larvae for each treatment.

3.6 Effect of PS on LPS-induced recruitment of neutrophil and macrophages in zebrafish

The effects of PS on the LPS-induced infiltration of neutrophils and macrophages in zebrafish larvae was further investigated using sudan black and neutral red staining, respectively. As illustrated in Fig. 2.6A and, after being injected with LPS, large and clear cytolymph lipid droplets, indicating the recruitment of neutrophils, were markedly present in the yolk sac of larvae. However, pretreatment with PS reduced the LPS-induced neutrophil recruitment than the LPS treatment concentration dependently (50 $\mu\text{g/ml}$ -200 $\mu\text{g/ml}$) (Fig. 2.6C). In addition, neutral red staining showed that the macrophage numbers were predominately elevated in the epidermis in LPS-immersed larvae compared to the PBS-injected controls; however, the treatment with PS significantly reduced the accumulation of macrophages (Fig. 2.6B and Fig. 2.6D).

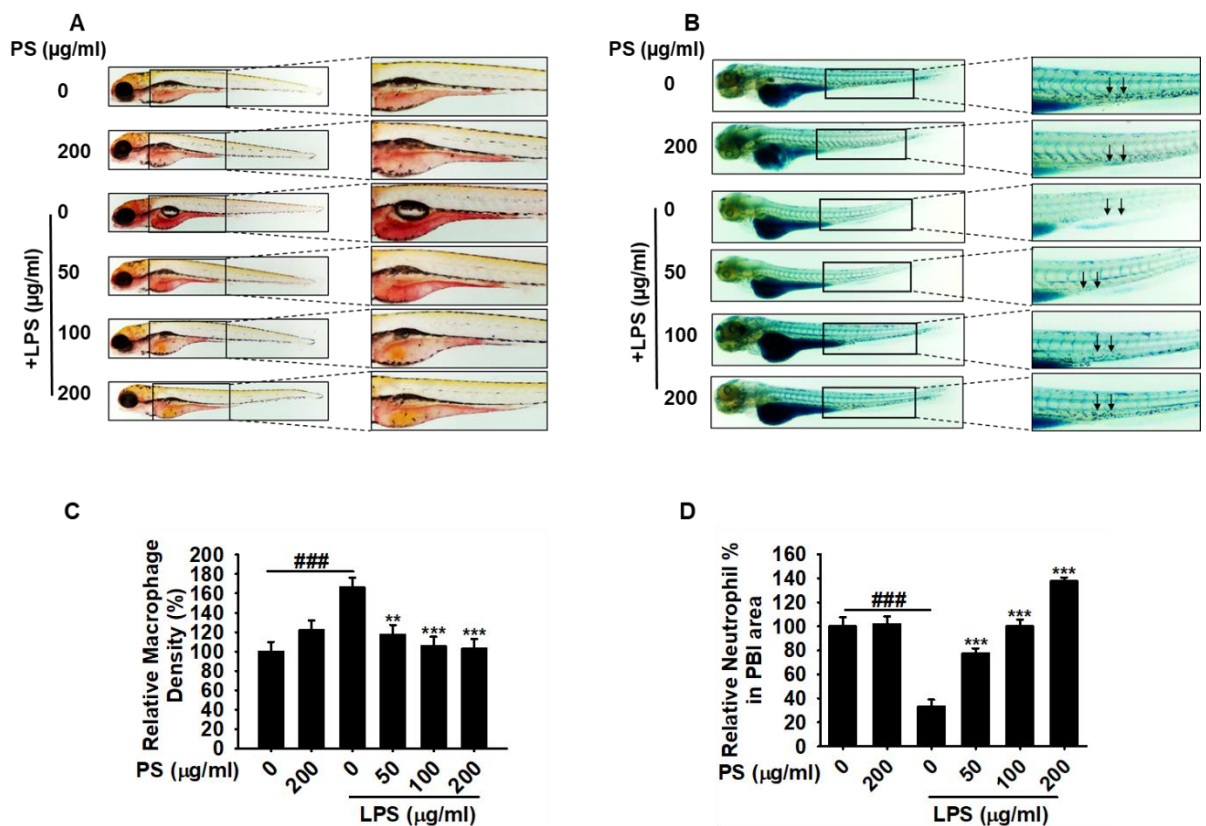


Figure 2-6. Effect of PS on LPS-induced recruitment of neutrophil and macrophages in zebrafish. The 3 pdf larvae were collected and 0.5 mg/mL LPS was injected into the yolk using a microinjector and incubate with or without different concentration of PS for 18 h. The larvae were stained sudan black or neutral red to detect neutrophils (A) and macrophages (B) migration, respectively. After staining, recruitment of neutrophils and macrophages was observed using a Olympus microscope (40 X). The representative pictures for neutrophils and macrophages (0, PBS-injected negative controls; LPS, LPS-injected positive controls; PS + LPS, PS-treated and LPS-injected larvae) are shown.

4. Discussion

Inflammation is a usual physiological reaction to invading pathogens and other infections. This is a highly specialized process to identify and destroy the invading pathogens and facilitates healing to the tissues [1]. However when inflammation become so strong and, excessive inflammatory responses caused the chronic inflammation such as rheumatoid arthritis, Alzheimer's disease, inflammatory bowel disease and cardiovascular disease [2, 3, 5]. The natural extracts remedies can be used to facilitate the healing process by providing some measures of relief without full suppression of inflammation.

Anthocyanins are the natural plant pigments that caused blue, red and purple colors of flowers, fruits, leaves, and some vegetables. Other than providing attractive colors to plants also play an important role as an anti-diabetic, anti-cancer, anti-inflammatory, anti-obesity, anti-microbial, anti-oxidant and prevention of cardiovascular diseases [29-33]. Recently extracted anthocyanin from several *Hibiscus* species reported to possess cytotoxic effect on lung, breast and liver cancer cells [23, 34], cytotoxic properties against human gastric carcinoma cells [24]. Similarly *H. deflersii* was shown effective in heart disorders and diabetes [25] and *H. micranthus* reported to contain stronger anti-fungal, antiviral and anti-tumor activity [35]. In the current study, for the first time, we identified that anthocyanin-rich extracts PS of *H. syriacus* contained anthocyanins that were different from those isolated from other *Hibiscus* species and showed anti-inflammatory activity via NF- κ b in the LPS-induced RAW264.7 macrophage and zebrafish.

Macrophages stimulation with LPS is widely used as an *in vitro* model to identify the effect of anti-inflammatory drugs and to explore their underlying mechanism [36, 37]. L-arginine is produced the NO from three nitric oxide synthase

(NOS) enzymes including Endothelial NOS (eNOS), neuronal NOS (nNOS) and inducible NOS (iNOS). iNOS is regulated by bacterial materials and inflammatory cytokines and responsible for the prolonged production of the larger amount of NO. COX-2 is another important inducible enzyme that catalyzes the conversion of arachidonic acid into prostaglandin. According to the numerous previous studies with the increase of PGE₂ and COX-2 activity promoted the inflammatory pain, fever, swelling and tenderness [38-40]. TNF- α assists a major role in the cascade of proinflammatory cytokines and subsequent inflammatory process. TNF- α has been involved in various autoimmune and inflammatory diseases such as rheumatoid arthritis, Crohn's disease, uveitis and multiple sclerosis [41, 42]. Anti-TNF- α therapy has been identified as a well-intentioned remedy to treat for the broad range of inflammatory diseases. [43]. IL-6 and IL-12 cytokines production is rapidly increased with the injury, trauma, infection and other stress as an acute inflammatory response. According to recent studies IL-6 was identified as a key biomarker for extend of tissue damage with the endotoxin challenge. Importantly, IL-6 trans-signaling through sIL-6R is associated with the oncology and chronic inflammation [44]. IL-12 is consist with 2 subunits, IL-12p35 and IL-12p40 and together form active IL-12p70 which are mainly produced by myeloid cells. IL-12 is a key cytokine that enhances host reactions to intracellular pathogens by triggering IFN- γ production and Th-1 responses [45]. In the present study, we investigated whether iNOS and NO as well as COX-2 and PGE₂ can be suppressed by PS. We found that PS markedly attenuated the LPS induced expression of NO and PGE₂ in RAW264.7 macrophages. Moreover, PS inhibited the mRNA and protein levels of iNOS and COX-2, two major inflammatory mediators (Fig. 2.2C and Fig. 2.2D). Furthermore, we demonstrated that LPS-induced proinflammatory cytokines including TNF- α , IL-6 and IL-12 significantly decreased with the treatment of PS.

Several extracellular pathways including NF- κ B and MAPKs can be activated by LPS. NF- κ B has been revealed to play a vital role in various inflammatory conditions as a transcription factor for numerous inflammation-mediated genes. NF- κ B transcription factor is primarily composed with the two protein sub units of p50 and p65 and present in the cytosol in the inactive form by binding to the inhibitory protein of I κ B [25, 26]. When exposed to the proinflammatory stimuli such as LPS, IL-1; I κ B kinase (IKK) is rapidly phosphorylated the I κ B and released the NF- κ B/p50 and NF- κ B/p65 which then translocate to the nucleus and initiate the expression of numerous genes related to inflammation, apoptosis, growth and development [11, 16]. In this study, we found that PS decreased the phosphorylated NF- κ B/p50 and NF- κ B/p65 and its translocation from cytosol to nucleus (Fig. 2.4). These findings elucidate that the inactivation of NF- κ B by PS might downregulate pro-inflammatory genes expression; hence, PS possesses anti-inflammatory potential.

According to the previous studies, zebrafish larvae immune system was much similar to the human with the similarities of inflammatory mediators, inflammatory responses as well as the process of phagocytic [46]. The migration of pathological immunocyte is an important sign in the inflammatory process. The macrophages and neutrophils massively migrate toward the inflammatory site as an immune response especially with the injection of LPS accompanied with the up regulation of inflammatory cytokines including IL-6, IL-1 β and TNF- α [47]. Zebrafish larval yolk is a highly immune reactive site, which is function to sense LPS and trigger the chemotaxis of macrophages and neutrophils to attenuate the effect of infection. At the early event of innate immunity neutrophils are accumulated and interacted with the target cells at the site of inflammation [48]. The neutrophil recruitment to the inflammatory tissue or damage site also upregulated by the pro-inflammatory

cytokines. Furthermore, during the LPS-induced inflammatory cascade the neutrophil activation effect the release of granular enzymes and the excessive production of oxygen radicals [47]. Moreover, macrophage and monocytes are recruited secondarily to the inflammatory site while following the initial neutrophil migration cascade [49, 50]. Although our results directed that the anti-inflammatory effects of PS in a zebrafish model was achieved via the reduction of inflammatory cells, including neutrophils and macrophages. The complete mechanism by which PS affected inflammatory mediators and cytokines production in activated neutrophils also deserves advance study.

In summary, the results presented here demonstrate that PS exerts effective anti-inflammatory effects in RAW 264.7 macrophages and zebrafish. PS is significantly attenuated the production of pro-inflammatory mediators and their corresponding genes in the LPS-induced RAW264.7 macrophages. These anti-inflammatory effects of PS were accompanied with the suppression of LPS-induced NF- κ B nuclear translocation. Furthermore studies need to be carried out to identify the detailed pathway of this inflammatory mechanism also PS is a potent naval drug extremely useful in improving anti-inflammatory.

5. References

1. Grivennikov, S.I., F.R. Greten, and M. Karin, *Immunity, Inflammation, and Cancer*. Cell, 2010. **140**(6): p. 883-899.
2. Freire, M.O. and T.E. Van Dyke, *Natural resolution of inflammation*. Periodontol 2000, 2013. **63**(1): p. 149-64.
3. Cachofeiro, V., et al., *Oxidative stress and inflammation, a link between chronic kidney disease and cardiovascular disease: New strategies to prevent cardiovascular risk in chronic kidney disease*. Kidney International, 2008. **74**: p. S4-S9.
4. Xavier, R.J. and D.K. Podolsky, *Unravelling the pathogenesis of inflammatory bowel disease*. Nature, 2007. **448**: p. 427.
5. Choy, E.H. and G.S. Panayi, *Cytokine pathways and joint inflammation in rheumatoid arthritis*. N Engl J Med, 2001. **344**(12): p. 907-16.
6. Ariasnegrete, S., K. Keller, and K. Chadee, *Proinflammatory Cytokines Regulate Cyclooxygenase-2 mRNA Expression in Human Macrophages*. Biochemical and Biophysical Research Communications, 1995. **208**(2): p. 582-589.
7. Khajuria, V., et al., *Anti-inflammatory potential of hentriacontane in LPS stimulated RAW 264.7 cells and mice model*. Biomed Pharmacother, 2017. **92**: p. 175-186.
8. He, W., et al., *TLR4 triggered complex inflammation in human pancreatic islets*. Biochim Biophys Acta Mol Basis Dis, 2019. **1865**(1): p. 86-97.
9. Mukherjee, S.P., K. Kostarelos, and B. Fadeel, *Cytokine Profiling of Primary Human Macrophages Exposed to Endotoxin-Free Graphene Oxide: Size-Independent NLRP3 Inflammasome Activation*. Adv Healthc Mater, 2018. **7**(4): p. 1700815.

10. Tan, H.Y., et al., *The Reactive Oxygen Species in Macrophage Polarization: Reflecting Its Dual Role in Progression and Treatment of Human Diseases*. *Oxid Med Cell Longev*, 2016. **2016**: p. 2795090.
11. Wang, L., et al., *DNp63a modulates phosphorylation of p38 MAP kinase in regulation of cell cycle progression and cell growth*. 2019.
12. Zlobin, A., J.C. Bloodworth, and C. Osipo, *Mitogen-Activated Protein Kinase (MAPK) Signaling*, in *Predictive Biomarkers in Oncology: Applications in Precision Medicine*, S. Badve and G.L. Kumar, Editors. 2019, Springer International Publishing: Cham. p. 213-221.
13. Bohush, A., G. Niewiadomska, and A. Filipek, *Role of Mitogen Activated Protein Kinase Signaling in Parkinson's Disease*. *International Journal of Molecular Sciences*, 2018. **19**(10): p. 2973.
14. Taniguchi, K. and M. Karin, *NF-kappaB, inflammation, immunity and cancer: coming of age*. *Nat Rev Immunol*, 2018. **18**(5): p. 309-324.
15. Panday, A., et al., *Transcription Factor NF-κB: An Update on Intervention Strategies*. *Archivum Immunologiae et Therapiae Experimentalis*, 2016. **64**(6): p. 463-483.
16. Evans, M.K., et al., *XIAP Regulation by MNK Links MAPK and NFκB Signaling to Determine an Aggressive Breast Cancer Phenotype*. *Cancer Research*, 2018. **78**(7): p. 1726-1738.
17. Wang, K.S., et al., *Artemisinin inhibits inflammatory response via regulating NF-κB and MAPK signaling pathways*. *Immunopharmacology and Immunotoxicology*, 2017. **39**(1): p. 28-36.
18. Shih, R.-H., C.-Y. Wang, and C.-M. Yang, *NF-kappaB Signaling Pathways in Neurological Inflammation: A Mini Review*. *Frontiers in Molecular Neuroscience*, 2015. **8**(77).

19. Pedersen, G.K., M. Ádori, and G.B.K. Hedestam, *NF- κ B signaling in B-1 cell development*. Annals of the New York Academy of Sciences, 2015. **1362**(1): p. 39-47.
20. Christian, F., E.L. Smith, and R.J. Carmody, *The Regulation of NF- κ B Subunits by Phosphorylation*. Cells, 2016. **5**(1): p. 12.
21. Sun, S.-C., *The non-canonical NF- κ B pathway in immunity and inflammation*. Nature Reviews Immunology, 2017. **17**: p. 545.
22. Liu, T., et al., *NF- κ B signaling in inflammation*. Signal Transduction And Targeted Therapy, 2017. **2**: p. 17023.
23. Hsu, R.-J., et al., *The triterpenoids of Hibiscus syriacus induce apoptosis and inhibit cell migration in breast cancer cells*. BMC Complementary and Alternative Medicine, 2015. **15**(1): p. 65.
24. Shi, L.-S., et al., *Cytotoxic effect of triterpenoids from the root bark of Hibiscus syriacus*. Fitoterapia, 2014. **97**: p. 184-191.
25. di Martino, O., et al., *Hibiscus syriacus Extract from an Established Cell Culture Stimulates Skin Wound Healing*. BioMed Research International, 2017. **2017**: p. 9.
26. Kim, Y.H., et al., *Antidepressant-Like and Neuroprotective Effects of Ethanol Extract from the Root Bark of Hibiscus syriacus L*. BioMed Research International, 2018. **2018**: p. 13.
27. Yang, L., et al., *Functional characterization of mannose-binding lectin in zebrafish: Implication for a lectin-dependent complement system in early embryos*. Developmental & Comparative Immunology, 2014. **46**(2): p. 314-322.
28. Herbomel, P., B. Thisse, and C. Thisse, *Zebrafish Early Macrophages Colonize Cephalic Mesenchyme and Developing Brain, Retina, and Epidermis*

- through a M-CSF Receptor-Dependent Invasive Process*. *Developmental Biology*, 2001. **238**(2): p. 274-288.
29. Li, L., et al., *Anthocyanin-rich fractions from red raspberries attenuate inflammation in both RAW264.7 macrophages and a mouse model of colitis*. *Scientific Reports*, 2014. **4**: p. 6234.
30. Lee, S.G., et al., *Berry anthocyanins suppress the expression and secretion of proinflammatory mediators in macrophages by inhibiting nuclear translocation of NF- κ B independent of NRF2-mediated mechanism*. *The Journal of Nutritional Biochemistry*, 2014. **25**(4): p. 404-411.
31. Appel, K., et al., *Chokeberry (Aronia melanocarpa (Michx.) Elliot) concentrate inhibits NF- κ B and synergizes with selenium to inhibit the release of pro-inflammatory mediators in macrophages*. *Fitoterapia*, 2015. **105**: p. 73-82.
32. Alvarez-Suarez, J.M., et al., *Anti-inflammatory effect of Capuli cherry against LPS-induced cytotoxic damage in RAW 264.7 macrophages*. *Food and Chemical Toxicology*, 2017. **102**: p. 46-52.
33. Gasparri, M., et al., *Anti-inflammatory effect of strawberry extract against LPS-induced stress in RAW 264.7 macrophages*. *Food and Chemical Toxicology*, 2017. **102**: p. 1-10.
34. Liang, C., et al., *In vitro anticancer activity and cytotoxicity screening of phytochemical extracts from selected traditional Chinese medicinal plants*. *J. BUON*, 2017. **22**(2): p. 543-551.
35. Alam, P., et al., *Anticancer activity and concurrent analysis of ursolic acid, β -sitosterol and lupeol*. 2018.

36. Yuan, R., et al., *Dihydrotanshinone exhibits an anti-inflammatory effect in vitro and in vivo through blocking TLR4 dimerization*. *Pharmacological Research*, 2019. **142**: p. 102-114.
37. Li, K.K., et al., *Dihydrofisetin exerts its anti-inflammatory effects associated with suppressing ERK/p38 MAPK and Heme Oxygenase-1 activation in lipopolysaccharide-stimulated RAW 264.7 macrophages and carrageenan-induced mice paw edema*. *International Immunopharmacology*, 2018. **54**: p. 366-374.
38. Bogdan, C., *Nitric oxide synthase in innate and adaptive immunity: an update*. *Trends in Immunology*, 2015. **36**(3): p. 161-178.
39. Soufli, I., et al., *Overview of cytokines and nitric oxide involvement in immuno-pathogenesis of inflammatory bowel diseases*. *World journal of gastrointestinal pharmacology and therapeutics*, 2016. **7**(3): p. 353-360.
40. Lu, G., et al., *Myeloid cell-derived inducible nitric oxide synthase suppresses M1 macrophage polarization*. *Nature Communications*, 2015. **6**: p. 6676.
41. Park, M.H. and J.T. Hong, *Roles of NF- κ B in Cancer and Inflammatory Diseases and Their Therapeutic Approaches*. *Cells*, 2016. **5**(2): p. 15.
42. Akdis, M., et al., *Interleukins (from IL-1 to IL-38), interferons, transforming growth factor β , and TNF- α : Receptors, functions, and roles in diseases*. *Journal of Allergy and Clinical Immunology*, 2016. **138**(4): p. 984-1010.
43. Murdaca, G., et al., *Infection risk associated with anti-TNF- α agents: a review*. *Expert Opinion on Drug Safety*, 2015. **14**(4): p. 571-582.
44. Tanaka, T., M. Narazaki, and T. Kishimoto, *Chapter 27 - Anti-Interleukin-6 Receptor Antibody Therapy Against Autoimmune Inflammatory Diseases*, in *Molecular Biology of B Cells (Second Edition)*, F.W. Alt, et al., Editors. 2015, Academic Press: London. p. 515-525.

45. Thompson, A. and S.J. Orr, *Emerging IL-12 family cytokines in the fight against fungal infections*. *Cytokine*, 2018. **111**: p. 398-407.
46. Johnston, H.J., et al., *Adoption of in vitro systems and zebrafish embryos as alternative models for reducing rodent use in assessments of immunological and oxidative stress responses to nanomaterials*. *Critical Reviews in Toxicology*, 2018. **48**(3): p. 252-271.
47. Powell, D.R. and A. Huttenlocher, *Neutrophils in the Tumor Microenvironment*. *Trends in Immunology*, 2016. **37**(1): p. 41-52.
48. Harvie, E.A. and A. Huttenlocher, *Neutrophils in host defense: new insights from zebrafish*. *Journal of leukocyte biology*, 2015. **98**(4): p. 523-537.
49. Jones, H.R., et al., *The role of neutrophils in inflammation resolution*. *Seminars in Immunology*, 2016. **28**(2): p. 137-145.
50. Varol, C., A. Mildner, and S. Jung, *Macrophages: Development and Tissue Specialization*. *Annual Review of Immunology*, 2015. **33**(1): p. 643-675.